

TIME	STORE SCENE	LILLE SCENE	CONFERENCE ROOM
7:30	<b>Registration Opens</b>		
8:00-8:10	Welcome and Opening Remarks: Benedicte Kiær, Mayor of Helsingør		
8:10-8:30	Opening Keynote on Global Healthcare: Dr. Victor Dzau MD, President of National Academy of Medicine, Washington D.C.		
8:30-8:40	Keynote: Michael Hay, IKEA Global Communications (SE) <i>The IKEA Way to Better Healthcare – Patient Expert/Healthy Story on Living Life with Cancer</i>		
8:40-9:30	<p><b>Panel 1: Economics – Can Integrative Medicine Provide High Quality Cost-Effective Care for Global Healthcare?</b></p> <p>Chair: George Lewith, MA MD FRCP – Professor of Health Research University of Southampton <i>CAMBrella: Can We Work Together to Develop our Understanding of Integrative Medicine?</i></p> <p>Peter Fisher, MD – Medical and Research Director, NHS Royal London Hospital of Integrated Medicine (UK) Insider-Outsider Perspective on Integrative Healthcare Reform / Economic Burden of Chronic Disease, Co-Morbidity and Polypharmacy</p> <p>Claudia Witt, MD, MBA – Institute for Complementary and Integrative Medicine, University Hospital Zurich (CH) <i>Economic Analyses of Complementary and Integrative Medicine – Where to Go?</i></p> <p>Malcolm Taw, MD FACP – Director UCLA Center for East-West Medicine, Westlake Village/ UCLA Collaborative Centers for Integrative Medicine; Assoc Professor UCLA Department of Medicine, David Geffen School of Medicine, UCLA (USA) <i>Integrative Medicine, or not Integrative Medicine: That is the Question</i></p> <p><b>Open Forum Discussion</b></p>		
9:30-9:45	<b>Healthy Organic Tea Break</b>		
9:45 - 11:30	<p><b>POSTER ParallelResearch Sessions A</b></p> <p>ETHNOPHARMACOLOGY (6)</p> <p>Resistance to Antibiotics and Antifungal Medicinal Products: Can Complementary and Alternative Medicine Help Solve the Problem in Infection Diseases? The Introduction of a Dutch Research Consortium <i>Presenting Author: Erik W. BAARS (The Netherlands)</i></p> <p>Beneficial Effects of a Rose Hip Preparation Containing Seeds and Shells on Aging and Wrinkles of the Skin <i>Presenting Author: Kaj Winther (Denmark)</i></p> <p>Differential Effect of Various Preparations of Viscum Album on Maturation and Activation of Human Dendritic Cells and T-Cell Response <i>Presenting Author: Chaitrali Saha (France)</i></p> <p>Patient Survey with Althaea Officinalis L Root Extract in Dry Cough <i>Presenting Author: Karin Kraft (Germany)</i></p> <p>Viscum Album Promotes Anti-Tumor Response By Modulating M1/M2 Macrophage Polarization Switch <i>Presenting Author: Chaitrali Saha (France)</i></p> <p>Cranberry Polyphenols Regulate In-Vitro Human T-Cell Responses Induced by E.Coli Bacteria Isolated From Urinary Infection <i>Presenting Author: Daniele Saverino (Italy)</i></p> <p><b>ORAL ParallelResearch Sessions A</b></p> <p>ETHNOPHARMACOLOGY (6)</p> <p>Chair: Prof. Michael Heinrich, Centre for Pharmacognosy and Phytotherapy UCL School of Pharmacy, Univ. London (UK) <i>Keynote: Integrative Medicine and Ethnopharmacology: Common Needs and Different Approaches?</i></p>	<p><b>POSTER ParallelResearch Sessions B</b></p> <p>MUSIC AND MEDICINE (2)</p> <p>Treating Palliative Care Patients in Pain with the Body Tambura: A Prospective Case Study at St. Joseph’s Hospice for Dying Destitute in Dindigul/ South India <i>Presenting Author: Dr. Cordula Dietrich (South India)</i></p> <p>Development of a Case Report Guideline for Anthroposopic Art Therapy <i>Presenting Author: Dr. Erik Baars (Germany)</i></p> <p><b>ORAL ParallelResearch Sessions B</b></p> <p>MUSIC AND MEDICINE (6)</p> <p>Chair: Prof Lars Ole Bonde, University of Aalborg (DK) <i>Keynote: Music and Medicine and Music Therapy in Hospitals – An Overview of Practices and Evidence</i></p> <p>Co-Chair: Gro Trondalen (NO)</p>	<p><b>POSTER ParallelResearch Sessions C</b></p> <p>STRESS AND INTEGRATIVE HEALTH (3)</p> <p>Autonomic Regulation in Type-2 Diabetes With And Without Concomitant Obstructive Sleep Apnea Syndrome <i>Presenting Author: Roland Zerm (Germany)</i></p> <p>Food Intolerance as Risk of Elevated Serum Level of Oxytocin and Depression <i>Presenting Author: Assoc. Prof Dr Momir DUNJIC, M.D., Ph.D., F.I.C.A.E., Cert MD-ORT, Prof. of Ob/Gyn .School of Medicine, University of Pristina (Serbia)</i></p> <p>Validation of the Dutch State Version of the Autonomic Regulation (State-aR) Questionnaire in a Group of Patients and a Group of Healthy Persons <i>Presenting Author: Erik Wim Baars (Netherlands)</i></p> <p><b>ORAL ParallelResearch Sessions C</b></p> <p>STRESS AND INTEGRATIVE HEALTH (7)</p> <p>Chair: Torkel Falkenberg, Karolinska Institut (SE)</p> <p>Exploring the Experience and Impact of Therapeutic Touch Treatments to Nurse Colleagues <i>Presenting Author: Amanda Bulette Coakley RN, PhD, Massachusetts General Hospital (US)</i></p>

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	<p><b>Health Impact of Traditional Medicines: How Do We Proceed From « Signs of Effectiveness » From Population Survey to Formal Validation with Clinical Trial ? The Case of Diabetes in Palau</b> <i>Presenting Author: Bertrand Graz (Switzerland)</i></p> <p><b>Patient-Centred Intercultural Collaboration: An Avenue Towards Integrative Medicine in Developing Countries with Socio-Culturally Stratified Societies?</b> <i>Presenting Author: Martin O Hitziger, M.Sc., ETH Zurich, Environmental Systems Science (Switzerland)</i></p> <p><b>Rose Hip Powder Made from a Subspecies of R. Canina (Containing Seeds &amp; Shells) Reduces Symptoms of Osteoarthritis and the Need for Pain Killers</b> <i>Presenting Author: Kaj Winther, MD, DMSci. (Denmark)</i></p> <p><b>Efficacy of Kinkeliba and Bissap in Non-Complicated Hypertensive Patients: A Randomized Controlled Trial</b> <i>Presenting Author: Assane Diop E (Switzerland)</i></p> <p><b>Sabal Serrulata Extracts in LUTS</b> <i>Presenting Author: Karen Kraft, University of Rostock (Germany)</i></p> <p><b>Artesunate – An Anti-Malarial Natural Product Derivative for Cancer Therapy</b> <i>Presenting Author: Dr. Thomas Efferth (Germany)</i></p>	<p><b>Adult Cancer Patients' Experience of Guided Original Songwriting in Music Therapy During Treatment for Their Disease</b> <i>Presenting Author: Emma O'Brien PhD RMT, Music Therapy, Allied Health, The Royal Melbourne Hospital, (Australia)</i></p> <p><b>Efficacy of Individualized Music-Based Audiotherapy on Depressive Disorders – Results of a Prospective Controlled Clinical Trial</b> <i>Presenting Author: Vera Brandes, MSc., MT (Austria)</i></p> <p><b>Music Therapy for Reducing Agitation and Psychotropic Medication in Nursing Home Residents with Dementia</b> <i>Presenting Author: Hanne Mette Ridder, Ph.D. (Denmark)</i></p> <p><b>Music Therapy as Procedural Support in Young Children Under Peripheral Intravenous Access: a RCT</b> <i>Presenting Author: Ilan Sanfi, PhD (Denmark)</i></p> <p><b>Music Therapy For the Reduction of Chemotherapy-Induced Side Effects in Children with Cancer: Two Randomized Controlled Studies</b> <i>Presenting Author: Ilan Sanfi, PhD (Denmark)</i></p> <p><b>A Systematic Review and Meta-Analysis on the Effectiveness of Tango Argentino in Parkinson Disease</b> <i>Presenting Author: Désirée Lötzke, MSc (Germany)</i></p>	<p><b>Sick-leave Profiles of Patients Before and After Receiving Conventional or Integrative Care for Stress-Related Mental Disorders – A Register-Based Study</b> <i>Presenting Author: Tobias Sundberg, MD (Sweden)</i></p> <p><b>“Like Walking into an Empty Room”: Effects of Eurythmy Therapy on Stress Perception in Comparison with a Sports Intervention from the Subjects' Perspective-A Qualitative Study</b> <i>Presenting Author: Bettina Berger (Germany)</i></p> <p><b>TCM Treatment in Chronically Ill Patients with Mental Symptom Load – A Pre-Post Comparison in 1,948 In-Patients</b> <i>Presenting Author: Wolfgang Weidenhammer, PhD (Germany)</i></p> <p><b>Influence of Passiflora Product on Stress, Induced by Intense Short Physical Effort</b> <i>Presenting Author: Dr. Ramona Jurcău, PhD MD (Romania)</i></p> <p><b>Anti-Inflammatory and Stress Responses after Intense vs Moderate Judo Exercise in Children</b> <i>Presenting Author: Daniele Saverino (Italy)</i></p> <p><b>Evaluation of Neuroendocrine Parameters During Osteopathic Manipulative Treatment (OMT)</b> <i>Presenting Author: Daniele Saverino (Italy)</i></p>
11:30 - 12:00	<b>Organic Healthy Lunch</b>		
12:00-12:30	<p><b>POSTER Parallel Research Sessions D</b></p> <p><b>INTEGRATIVE ONCOLOGY (6)</b></p> <p><b>Hypoglossal Acupuncture for Dysgeusia in Cancer Patients Undergoing Chemotherapy: Study Protocol of a Randomized Sham-Controlled Trial</b> <i>Presenting Author: Dr. Heidemarie Haller (Germany)</i></p> <p><b>Psychospiritual Analysis as Predictor of the Efficacy of Chemotherapy and Immunotherapy</b> <i>Presenting Author: Dr. Giusy Messina (Italy)</i></p> <p><b>Safety of Combined Therapy with Helixor Mistletoe Preparations and Targeted Therapies in Cancer Patients</b> <i>Presenting Author: Dr. Friedemann Schad (Germany)</i></p> <p><b>Tumour Cell Derived Effects on Monocyte/Macrophage Polarization and Function and Modulatory Potential of Viscum Album Lipophilic Extract In-Vitro</b> <i>Presenting Author: Myriam Estko (Germany)</i></p> <p><b>Updating the EPAAC/JRC Survey on Integrative Oncology Centres in Europe</b> <i>Presenting Author: Elio Giovanni Rossi (Italy)</i></p> <p><b>Mistletoe Extracts Stimulate Immature Dendritic Cells and Prevent Tumor-Induced Immunosuppression In-Vitro</b> <i>Presenting Author: Roman Huber (Germany)</i></p>	<p><b>SPECIAL Music and Medicine Presentations</b></p> <p><b>UCLA Integrative East-West Musician Wellness Program</b> <i>Malcolm Taw, MD Director, UCLA Integrative East-West Musician Wellness Program (USA)</i></p> <p><b>Musical Narratives for Children in Hospitals</b> <i>Ilan Sanfi, PhD Arhus University (Denmark)</i></p> <p><b>Opera Therapy</b> <i>Emma O'Brien, PhD RMT Music Therapy, Allied Health, The Royal Melbourne Hospital (Australia)</i></p>	
12:30-13:00	<p><b>HELIXOR ReThinkBox: CANCER AND INTEGRATIVE ONCOLOGY</b></p> <p><b>Chair: Prof Avni Sali, MD Director of National Institute of Integrative Medicine (AU)</b></p> <p><b>HELIXOR ReThinkBox Keynote: Stefan Hiller, MD: Head of Department of Integrative Oncology in "Die Finklerklinik", Stuttgart Germany</b> <b>Internal Medicine, Hematology, Integrative Oncology, Palliative Medicine.</b></p>		
13:00 - 15:00	<p><b>ORAL Parallel Research Session D</b></p> <p><b>INTEGRATIVE ONCOLOGY (8)</b></p> <p><b>Effectiveness of a Multimodal and Combined Therapy in Breast Cancer Survivors with Cancer-Related Fatigue on Self-Regulation and Internal Coherence</b> <i>Presenting Author: Matthias Kroz, MD (Germany)</i></p> <p><b>Integrating Mindfulness into Cancer Care: A Process-Outcome Study on a Mindfulness-Based Semi-Residential Program for Cancer Survivors</b> <i>Presenting Author: Thomas Ostermann (Germany)</i></p> <p><b>Diet, Black Olive Oil and Breast Cancer Recovery in Northern Cyprus, An Exploratory Study</b> <i>Presenting Author: Ayse Okan (United Kingdom)</i></p>		

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	<p><b>Evaluation of an Anthroposophic Supportive Treatment Intervention (ASTI) in Children with Malignant Diseases During Intensive Chemotherapy</b> <i>Presenting Author: Georg Seifert (Germany)</i></p> <p><b>Safety of Intravenous Application of a Mistletoe Extract – Results from a Phase I Dose Escalation Study in Patients with Advanced Cancer</b> <i>Presenting Author: Roman Huber (Germany)</i></p> <p><b>Complementary Medicine and Diet in Oncology at the Campo di Marte Hospital, Lucca (Italy): Clinical Outcome</b> <i>Presenting Author: Elio Giovanni Rossi, MD (Italy)</i></p> <p><b>Integrative Oncology in the Region of Tuscany: A Successful Story</b> <i>Presenting Author: Elio Giovanni Rossi, MD (Italy)</i></p> <p><b>Interaction of Mistletoe Preparations (Viscum album) with Antitumor Effects of Several Standard Anticancer Drugs In-Vitro I</b> <i>Presenting Author: Ulrike Kathrin Weissenstein (Switzerland)</i></p>		
15:00-15:15	Healthy Organic Tea Break		
15:15 - 15:30	<p><b>HELIXOR ReThinkBox: CANCER AND INTEGRATIVE ONCOLOGY</b></p> <p><b>Open Forum Discussion</b></p>		
15:30-16:30	<p><b>Panel 2: Science: Can Integrative Medicine Research Move Healthcare into Sustainability?</b></p> <p><b>Chair: Torkel Falkenberg, Associate Professor, Research Constellation Leader – Integrative Health Care, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet; Deputy Director – Karolinska Institutet Centre for Social Sustainability; Director – The Charitable Research Foundation I C – The Integrative Care Science Center (SE)</b> <i>Integrative Care Science and Sustainability</i></p> <p><b>Lixing Lao, PhD, MB – University of Hong Kong School of Chinese Medicine, University of Maryland Center for Integrative Medicine (HK/USA)</b> <i>TBD</i></p> <p><b>Professor Jan Madsen, PhD Deputy Director Danish Technical University, DTU Compute (DK)</b> <i>Digital Guardian Angels: Point-of-Care Devices</i></p> <p><b>Dr. Merlin Willcox – University of Oxford, Department of Primary Care Health Sciences (UK)</b> <i>Development of Improved Traditional Medicines in Africa</i></p> <p><b>Open Forum Discussion</b></p>		
16:30-16:45	<p><b>Closing Keynote: Prof Avni Sali, MD PhD Director, National Institute of Integrative Medicine NIIM (AU)</b> <i>Integrative Medicine and Chronic Illness</i></p>		
16:45-17:00	<p><b>HEEL Award/ Celebratory Social</b></p> <p><b>“Excellence in Integrative Medicine Research Award” presented by Dr. Konstantin Cesnulevicius, MD Medical Science Liaison for Heel GmbH and Professor Stefan Willich, MD University of Berlin Charité</b></p>		
17:00-18:00	<p><b>A Celebration of Music and Medicine</b></p>		

