

Time	Store Scene	Lille Scene	Conference Room
8:00-8:10	Welcome Reflection: Dr. Victor Dzau, President of the National Academy of Medicine, Washington D.C.		
8:10-8:30	Opening Keynote: Dr. Woodson Merrell, MD – Director of the Continuum Center for Health & Healing NYC, Chairman of the Department of Integrative Medicine Mt. Sinai Beth Israel Hospital (USA)		
8:30-9:30	<p>Panel 3: Education: Can Integrative Medicine Improve Patient-Centered Healthcare through an Integrated Workforce?</p> <p>Frederico Carvalho, Instituto de Medicina Tradicional (PT)</p> <p>Prof Vinjar Fønnebo, PhD Director of NAFKAM (NO)</p> <p>Suzanne Grant, PhD University of Western Sydney and the Chris O'Brien Lifehouse at Sydney Cancer Hospital (AU)</p> <p>Paulo de Tarso Ricieri de Lima, MD Hospital Israelita Albert Einstein (BR) <i>Integrative Medicine in Brazil - HIAE experience</i></p> <p>Open Forum Panel Discussion</p>		
9:30 - 9:45	Healthy Organic Tea Break		
9:45 - 10:30	<p>POSTER Parallel Research Sessions E</p> <p>INTEGRATIVE MODELS (9)</p> <p>Are Students of Health Professions in Germany Interested in Naturopathy and Complementary Medicine? <i>Presenting Author: Dr. Beate STOCK-SCHROEER (Germany)</i></p> <p>Development of a Pilot Project on Integrated Chinese-Western Medicine in Hong Kong Public Healthcare System <i>Presenting Author: Eric ZIEA (Hong Kong)</i></p> <p>From Regional to National rules in CAM Education: the State-Regions National Agreement approved in Italy <i>Presenting Author: Sonia Baccetti (Italy)</i></p> <p>Integrative Medicine in Prevention Program: Dream or Reality? <i>Presenting Author: Silvi Saxer, MD, Msci, PhDc (Norway)</i></p> <p>Integrated Medicine, Multimorbidity, Polypharmacy and Antimicrobial Resistance <i>Presenting Author: Dr. Peter Fisher, MD (UK)</i></p> <p>Perception of Future Integrative Medicine by Health Professionals. Qualitative Research <i>Presenting Author: Daiva Jakuboniene (Lithuania)</i></p> <p>Types of Complementary and Alternative Medicine in a Global European City <i>Presenting Author: Dr. Antonia Ramirez Perez (Spain)</i></p> <p>Use of Complementary and Alternative Medicine in Patients with Organ Transplantation in Switzerland <i>Presenting Author: Klaus VON AMMON, MD (Switzerland)</i></p> <p>Closing the Gap: Improving Patient-Centeredness in Primary Care <i>Presenting Author: Ajandek EORY MD, PhD (Hungary)</i></p>	<p>POSTER Parallel Research Sessions F</p> <p>TCM (9)</p> <p>Adherence to Standards for Reporting Interventions in Clinical Trials of Acupuncture (STRICTA) guidelines in studies of acupuncture for patient with cancer <i>Presenting Author: Dr. John Hughes, MD (UK)</i></p> <p>Chinese Herbal Formula Yu-Dian Tang Treatment for Insomnia After Ischemic Stroke (Wind-Phlegm Blocking the Collaterals Type): A Randomized, Single-Blind, Clinical Trial <i>Presenting Author: Yong-hou Zhao (China)</i></p> <p>CF-CATS2: Using Technology to Integrate Tai Chi into Medical Treatments for People with Cystic Fibrosis – An RCT <i>Presenting Author: Patricia Ronan (UK)</i></p> <p>Complex Treatment by Acupuncture and Moving Exercises for Handicapped Children <i>Presenting Author: Prof Dr. Gabriella HEGYI, PhD (Hungary)</i></p> <p>Developing an Acupuncture Protocol for the Treatment of Lower Limb Amputees with Phantom Limb Syndrome <i>Presenting Author: Prof Nicola ROBINSON (UK)</i></p> <p>Effects of a Mechanical Needle Stimulation Pad on Chronic Low Back Pain – An Observational Trial <i>Presenting Author: Romy LAUCHE, PhD (Germany)</i></p> <p>Photostimulation Via Light Frequencies of Acupuncture Points (Colorpuncture) for Fibromyalgia Syndrome (FMS) <i>Presenting Author: Antonia DI FRANCESCO, Scientific Director (Italy)</i></p> <p>Resource Management using Information System in Chinese Medicine Service <i>Presenting Author: Corey LAM (Hong Kong)</i></p> <p>Traditional Chinese Medicine as a Synergetic Treatment for Oncothermia <i>Presenting Author: Prof Dr. Gabriella HEGYI, PhD (Hungary)</i></p>	<p>POSTER Parallel Research Sessions G</p> <p>MIND-BODY (5)</p> <p>Ayurvedic Versus Conventional Dietary and Lifestyle Counseling for Mothers With Burnout-Syndrome: A Randomized Controlled Pilot Study <i>Presenting Author: Christian Kessler (Germany)</i></p> <p>Craniosacral Therapy Efficacy in Chronic Neck Pain: A Follow-Up Study <i>Presenting Author: Dr. Heidemarie Haller (Germany)</i></p> <p>Evaluation of an Arts-Based Emotion Regulation Training in Male Prison Inmates – A Pilot Study <i>Presenting Author: Thomas Ostermann (Germany)</i></p> <p>Group Therapy, Combining Meditation and Jungian Analysis Methods May Help to Stabilize and Improve Multiple Sclerosis (MS) Patients <i>Presenting Author: Dr. El Janssens (Belgium)</i></p> <p>Yoga Research: Current Challenges and Future Perspectives <i>Presenting Author: Dr. Senthamil R Selvan (US)</i></p>
10:30 - 12:00	<p>ORAL Parallel Research Sessions E</p> <p>INTEGRATIVE MODELS (6)</p>	<p>ORAL Parallel Research Sessions G</p> <p>TCM (5)</p>	<p>Randomized Controlled Trial of Yoga and Meditation for Menopausal Symptoms in Breast Cancer Survivors <i>Presenting Author: Romy Lauche (Germany)</i></p> <p>Complex Ayurvedic Treatment for Osteoarthritis of the Knee (CARAKA-Trial) – First results of a Randomized Controlled Trial Comparing Ayurveda and Conventional Standard Care <i>Presenting Author: Christian S. Kessler, M.D. (Germany)</i></p>

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	<p>Chair: Dr. Victoria Maizes, MD – Executive Director, Arizona Center for Integrative Medicine; Professor of Clinical Medicine, Family Medicine and Public Health, The University of Arizona (USA)</p> <p>The Integrative Medicine in Residency Project: Feasibility and Effectiveness of a Multi-site Web-based Curriculum for Primary Care Residencies <i>Presenting Author: Victoria Maizes, MD (US)</i></p> <p>National Center for Integrative Primary Healthcare: Designing an Introductory Interprofessional Integrative Health Course for Primary Care Educational Training Programs <i>Presenting Author: Victoria Maizes MD (US)</i></p> <p>Complementary and Integrative Medicine in Nursing Homes – Results of a Prospective, Exploratory, Comparative, Two-armed Cohort Study <i>Presenting Author: Miriam Ortiz, MD (Germany)</i></p> <p>Integrative Treatment for Musculoskeletal Disorders: A Mixed Methods Study <i>Presenting Author: Xiao-Yang Hu (UK)</i></p> <p>Teaching Rehabilitation, Physical Medicine and Naturopathy at German Medical Universities <i>Presenting Author: Dr Beate Stock-Schröer (Germany)</i></p> <p>Complementary Medicine and Lifestyles in Tuscany <i>Presenting Author: Dr. Sonia Baccetti (Italy)</i></p>	<p>Chair: Dr. Lixing Lao, PhD, MB – University of Hong Kong School of Chinese Medicine, University of Maryland Center for Integrative Medicine (HK/USA)</p> <p>Transcutaneous Electrical Acupoint Stimulation Improves Outcomes of In-Vitro Fertilization by Increasing Neuropeptide Y-Levels: A RCT <i>Presenting Author: Fan QU, M.D., Ph.D., FRCCM, Associate Professor, Ph.D. Supervisor at Women's Hospital, School of Medicine, Zhejiang University (China)</i></p> <p>Electro-Acupuncture Treatment for Delayed Gastric Emptying in Mechanically Ventilated Neurosurgical Patients: A Case Series Study <i>Presenting Author: Shu-Ching Li, M.D. (Taiwan)</i></p> <p>Motor Entry Point Acupuncture Compared with the Standard Acupuncture for Treatment of Shoulder Abduction Dysfunction After Stroke: A Randomized Clinical Trial <i>Presenting Authors: Zhi-Jie WANG (China)</i></p> <p>Traditional Chinese Herbal Medicine in Patients with Chronic Rhino Sinusitis <i>Presenting Author: Dr. med. Josef Hummelsberger (Germany)</i></p> <p>Ensuring Model Validity in a Feasibility Study of Acupuncture to Improve Quality of Life and Fatigue in Cancer Patients Undergoing Radiotherapy Treatment (ART study) <i>Presenting Author: John Hughes, MD (UK)</i></p>	<p>Mindful Walking in Patients with Chronic Low Back Pain – A Randomized Controlled Trial <i>Presenting Author: Benno Brinkhaus (Germany)</i></p> <p>Effects of Yoga on Eating Disorders – A Systematic Review and Meta-Analysis <i>Presenting Author: Thomas Ostermann, Prof. Dr. (Germany)</i></p> <p>Perceived Outcomes of Spiritual Healing and Explanations – A Qualitative Study on the Perspectives of German Healers and Their Clients <i>Presenting Author: Michael Teut, MD (Germany)</i></p> <p>The Influence of a Multimodal Therapy Concept on Health-Related Quality of Life in Breast Cancer Survivors with Cancer-Related Fatigue in Comparison to a Standard Aerobic Therapy <i>Presenting Author: Désirée Lötzke, MSc (Germany)</i></p> <p>Efficacy of Hot Baths in Patients with Depression <i>Presenting Author: Roman Huber (Germany)</i></p> <p>Results of a Randomised Multicentre Open Clinical Trial with Dormikind in Children Suffering from Sleep Disorders and Restlessness Compared to Glycine <i>Presenting Author: Erik W. Baars, MD, MSc, PhD (The Netherlands)</i></p>
12:00 - 12:30	Healthy Organic Lunch		
12:30-13:00	Elsevier Authors Roundtable	Member Meeting of the European Chapter of the International Society for Complementary Medicine Research (ISCMR)	Member Meeting of the European Society of Integrative Medicine (ESIM)
13:00- 13:30	<p>POSTER ParallelResearch Sessions H</p> <p>PATIENT EXPERTS (5)</p> <p>Social Networks and Social Media in the Choice of Complementary Medicine for Children <i>Presenting Author: Luisella Zanino (Italy)</i></p> <p>Complementary Passive Hydrotherapy WATSU (WaterShiatsu) in the Rehabilitation of a Severely Traumatized Accident Survivor – a Prospective Case Report <i>Presenting Author: Agnes Schitter (Switzerland)</i></p> <p>Opinions About Studying Non Conventional Medicine <i>Presenting Author: Dr. Ramona JURCAU, MD PhD (Romania)</i></p> <p>Peace of Storm – A Qualitative Study on the Use of Mindfulness in Dealing with Stress <i>Presenting Author: Karina Schiött Jensen (Denmark)</i></p> <p>What Motivates Women With Menstrual Pain to Participate in Self-Care Pain Research? A Qualitative Study <i>Presenting Author: Susanne Blödt (Germany)</i></p>	<p>POSTER ParallelResearch Sessions I</p> <p>NHP (7)</p> <p>Consumption of Herbal and Dietary Supplements in Patients Undergoing Bariatric Surgery: Cross-Sectional Prospective Study <i>Presenting Author: Samuel Atlas (Israel)</i></p> <p>Herbal Medicine For Replacing Prokinetics in Functional GI Diseases <i>Presenting Author: Karin Kraft (Germany)</i></p> <p>High-Dilutions as Mercury's Chelating Agent <i>Presenting Author: LianeAthayde Beringhs-Bueno (Brazil)</i></p> <p>Lemon and Quince for the Treatment of Hay Fever Symptoms – A Randomized, Placebo Controlled Cross Over Study <i>Presenting Author: Roman Huber (Germany)</i></p> <p>Modulation of Gastro-Intestinal Motility by a Herbal Medicinal Product – Mechanisms of Action <i>Presenting Author: Karin Kraft (Germany)</i></p> <p>Rapid and Cost-Effective Assessments of the Safety & Benefits of Herbal Remedies With Using Systems Biology Technology (Fast-Pharma) <i>Presenting Author: Joan Campbell-Tofte (Denmark)</i></p>	
13:30 - 15:30	<p>LEO PHARMA ReThinkBox: PATIENT ENGAGEMENT</p> <p>Chair: Dr. Woodson Merrell, MD – Director of the Continuum Center for Health & Healing NYC, Chairman of the Department of Integrative Medicine Mt. Sinai Beth Israel Hospital (USA)</p> <p>LEO PHARMA ReThinkBox Keynote: Peter Askel Villadsen, Senior Director, Head of Global Centre of Excellence Patient Engagement LEO Pharma A/S</p>	<p>Valerian, Melissa, Passion Flower and Their Combination STW 32: Synergisms in Anxiolysis? <i>Presenting Author: Karin Kraft (Germany)</i></p> <p>ORAL ParallelResearch Sessions I</p> <p>NHP (8)</p>	
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	<p>ORAL Parallel Research Sessions H</p> <p>PATIENT EXPERTS (5)</p> <p>Asking the Experts: A Qualitative Analysis of Patient-Centered Outcomes for Craniosacral Therapy <i>Presenting Author: Heidemanne Haller, MSc, Department of Internal and Integrative Medicine, Kliniken Essen Mitte, Faculty of Medicine, University of Duisburg-Essen (Germany)</i></p> <p>Developing a New Intervention for Patients with Severe Chronic Fatigue Syndrome/ME; An In-Depth Collaborative Approach Based on Patient and Public Involvement <i>Presenting Author: Clare McDermott, MSc University of Southampton, Primary Care and Population Science (UK)</i></p> <p>Finding New Voices for Recovery: A Phenomenological Exploration of Narratives from Co-Learners in an Innovative Group Programme <i>Presenting Author: Hilly Raphael, MA Oxfordshire CFS/ME Service, Oxford Health NHS Foundation Trust (UK)</i></p> <p>King Lear: "Nothing Can Come of Nothing: Speak Again": The Impact of PLACEBO on Pain & Physical Activity in Patients with Osteoarthritis <i>Presenting Author: Kaj Winther, MD, DMSci. University of Copenhagen, Dept. of Nutrition, Exercise & Sports (Denmark)</i></p> <p>Healing Relationships – A Qualitative Study <i>Presenting Author: Barbara Stöckigt Institute for Social Medicine, Epidemiology and Health Economics, Universitätsmedizin – Berlin (Germany)</i></p>	<p>Chair: Dr. Peter Fisher, Medical and Research Director, Royal London Hospital for Integrated Medicine</p> <p>Meta-analysis of randomised, placebo-controlled, trials of individualised homeopathic treatment <i>Presenting Author: Robert T. Mathie, PhD (UK)</i></p> <p>Job satisfaction of Swiss general practitioners with and without proficiency certificate in homeopathy <i>Presenting Author: Martin Frei-Erb (Switzerland)</i></p> <p>Double-Dummy Double-Blind RCT for Safety and Efficacy of a Combination of Nasturtium Herb and Horseradish Root in Patients with Uncomplicated Urinary Tract Infections <i>Presenting Author: Andreas Michalsen, MD, PhD (Germany)</i></p> <p>Effects of high phenolic olive oil on cardiovascular risk factors: A systematic review and meta-analysis <i>Presenting Author: Christoph-Daniel Hohmann (Germany)</i></p> <p>Efficacy of Cupping Therapy in Patients with the Fibromyalgia Syndrome – a Randomized Sham-Controlled Trial <i>Presenting Author: Romy Lauche, PhD (Germany)</i></p> <p>Efficacy of Cabbage Leaf Wraps in Treating Symptomatic Osteoarthritis of the Knee – A Randomized Controlled Trial <i>Presenting Author: Romy Lauche, PhD (Germany)</i></p> <p>Homeopathic Therapy in Pediatric Atopic Diseases: Short and Long Term Outcomes <i>Presenting Author: Elio Rossi, MD (Italy)</i></p> <p>Herbal Treatment of the Respiratory Tract Infections in Paediatrics <i>Presenting Author: Gianfranco Trapani (Italy)</i></p>	
15:30 - 16:00	Healthy Organic Tea Break		
16:00 - 16:30	<p>LEO PHARMA ReThinkBox: PATIENT ENGAGEMENT</p> <p>Open Forum Panel Discussion</p>		
16:30-17:00	Closing Keynote: Dr. Victoria Maizes, MD – Executive Director, Arizona Center for Integrative Medicine; Professor of Clinical Medicine, Family Medicine and Public Health, The University of Arizona		
17:00 - 17:15	Final Remarks		
17:15 - 17:30	Ceremonial Closing / Nordic Council Roundtable		

