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Greeting



Welcome

Dear colleagues and congress participants,

Welcome to the 3rd European Congress for Integrative Medicine that takes place together with the 3rd German Congress for Integrative Medicine under the motto "The Future of Comprehensive Patient Care". The congress offers an innovative platform for medical practitioners and healthcare professionals as well as scientists, sponsors, and health politicians. The aim is to actively influence the development of the best possible health care. Besides internationally renowned experts in the field of Integrative Medicine medical practitioners from outpatient and inpatient settings are invited to participate in a lively exchange of ideas. Integrative medicine combines conventional Western medicine with complementary methods of treatment such as naturopathy, homoeopathy, and acupuncture.

The topics of the congress are characterised by the interdisciplinary cooperation which reach beyond the traditional approaches of medicine.

The 2nd European Congress for Integrative Medicine in 2009 was another step to further establish Integrative Medicine. More than 1,000 participants were involved over 3 days in a lively exchange. Excellent speakers, high quality contributions and a fruitful networking of science and medical practice were ideal conditions to continue the congress in the future.

More than 600 scientists from various areas of expertise, medical practitioners, as well as health policy officials from 26 countries were discussing the future of optimal health care, which can essentially be ameliorated by expanding Integrative Medicine. For this reason we invite you once again this year to obtain an overview of the current state and the possibilities and future regarding optimal patient care.

An „Open Information Day“ held on December the 5th will give all interested members of the general public an opportunity to meet and discuss with the medical experts.

We are very grateful to the cooperating scientific and clinical societies and to the work of abstract reviewers for developing an attractive congress program, and we would like to wish you successful, amicable, and inspiring days in Berlin.

Congress Presidents

Prof. Dr. Stefan N. Willich

Prof. Dr. Benno Brinkhaus

Dr. Peter Fisher

■ Cooperating Societies



Deutsche Gesellschaft für Kardiologie –
Herz- und Kreislaufforschung e.V.



dialogforum
pluralismus in der medizin



D·A·M·i·D



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CARSTENS-STIFTUNG
Fördergemeinschaft NATUR UND MEDIZIN



Socetas Medicinae Sinensis
SMS
Internationale Gesellschaft
für Chinesische Medizin e.V.



Deutscher Zentralverein
homöopathischer Ärzte



DÄGfA



Society for Holistic Health and Education
■ European Academy
of Ayurveda



General Information

■ Congress Presidents

Professor Dr. Stefan N. Willich MPH, MBA

Professor Dr. Benno Brinkhaus

Institute for Social Medicine, Epidemiology
and Health Economics

Charité - University Medical Center

Berlin, Germany

Dr. Peter Fisher

Royal London Hospital for Integrated
Medicine, London, GB

■ Venue

andel's Hotel Berlin

Landsberger Allee 106 | D-10369 Berlin

www.andelsberlin.com

■ Official Languages

German, English

■ Organisation

Institute for Social Medicine, Epidemiology
and Health Economics

Charité - University Medical Center

Luisenstraße 57 | D-10117 Berlin

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Linda Schmidt

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■ Media Reception

Papers for the 3rd European Congress for Integrative Medicine 2010 will not be accepted unless presented in the form of a PowerPoint presentation. Equipment for projection and computers are available in every conference room. Please save your presentation either on a USB stick or on a CD-ROM, and bring it to the conference. Your presentation will be copied to the notebook computer in the conference room before the session starts, and it will be deleted after the event. We cannot give any guarantee for the successful playback of presentations which include embedded videos. In every case, please ask the assistant personnel in the conference room 15 minutes before the start of your session.

Please note: In order to avoid delay in the order of events, the use of personal note books is **not** allowed.

■ Internet Access

A free WLAN internet access will be available during the whole congress for you. You can obtain further information at the participant registration on any time.

■ Participant Registration

■ Participation Fees

Participation in the congress and the workshops is guaranteed upon written confirmation only.

	Late Registration until November 25, 2010		Registration On Site	
	Permanent Ticket	Day Ticket	Permanent Ticket	Day Ticket
Physicians, Scientists	320 Euro	180 Euro	360 Euro	220 Euro
Nurses, Students*	120 Euro	80 Euro	150 Euro	90 Euro
Welcome reception		30 Euro		30 Euro

* Reduced fees apply only after supporting documentation has been received by KONGRESS- UND KULTUR-MANAGEMENT GMBH. This can be submitted via fax to +49 3643 2468-31, via mail to P.O. Box 36 64, 99407 Weimar, Germany or via email to registration@ecim-congress.org.

■ Continued Medical Education Credit Points

The Berlin Chamber of Physicians will certify participation in the European Congress for Integrative Medicine held together with the German Congress for Integrative Medicine by granting 3 points in category B for every half day. Attendee lists will be available in the rooms used for the events for every half day. Please enter your data in one of the lists available for every half day by pasting your barcode into the corresponding field, and signing next to it. If you have forgotten your barcode, please enter your EFN number in the barcode field. No further education points may be credited if neither the barcode has been pasted into the list, nor an EFN number has been entered.

■ Information for Poster Authors

Accepted posters will be made available to the congress public in the poster exhibition during the entire event. In addition, a guided poster presentation will be held between 4:00 p.m. and 5:00 p.m. on December 3, 2010. Please be present next to your poster to give explanations and participate in discussions during this time. Please also observe the maximum poster dimensions: 90 cm wide + 120 cm high. A poster panel of its own will be provided for every poster, showing the poster number as indicated in the program in the upper left-hand corner. Material for fastening posters will be available in a sufficient quantity on site. No fastening material of your own is allowed. Please hang your poster when the congress starts, and remove it after the congress by the latest at 7:30 p.m. on December 4, 2010. Posters not removed will be kept by the room personnel until the end of the congress day, and will be disposed after that.

■ Certificate of Attendance

You receive your Certificate of Attendance at the registration when leaving the congress.

■ Opening Hours Participant Registration

Friday, December 3, 2010 8:00 a.m.-8:00 p.m.
Saturday, December 4, 2010 8:00 a.m.-7:30 p.m.

Scientific Board

- Dr. Henning Albrecht, Karl- und Veronica Carstens Stiftung (D)
Dr. Karlien Bongers, The Childrens Clinic for Integrative Medicine in Amsterdam (NL)
Prof. Dr. Hans-Christian Deter, Charité - Universitätsmedizin Berlin (D)
Prof. Dr. Gustav Dobos, Kliniken Essen Mitte (D)
Prof. Dr. David M. Eisenberg, Harvard University (USA)
Prof. Dr. Vinjar Fønnebø, University of Tromsø (NO)
Prof. Dr. Helmut Gohlke, Herzzentrum Bad Krozingen (D)
Prof. Dr. Eckhart Hahn, Universität Witten/Herdecke (D)
Prof. Dr. Aviad Haramati, Georgetown University Washington (USA)
Prof. Dr. Roland Hetzer, Deutsches Herzzentrum Berlin (D)
Prof. Dr. Martin Ingvar, Karolinska Institutet Stockholm (SE)
PD Dr. Stefanie Joos, Ruprecht Karl Universität Heidelberg (D)
Prof. Dr. Karin Kraft, Universität Rostock (D)
Dr. Patricia Leroux, Marseille (FR)
Prof. Dr. George Lewith, University of Southampton (GB)
PD Dr. Klaus Linde, Technische Universität München (D)
Prof. Dr. Peter F. Matthiesen, Universität Witten/Herdecke (D)
Prof. Dr. Dieter Melchart, Technische Universität München (D)
Prof. Dr. Andreas Michalsen, Charité - Universitätsmedizin Berlin (D)
Dr. Ton Nicolai, European Committee for Homeopathy (NL)
Dr. Charlotte Paterson, University of Plymouth (GB)
Prof. Dr. Johannes Ring, Technische Universität München (D)
Dr. Elio Rossi, Italien (IT)
Prof. Dr. Reinhard Saller, Universitätsspital Zürich (CH)
Prof. Dr. Michael Schäfer, Charité - Universitätsmedizin Berlin (D)
Prof. Dr. Jürgen Scholze, Charité - Universitätsmedizin Berlin (D)
Prof. Dr. Umberto Sollmene, State University of Milan (IT)
Dr. Ines von Rosenstiel, The Childrens Clinic for Integrative Medicine in Amsterdam (NL)
Prof. Dr. Harald Walach, Europa-Universität Viadrina Frankfurt (D)
Prof. Dr. Claudia Witt, Charité - Universitätsmedizin Berlin (D)

Program Committee

- Prof. Dr. Arndt Büsing, Universität Witten/Herdecke (D)
Dr. Barbara Doll, Hamburg (D)
Dr. Friedrich Edelhäuser, Gemeinschaftskrankenhaus Witten/Herdecke (D)
Prof. Dr. Tobias Esch, Hochschule Coburg (D)
Dr. Corina Güthlin, J. W. Goethe-Universität Frankfurt a. M. (D)
Prof. Dr. Markus Herrmann, Universität Magdeburg (D)
Prof. Dr. Peter Heusser, Universität Witten/Herdecke (D)
Dr. Markus Horneber, Klinikum Nürnberg (D)
Dr. Jutta Hübner, J. W. Goethe-Universität Frankfurt a. M. (D)
Dr. Josef Hummelsberger, München (D)
PD Dr. Dominik Irnich, Ludwig-Maximilians-Universität München (D)
PD Dr. Thomas Keil, Charité - Universitätsmedizin Berlin (D)
Prof. Dr. Ulrich Kleeberg, Hämatologisch-Onkologische Praxis Hamburg Altona (D)
Prof. Dr. Stefanie Krüger, Charité - Universitätsmedizin Berlin (D)
Dr. Jost Langhorst, Kliniken Essen Mitte (D)
Dr. Harald Matthes, Gemeinschaftskrankenhaus Havelhöhe (D)
Dr. Frauke Musial, Kliniken Essen Mitte (D)
Dr. Miriam Ortiz, Charité - Universitätsmedizin Berlin (D)
PD Dr. Florian Pfab, Technische Universität München (D)
Dr. Helmut Rüdinger, Hamburg (D)
Dipl. Biol. Beate Stock-Schröer, Karl und Veronica Carstens Stiftung Essen (D)
Dr. Michael Teut, Charité - Universitätsmedizin Berlin (D)
Dr. Ursula Wolf, Universität Bern (CH)
Dr. Frank Zimmermann, Charité - Universitätsmedizin Berlin (D)

■ ZAEN-Symposium & ZAEN Workshops

■ All ZAEN symposia and workshops are held in German language.

Leitthema: Atopische Erkrankungen und ihre komplementärmedizinische Behandlung, Arzt-Patientenbeziehung, Komplementäre Wissenschaft

■ Lecture 1 - ZAEN I

Arzt-/Patientenbeziehung und Phytotherapie: Kritischer Rückblick auf ein gern verschwiegenes Phänomen.

Friday, December 3, 2010 | 04:00 - 05:00 p.m.

Speakers:

- Einführung / Moderation

Dr. Barbara Doll (Gynäkologin, Hamburg)

Prof. Dr. Volker Schulz (Berlin)

■ Workshop 1 - ZAEN II

Atopische Erkrankungen und ihre Behandlung aus Sicht der Ernährungsmedizin

Saturday, December 4, 2010 | 10:30 -12:00 a.m.

Speaker:

- Dr. Monika Pirlet-Gottwald (prakt. Ärztin, München)

■ Lecture 2 - ZAEN III

Wie werde ich ein erfolgreicher Arzt der Integrativen Medizin?

Saturday, December 4, 2010 | 12:30 a.m.-01:15 p.m.

Speakers:

- Dr. Barbara Doll (Gynäkologin, Hamburg)

- Dr. Olaf Kuhnke (Roberedo, Italien)

■ Workshop 2 - ZAEN IV

Atopie in der Neuraltherapie. Der neuroimmunologische Zugang.

Saturday, December 4, 2010 | 03:30 -05:00 p.m.

Speakers:

- Einführung: Dr. Barbara Doll

- Vortrag: Dr. Hans Barop (Hamburg)

■ Satellite ZAEN Symposium

Komplementäre Wissenschaft

Saturday, December 4, 2010 | 01:30 - 03:00 p.m.

Speakers:

- Prof. Dr. Hans-Peter Dürr (Quantenphysiker, Philosoph, Nobelpreisträger und Träger des Alternativen Nobelpreises, München)

- Prof. Dr. Heinrich Leonhardt (Professor für Epigenetik an der LMU München)

- Dr. Barbara Doll (Gynäkologin, Philosophin, Hamburg)

ZAEN

Registered central association of physicians for naturopathy and regulatory medicine. It is the oldest (founded in 1951) and largest society for physicians (approximately 6000 members) providing further education and is based in Freudenstadt. info@zaen.org

Program Survey

Friday, December 3, 2010

Time	Saphir	Amethyst	Granat	Bernstein	Topas 1	Quarz	Opal 2
09:00 a.m.							
09:30 a.m.	Satellite Symposium Naturheilkunde DGNHK e.V. + Kneipp Bund e.V.	Satellite Symposium DZVhÄ	Satellite Symposium D.A.M.I.D. Integra- tive Oncology in Anthroposophic Medicine	Satellite Symposium DAGFA Normierung, Standardisierung und Leitlinien in der Akupunktur und chine- sischen Medizin		Satellite Symposium DAGFA Normierung, Standardisierung und Leitlinien in der Akupunktur und chine- sischen Medizin	Students Symposium Integrative Medical Education
10:00 a.m.							
10:30 a.m.					Coffee Break and Industry Exhibition		
11:00 a.m.	Plenary Session Kongresseröffnung Internationale Trends in der Inte- grativen Medizin						
11:30 a.m.							
12:00 a.m.							
12:30 a.m.							
01:00 p.m.							
01:30 p.m.		ESIM Lunchmeeting			Lunch Break and Industry Exhibition		
02:00 p.m.							
02:30 p.m.							
03:00 p.m.							
03:30 p.m.							
04:00 p.m.							
04:30 p.m.							
05:00 p.m.							
05:30 p.m.							
06:00 p.m.							
06:30 p.m.	Plenary Session Patient and Physician Relation- ship and Placebo						
07:00 p.m.							
07:30 p.m.							
08:00 p.m.					Welcome Reception		

Plenaries
Satellite Symposium

Theme Sessions
Industry Symposium

Lunch Sympos.
Workshops

Poster Sessions
Attendant Events

Program Survey

Saturday, December 4, 2010

Time	Saphir	Amethyst	Granat	Bernstein	Topas I	Opal 1	Quartz	Opal 2
08:30 a.m.								
09:00 a.m.	Plenary Session Allergy and Integrative Medicine							
09:30 a.m.								
10:00 a.m.					Coffee Break and Industry Exhibition			
10:30 a.m.								
11:00 a.m.	Parallel Session Cancer I	Parallel Session Pain II	Parallel Session Therapeutic Methods	Parallel Session Research Concepts	Parallel Session Atopic Diseases and Integrative Dentistry	Workshop Ayurveda I	Workshop ZAEN I	International Students Symposium - Science for Students
11:30 a.m.								
12:00 a.m.		Heil GmbH Integrative Approach in Work-related Stress - Concepts and Counseling						
12:30 a.m.	Vortrag ZAEN II Komplementärmedizin				Lunch Break and Industry Exhibition			
01:00 p.m.								
01:30 p.m.								
02:00 p.m.	Satellite Symposium ZAEN Complementary Science	Satellite Symposium DGSS	Industry Workshop Juice Plus+®	Workshop D.A.M.I.D	Workshop Chinesische Medizin bei Allergie	Symposium Ayurveda		Case Conference Inflammatory Bowel Syndrom I
02:30 p.m.								
03:00 p.m.					Coffee Break and Industry Exhibition			
03:30 p.m.								
04:00 p.m.	Parallel Session Cancer II	Parallel Session Pain III	Parallel Session Education	Parallel Session Models of Integrative Care	Parallel Session Mental Disorders	Workshop Ayurveda II	Workshop ZAEN II	Case Conference Inflammatory Bowel Syndrom II
04:30 p.m.								
05:00 p.m.								
05:30 p.m.								
06:00 p.m.	Plenary Session Integrative Medicine in Primary Care - Congress Closing							
06:30 p.m.								
07:00 p.m.								
07:30 p.m.								

acupuncture IN MEDICINE

Acupuncture in Medicine is a scientific and clinical journal aimed at primary care physicians, hospital doctors, anaesthetists and other health professions, and uses the prevailing understanding of neurophysiology and anatomy to interpret the effects of acupuncture.



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Satellite Symposium

Amethyst

09:00 - 10:30 a.m.	Deutsche Gesellschaft für Naturheilkunde e.V. + Kneipp Bund e.V. Ausleitende Verfahren Chair: Dobos G. (Essen/D), Kraft K. (Rostock/D)
09:00 a.m.	Immediateeffekte des Schröpfens auf lokale Stoffwechselparameter und Schmerzschwellen Huber R. (Freiburg/D)
09:20 a.m.	„Cantharidenpflaster - Anwendungsbeispiele im Rahmen der Integrativen Medizin“ Rampp T. (Essen/D)
09:40 a.m.	Lavendula angustifolia - Entwicklung einer alten Heilpflanze zu einem peroralen Arzneimittel Stange R. (Berlin/D)
10:00 a.m.	Mitgliederversammlung DGNHK

Satellite Symposium

Granat

09:00 - 10:30 a.m.	Deutsche Zentralverein homöopathischer Ärzte e.V. Aspects of Research in Homoeopathy
09:00 a.m.	What can we learn from basic research about homeopathy? Baumgartner S. (Bern/CH)
09:20 a.m.	Patient outcome study in homeopathy applying Bayes' theorem Rutten L. (Breda/NL)
09:40 a.m.	Do statisticians bewitch data? Lüdtke R. (Essen/D)
10:00 a.m.	From GP practice to RCT research: treating the complexity of ADHD with the individuality of homeopathic remedies Ammon K.v. (Bern/CH)

Satellite Symposium

Bernstein

09:00 - 10:30 a.m.	Dachverband Anthroposophische Medizin in Deutschland e.V. Integrative Oncology in Anthroposophic Medicine Chair: Heusser P. (Witten/Herdecke/D)
09:00 a.m.	Quality of life in patients with advanced cancer during and after multimodal holistic treatment in an anthroposophic hospital Heusser P. (Witten/Herdecke/D)
09:20 a.m.	An integrative therapy concept for advanced pancreas carcinoma in anthroposophic medicine Schad F. (Berlin/D)
09:40 a.m.	Betulins as antineoplastic agents for the skin. From anthroposophic plant knowledge to bench and bedside Schempp C. (Freiburg/D)
10:00 a.m.	Discussion

Satellite Symposium

Quarz

09:00 - 10:30 a.m.	Deutsche Ärztegesellschaft für Akupunktur e.V. Normierungen, Standardisierungen und Leitlinien in der Akupunktur und Chinesischen Medizin: Chancen und Risiken Chair: Irnich D. (München/D)
09:00 a.m.	Die europäische Perspektive Maric-Oehler W. (Bad Homburg/D)
09:20 a.m.	Normierung der Akupunktur nach ISO-DIN Hammes M. (Lemgo/D)
09:40 a.m.	Standardisierung der chinesischen Arzneitherapie? Hummelsberger J. (München/D)
10:00 a.m.	Qualität in der Akupunktur? Ja, aber wie? Stör W. (Icking/D)
10:20 a.m.	Diskussion



Simultaneous translation



German only



English only

Satellite Symposium

Opal 2

09:00 - 10:30 a.m.	Integrative Medical Education Chairs: Güthlin C. (Freiburg/D) Musial F. (Essen/D) Stock-Schröer B. (Essen/D) - Panel discussion Prof. Dr. Manfred Gross (Dean of Student Affairs, Head, Dept. of Audiology and Phoniatic, Charité Berlin) Prof. Dr. Eckart Hahn (President of the GMA) Prof. Dr. Aviad Haramati (Responsible person for CAM Integration in Education in USA) N.N. (Representative of bvmd= national association of all medical students' representations) Jonas Lahr/Katja Groeger (speaker of the Wilseder Forum, student organisation homeopathy)
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Plenary Session

Saphir

11:00 a.m. -	Kongresseröffnung
01:00 p.m.	Internationale Trends in der Integrativen Medizin Chair: Willich S.N. (Berlin/D)
11:00 a.m.	Begrüßung durch das Bundesgesundheitsministerium Widmann-Mauz A. (Berlin/D)
11:10 a.m.	Begrüßung durch die Charité Universitätsmedizin Ganten D. (Berlin/D)
11:20 a.m.	Kongresseröffnung - The European Perspective Willich S. (Berlin/D)
11:40 a.m.	A United States Perspective Eisenberg D.M. (Boston/USA)
12:00 a.m.	The Chinese Perspective Liang F.-R. (Chengdu/CN)
12:20 a.m.	The Indian Perspective Babu Devalla R. (New Delhi/IND)
12:40 a.m.	Why mind-body medicine is essential for medical education? Haramati A. (Washington/USA)

Lunch Symposium

Amethyst

01:15 - 01:45 p.m.	European Society of Integrative Medicine Member meeting
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Parallel Session		Saphir
02:00 - 03:30 p.m.	Primary Care	
	Chair: Joos S. (Heidelberg/D), Jong M. (Driebergen/NL)	
02:00 p.m.	Accelerate change in healthcare by focusing on primary care and connecting Integrative Medicine with sustainability Meijer J. (Amsterdam/NL)	
02:15 p.m.	Patients whose GP knows Complementary Medicine have lower costs and live longer Baars E. (Leiden & Driebergen/NL)	
02:30 p.m.	The Use of Traditional and Complementary Therapies in a Multi-Ethnic Paediatric Outpatient Population in the Netherlands Jong M. (Driebergen/NL)	
02:45 p.m.	Is tactile massage (touch massage) a treatment option for primary insomnia? Sjöling M. (Sundsvall/S)	
03:00 p.m.	Homeopathic and conventional treatment for Iron Deficiency Anemia: A comparative study on outcome in the primary care setting Vijayakar A. (Mumbai/IN)	
03:15 p.m.	A national survey of the osteopathic profession in Norway - a cross sectional study of training, practice patterns and integration with conventional and complementary medicine Sundberg T. (Stockholm/S)	

Parallel Session		Amethyst
02:00 - 03:30 p.m.	Pain I	
	Chair: Büsing A. (Witten/Herdecke/D), Schäfer M. (Berlin/D)	
02:00 p.m.	A pragmatic randomised controlled pilot study of Professional Kinesiology Practice for chronic and recurrent low back pain with initial feasibility study Eardley S. (Southampton/UK)	
02:15 p.m.	Spiritual needs of patients with chronic pain diseases and cancer Büssing A. (Witten/Herdecke/D)	
02:30 p.m.	An integrative medicine approach for the treatment of neuropathic pain. Keppel Hesselink J.M. (Bosch & Duin/NL)	



Simultaneous translation



German only



English only

02:45 p.m.	A PET-CT study on cerebral glucose metabolism of migraine patients treated by acupuncture in attack stage Yang J. (Chengdu/CN)
03:00 p.m.	The effect of unspecific hypnotic suggestion on somatosensory thresholds depends on hypnotic susceptibility Kramer S. (München/D)
03:15 p.m.	Hypnotherapy for children with functional abdominal pain or irritable bowel syndrome: Long term follow-up Vlieger A. (Nieuwegein/NL)

Parallel Session	Granat
02:00 - 03:30 p.m.	Patient Physician Relationship Chair: Witt C. (Berlin/D), Deter H.-C. (Berlin/D)
02:00 p.m.	Because someone has recommended it - patients' reasons for choosing acupuncture or qigong Klein S. (Bern/CH)
02:15 p.m.	Perception of Deqi without Cutaneous Sensory Input: Results of an RCT Bäumler P. (München/D)
02:30 p.m.	Results of a RCT evaluating the validity of sham laser acupuncture as a placebo control in laser acupuncture studies Irnich D. (München/D)
02:45 p.m.	Debriefing to placebo allocation: A phenomenological study of participants' experiences in a randomized clinical trial Bishop F. (Boston/USA)
03:00 p.m.	How do Chinese Medicine (CM) doctors communicate with their patients? A qualitative analysis Liao X. (Beijing/CN)
03:15 p.m.	The Storied Patient-Practitioner Relationship in the Practice of Western Herbal Medicine in the UK Nissen N. (Odense/DK)

Parallel Session

Bernstein

02:00 - 03:30 p.m.	Safety and Efficacy Chair: Walach H. (Frankfurt Oder/D), Herrmann M. (Magdeburg/D)
02:00 p.m.	The efficacy of acupuncture at specific acupoints comparing with non-specific acupoints and non-acupoints:A multi-center randomized controlled trial for functional dyspepsia Tingting M. (Chengdu/CN)
02:15 p.m.	Safety of natural health products: eight year results of the Italian monitoring system Menniti-Ippolito F. (Empoli (Florence)/I)
02:30 p.m.	Adverse Drug Reactions in a Complementary Medicine Hospital Süsskind M. (Witten/Herdecke/D)
02:45 p.m.	Evaluation of safety and efficacy of a herbal extract HD03-ES in HBeAg negative chronic hepatitis B :An open clinical study Patki P. (Bangalore/IN)
03:00 p.m.	Adverse events and interactions due to Chinese Herbal Drugs in Italy. A three-year pharmacoepidemiology, pharmacogenomic and pharmacovigilance survey Vanacci A. (Florence/I)
03:15 p.m.	Cardiorespiratory interaction during whole body immersion at different water temperatures Cysarz D. (Witten/Herdecke/D)

Symposium

Topas 1

02:00: - 03:30 p.m.	Dialogforum Pluralismus in der Medizin Seriosität und Professionalität in der Medizin I Chair: Matthiessen P. F. (Witten/Herdecke/D)
02:00 p.m.	Medizinische Professionalität - Ein Warenzeichen unseres Berufs Frühling J. (Bruxelles/B)
02:30 p.m.	Seriosität, Pluralismus, Individualmedizin Kiene H. (Freiburg/D)
03:00 p.m.	Professionalität zwischen formaler Wissenschaft und implizitem Wissen Matthiessen P. F. (Witten/Herdecke/D)



Simultaneous translation



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Workshop

Opal 1

02:00 - 03:30 p.m.	Integrative Fallkonferenz „Der geriatrische Patient“ I Chair: Teut M. (Berlin/D)
02:00 p.m.	Einführung - Konzepte und Ziele der Integrativen Fallkonferenz Kasuistik: Demenz Teut M. (Berlin/D)
02:20 p.m.	Perspektive Pflege Andrea Y. (Berlin/D)
02:25 p.m.	Perspektive Konventionelle Medizin Köppel C. (Berlin/D)
02:30 p.m.	Perspektive Naturheilkunde Huber R. (Freiburg/D)
02:35 p.m.	Perspektive Homöopathie Baur R. (Berlin/D)
02:40 p.m.	Perspektive Anthroposophische Medizin Girke M. (Berlin/D)
02:45 p.m.	Perspektive Sporttherapie Pilgram N. (Berlin/D)
02:50 p.m.	Perspektive Ergotherapie Schnabel K. (Berlin/D)
02:55 p.m.	Perspektive Musiktherapie Mainka S. (Beelitz/D)



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Satellite Symposium

Quarz

02:00 - 03:30 p.m.	Deutsche Krebsgesellschaft e. V. Complementary Oncology: Nutrition: evidence based recommendations: to eat or not to eat Chair: Hübner J. (Frankfurt/D), Ortiz M. (Berlin/D)
02:00 p.m.	Prevention: does nutrition have any consequences? Pischon T. (Potsdam/D)
02:20 p.m.	Vitamins, trace elements and other supplements: support or harm? Horneber M. (Nürnberg/D)
02:40 p.m.	Ketogenic diet and similar concepts: Evidence and recommendations? Kämmerer U. (Würzburg/D)
03:00 p.m.	Nutrition during and after antitumoral therapy Arends J. (Freiburg/D)

Workshop

Opal 2

02:00 - 05:00 p.m.	Fallkonferenz Integrative Medizin für Studierende, Lehrende und Interessierte Chair: Scheffer C. (Witten/Herdecke/D), Tauschel D. (Witten/Herdecke/D), Escher M. (Witten/Herdecke/D)
02:00 p.m.	Begrüßung und Einführung Scheffer C. (Witten/Herdecke/D), Tauschel D. (Witten/Herdecke/D)
02:10 p.m.	Vorstellung des Patienten, Anamnese, Diagnose und Therapievorschlag Schulmedizin Pavel M. (Berlin/D)
02:35 p.m.	Ergänzende Fragen, Diagnose und Therapievorschlag Homöopathie Elies M. (Laubach/D)
02:55 p.m.	Ergänzende Fragen, Diagnose und Therapievorschlag TCM Hummelsberger J. (München/D)
03:15 p.m.	Ergänzende Fragen, Diagnose und Therapievorschlag Anthroposophische Medizin Matthes H. (Berlin/D)
03:35 p.m.	Plenum: ergänzende Fragen, Diskussion Aufteilung in Kleingruppen zu den therapeutischen Richtungen
03:45 p.m.	Pause



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04:00 p.m.	Gruppenarbeit (Vier Gruppen mit je einem Moderator) Wie ist der Experte zur Therapie gekommen? Welches Krankheitsverständnis liegt der Therapie zugrunde? parallel Gruppenarbeit Experten: Erarbeiten eines gemeinsamen Behandlungsvorschlags
04:20 p.m.	Bericht aus den Gruppen
04:40 p.m.	Diskussion
04:50 p.m.	Schlusswort des Patienten
04:55 p.m.	Evaluation

Guided Poster Session

04:00 - 05:00 p.m. **Atopic diseases and Cancer**

Chair: Güthlin C. (Frankfurt/D), Rostock M. (Zurich/CH)

	Poster Exhibition
P0001	A Clinical Review of Acupuncture in Treating Eczema in the Past Decade in China Guo T.-P. (Chengdu/CN)
P0002	Investigation of differential cytotoxic properties of birchbark-extract and ursolic acid Hertrampf A. (Freiburg/D)
P0003	Validation of a state version of autonomic regulation (aR) in cancer patients - a new approach to distinguish between autonomic constitution and loss of regulation Kröz M. (Berlin/D)
P0004	Portuguese physicians' attitudes towards the use of herbal complementary and alternative medicines in oncology Herdeiro M.T. (Aveiro & Porto/P)
P0005	Effect of Moxa at Guanyuan acupoint on QLQ of Chemotherapy Patients and Cx43 expression of the cyclophosphamide treated mice stomach Vankhuu E. (Guangzhou/CN)
P0006	Daily activity, Quality of Sleep, Autonomic Regulation and Self-regulation in breast cancer and insomniac patients Zerm R. (Berlin/D)
P0007	The use of mistletoe in general practice in Germany - a longitudinal analysis Güthlin C. (Frankfurt/D)
P0008	Homeopathy in cancer patients - a review of randomized controlled trials Rostock M. (Zurich/CH)
P0009	The effect of medicinal plants on sexually transmitted infections and cancer: results from a cross-sectional study in Habiganj district of Bangladesh Mollik M.A.H. (Dhaka & Bogra/BD)
P0010	Development of a Questionnaire measuring the empathic Observation of Patient's movements during Eurythmy Therapy (Havelhöher Fragebogen Eurythmie Therapie: HFET, version 1.0) von Laue H.B. (Berlin/D)



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Guided Poster Session 		Poster Exhibition
04:00 - 05:00 p.m.	Education	
	Chair: Büsing A. (Witten/Herdecke/D), Ausfeld-Hafter B. (Bern/CH)	
P0011	Development of an educational program on Spirituality, Health and Coping for medical students, physicians and nurses Büssing A. (Witten/Herdecke/D)	
P0012	Criteria and rules of Complementary Medicine Education in Tuscany Region (Italy) Rossi E. (Lucca/I)	
P0013	Traditional Chinese Medicine from a Swiss preclinical medical student's point of view Ausfeld-Hafter B. (Bern/CH)	
P0014	(Neuro)science as a tool in acceptance of Integrative Medicine Bongers K. (Amsterdam/NL)	
P0015	Teamwork in evidence-based integrative medicine: doctors and librarians Schats W. (Amsterdam/NL)	
P0016	Teaching Foundations of Depth Psychology in a Master's Program for Complementary Health Sciences. Evaluation research using qualitative content analysis Leopold-Opara M. (Graz/ Castle of Seggau/A)	
P0017	Teaching Foundations of Salutogenesis in a Master's Program for Complementary Health Sciences. Evaluation research via Grounded Theory Mesenholl-Strehler E. (Graz/ Castle of Seggau/A)	
P0018	Teaching Foundations of Regulatory Biology in a Master's Program for Complementary Health Sciences. Evaluation research using categorization Wintgen S. (Graz/ Castle of Seggau/A)	
P0019	Balint and supervision groups in a Master's Program for Complementary Health Sciences. Evaluation research based on a standardised questionnaire Jelinek B. (Graz/ Castle of Seggau/A)	
P0020	Accountable Project Planning & Study Design for interdisciplinary CAM research Mosgoeller W. (Vienna/A)	
P0021	Educating medical students in clinical perception: A first evaluation study Edelhäuser F. (Witten/Herdecke/D)	



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Guided Poster Session 	Poster Exhibition
04:00 - 05:00 p.m. Mental Disorders and Primary Care Chair: Hermann M. (Magdeburg/D), Joos S. (Heidelberg/D)	
P0022 A Study on the curative action of Arsenic Album in major Depression Mahwish N. (Bahawalpur/PAK)	
P0023 Aroma therapy in dementia Guendling A. (Magdeburg-Stendal/D)	
P0024 Case: A 24-Year-Old Woman with primary nocturnal enuresis and Moderate Depression Yujie G. (Chengdu/CN)	
P0025 The ultra low dose combination medication ULDCM-310 triggers electro-encephalographic patterns in the rat brain in a dose and time dependent manner Dimpfel W. (Giessen/D)	
P0026 Tongue diagnosis in the treatment of patients with schizophrenia: Bosch P. (Nijmegen/NL)	
P0027 fMRI Study of Effect on Brain Activity According to Stimulation Method at LI11, ST36-painful pressure and acupuncture stimulation of same acupoints Cho S.-Y. (Seoul/ROK)	
P0028 Community use of traditional and complementary healthcare approaches (TCA) for children - comparing internet and face to face survey methods Robinson N. (Brentford/UK)	
P0029 Prescribing Practices in a German Network of Anthroposophic Physicians for the Treatment of Patients with Dementia: A Prospective Observational Study Jeschke E. (Berlin/D)	
P0030 Adverse drug reactions in a primary care network of Complementary and Alternative Medicine Tabali M. (Berlin/D)	
P0031 Inflammatory and Irritable Bowel Disease Gahles N. (Belle Harbor/USA)	
P0032 The Italian way to integrated medicine di Giampietro T. (Pescara/I)	
P0033 The Systematic Evaluation of the Safety of Injectables as used in Homeopathic and Anthroposophic medicine Jong M. (Driebergen/NL)	



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Guided Poster Session

Poster Exhibition

04:00 - 05:00 p.m.	Models of Integrative Care Chair: Andersohn F. (Berlin/D), von Ammon K. (Bern/CH)
P0034	Fifteen years of homeopathic consultations at a University clinic - a retrospective analysis von Ammon K. (Bern/CH)
P0035	The KINGSurvey (Kangarooing in Neonatology in Germany) - Results of a nationwide questionnaire on the practical aspects of Kangaroo-Care in Germany Thiel M. (Witten/Herdecke/D)
P0036	Building national bridges in the Dutch Integrative Medicine field Schats W. (Amsterdam/NL)
P0037	Complementary and alternative medicine: attitudes and use in the Tuscany population Da Frè M. (Florence/I)
P0038	Integrative Health Care Systems: From Vision to Implementation in Sweden -an example from the County Council in Östergötland County Doerfler W. (Linköping/S)
P0039	Health care professionals' attitudes and opinions regarding the vaccination of measles - A systematic review Raak C. (Witten/Herdecke/D)
P0040	Towards Integration of Unconventional Medicines in the Public Health Service: the experience of Emilia Romagna Region Cardini F. (Bologna/I)
P0041	Use of complementary/alternative medications among patients undergoing anaesthesiologic preoperative assessment Vannacci A. (Florence/I)
P0042	Integration of Complementary Medicine into a Palliative Care Unit - final results Schoop B. (St.Gallen/CH)
P0043	Pediatricians in private Practice and their Attitude towards Vaccination: A Comparison between Homeopaths and Non-Homeopaths Schmidt J. (Greifswald/D)
P0044	Researching conventional and alternative practitioners' treatment assumptions - developing an integrated programme theory for combination treatment of People with Multiple Sclerosis Skovgaard L. (Valby/DK)

Guided Poster Session

04:00 - 05:00 p.m. **Pain**

Chair: Musial F. (Essen/D), Zimmermann F. (Berlin/D)

P0045	Complementary and alternative medicine (CAM) interventions for back and neck pain: A Systematic review and Meta-Analysis Tsertsvadze A. (Ottawa/CND)
P0046	Case reports of three patients suffering from low back pain treated with reflexology Mouzarou A. (Athens/GR)
P0047	Effects of exercise therapy on patients with rheumatoid arthritis - A systematic review Nagel M.-A. (Idstein/D)
P0048	Uncontrolled Clinical Study of the Efficacy of Ambulant Fasting in Patients with Osteoarthritis Schmidt S. (Erfurt/D)
P0049	Current Situation and Prospects on the Clinical Researches of Traditional Acupuncture and Moxibustion for Sciatica Jiao C. (Chengdu/CN)
P0050	The Current Situation and Prospect of Acupuncture for Essential Hypertension Tang H. (Chengdu/CN)
P0051	Psychogenic pain Atarodi S. (Bangor/UK)
P0052	Measurement of Regional Cerebral Blood Flow Associated with the M Technique-Light Massage Therapy: A Case Series and Longitudinal Study Using SPECT Buckle J. (London/UK)
P0053	Is a series of five dry cupping treatments effective in the treatment of chronic non specific neck pain? A randomised controlled pilot study Lauche R. (Essen/D)
P0054	Evaluation of the Munich Outpatient Program in complimentary and alternative medicine for chronic back pain (Mocam back pain) Simang M. (München/D)
P0055	Metabolic changes in disease of Migraine:an 1H NMR-based metabolomic study on acute migraine rats treated by acupuncture Gao J. (Chengdu/CN)
P0056	Comparative Study on Brain Response of Acupuncture on Exterior-Interior Meridian Zhao L. (Chengdu/CN)



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Guided Poster Session

04:00 - 05:00 p.m. **Research Concepts I**

Chair: Berghöfer A. (Berlin/D), Esch T. (Coburg/D)

	Poster Exhibition
P0057	A Quality Indicator for CAM interventions: the IOCOP traffic light grading system Kopsky D.J. (Bosch en Duin/NL)
P0058	Combuduron® for treating burns - experimental case studies in humans Huber R. (Freiburg/D)
P0059	The Effect of Zinc supplementation on the white blood cell and platelet count levels during Virus C Hepatitis Therapy Helaly A. (Alexandria/Egypt)
P0060	Acupuncture in the management of neck pain in China, Japan, and Germany: a qualitative intercultural study Bäumler P. (München /D)
P0061	Acupuncture for Functional Dyspepsia at Acupoints on Stomach Meridian: a PET-CT Study Protocol Zeng F. (Chengdu/CN)
P0062	Wheat germination (20 hrs) and extremely diluted gibberellic acid (10e-30): Explorative experiments on a fundamental homoeopathy research model Endler P.C. (Graz/Castle Seggau/A)
P0063	Wheat growth (7 days) and extremely diluted gibberellic acid (10e-30): Repetitive experiments on a fundamental homoeopathy research model Matzer W. (Graz/Castle Seggau/A)
P0064	Information transfer from an ultra high dilution through glass walls - A study on wheat seedlings, with regard to storage safety of homeopathic remedies Reich C. (Graz/Castle Seggau/A)
P0065	Electronically stored information of nosodes in rheumatic degenerative diseases Schuller J. (Graz/Castle Seggau/A)
P0066	Health-Related Behavior Self-Efficacy and Body Self-Efficacy: Development and validation of two new scales Schützler L. (Berlin/D)



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Guided Poster Session

04:00 - 05:00 p.m. **Research Concepts II**

Chair: Ostermann T. (Witten/Herdecke/D), Baumgartner S. (Bern/CH)

	Poster Exhibition
P0067	Standardisation of an anthroposophically oriented questionnaire for progress documentation of therapeutic processes and treatment assessment Allmer C. (Graz/Castle Seggau/A)
P0068	Follow-up measurements with voice frequency analysis (VFA) and a symptom score 1 - 2 years after treatment of pollen allergy with Multi-Integrative Kinesiology Activity (MIKA) Boot B. (Graz/Castle Seggau/A)
P0069	Antonovsky, Hahnemann and the dynamics of disease and health Kiefer P.-M. (Graz/Castle Seggau/A)
P0070	Statistical Standards in Health Economic Evaluation - state of the art in current CAM research publications Ostermann T. (Witten/Herdecke/D)
P0071	A comprehensive review of published bibliographical database resources for complementary medicine Ostermann T. (Witten/Herdecke/D)
P0072	Potential of a combined tocolysis with Bryophyllum pinnatum (Lam.) and nifedipine A.P. Simoes-Wüst (Richterswil/CH)
P0073	Translation of the Southampton Needle Sensation Questionnaire: Use in a German Acupuncture Study Pach D. (Berlin/D)
P0074	Development of a biocrystallisation method for examining effects of homeopathic preparations on germinating cress seeds Baumgartner S. (Bern/CH)
P0075	The health disc as an abstract space describing physiological and pathological states: relation to heart and breathing rates and extension to higher dimensions Kratky K.W. (Vienna/A)
P0076	Comparison of formula variations and extraction methods of Tibetan remedies by in vitro experiments Klein A. (Innsbruck/A)



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Guided Poster Session

Poster Exhibition

04:00 - 05:00 p.m. **Safety and Efficacy**

Chair: Rossi E. (Firenze/I), Hohmann C. (Berlin/D)

P0077	Herbal remedies in hospital setting: an explorative survey among physicians and patients on knowledge and use Vannacci A. (Firenze/I)
P0078	Treatment of stress induced nervous exhaustion with Neurodoron® - Results from a prospective cohort study with a total of 300 patients Rother C. (Schwäbisch Gmünd/D)
P0079	The cereal food sensitivities in Greek patients seeking help for weight control (WC) and Gastro-Intestinal Symptoms (GIS) Pantazis S. (Athens/GR)
P0080	Frequency of homeopathic aggravation using LM (Q) potencies Rossi E. (Florence/I)
P0081	Safety and efficacy of ayurvedic formulation (Bresol)in management of allergic rhinitis:A systematic review of clinical studies Patki P. (Bangalore/IND)
P0082	Interactions between herbal drugs and oral anticoagulants: spontaneous reports in the Italian Surveillance System of Natural Health Products Vannacci A. (Firenze/I)
P0083	An anti-hypertensive herbal supplement containing not-declared reserpine and ajmaline: a possible risk for patients' health Firenzuoli F. (Florence/I)
P0084	Safety of the patient and clinical risk management in Complementary Medicine Rossi E. (Firenze/I)
P0085	Lack of Standardization in a cod liver oil dietary supplement: Three cases of Hypervitaminosis D Vannacci A. (Firenze/I)
P0086	Survey on incident reporting in Complementary Medicine Rossi E. (Firenze/I)

Guided Poster Session

04:00 - 05:00 p.m. **Therapeutic Methods**

Chair: Keil T. (Berlin/D), Langhorst J. (Essen/D)

P0087	Elderly and Bach Flowers Remedies: in search of restoring self-esteem Cozin S.K. (São Paulo/BR)
P0088	The Current Status and the Prospect of Acupuncture in treating ED Mingkai D. (Chengdu/CN)
P0089	Retrospective surgery study of the therapeutic effectiveness of the MORA bioresonance therapy with conventional therapy resistant patients suffering from allergies, pain and infection diseases Herrmann E. (Horn-Bad Meinberg/D)
P0090	Music therapy as a part of integrative neonatology: 20-years of experience, 3 Case Reports and a Review Thiel M. (Witten/Herdecke/D)
P0091	Treatment of Diabetic Foot Syndrom with Manuka Honey Zerm R. (Berlin/D)
P0092	Role of Homeopathy in Managing Male and Female Infertility Sinsen J. (Dubai/UAE)
P0093	Bone marrow transplant leukaemia patients and kinesiological muscle balance through Touch for Health Mager S. (Graz/Castle Seggau/A)
P0094	Living knowledge of the healing plants: ethno-phytotherapy in the rural communities from the Sundarbans areas of Bangladesh (Mollik M.A.H. Dhaka/BD)
P0095	Systematic review of the effects of dance therapy on mental and physical illnesses Kiepe M.-S. (Vienna/A)

Poster Exhibition



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Guided Poster Session 		Poster Exhibition
04:00 - 05:00 p.m.	Various Topics	
	Chair: Roll S. (Berlin/D), Porzolt F. (Ulm/D)	
P0096	Multi Sensorial Perception of Music Incorporation with a Vibrating Rhythmic Mat Heinen A. (Friedrichshafen/D)	
P0097	Naturopathy and complementary approaches in occupational therapy Guendling P.W. (Idstein/D)	
P0098	Is there evidence for using acupuncture in neonatology? Thiel M. (Witten/Herdecke/D)	
P0099	Shouldn't we start to practice integrative medicine? Porzsolt F. (Ulm/D)	
P00100	Language as key in the implementation of Integrative Medicine Bongers K. (Amsterdam/NL)	
P00101	Treatment with antroposopistic remedies to integrate conventional therapy: Observational study on 133 Patients admitted to general medical Division of an Hospital operating with national Health Service Mariani E. (Milan/I)	
P00102	The Nature of Collaboration and Professional Status within an Inter-professional Context: A View of Massage Therapy Fournier C. (Toronto/CDN)	
P00103	Conventional and complementary interventions and cognitive performance in old age Weber I.L. (Heidelberg/D)	
P00104	Influence of mental state on the homeopathic manufacturing process? A pilot study on wheat seedlings Reischl T. (Graz/Castle Seggau/A)	
P00105	Influence of Asian medicinal plant extracts and multi-component formulas on stimulation of human peripheral blood mononuclear cells in vitro Pittl S. (Innsbruck/A)	



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Workshop Bernstein

04:00 - 05:00 p.m. **Microsystems of acupuncture**
Chair: Gleditsch J. (Baierbrunn/D), Pfab F. (Boston/USA)

04:00 p.m. Somatotopic varieties of acupuncture
Gleditsch J. (Baierbrunn/D)

Symposium Topas 1

04:00 - 05:00 p.m. **Dialogforum Pluralismus in der Medizin**
Seriosität und Professionalität in der Medizin II
Chair: Matthiessen P.F. (Witten/Herdecke/D)

04:00 p.m. Professionalität und ärztliche Ausbildung
Hahn E. (Witten/Herdecke/D)

04:30 p.m. Podiumsdiskussion sowie Diskussion mit dem Auditorium

Workshop Opal 1

04:00 - 05:00 p.m. **Der geriatrische Patient II**
Möglichkeiten des Dialoges - Diskussion, Integrative Therapie
Chair: Teut M. (Berlin/D)

04:00 p.m. Pflege
Andrea Y. (Berlin/D)

04:05 p.m. Konventionelle Medizin
Köppel C. (Berlin/D)

04:10 p.m. Naturheilkunde
Huber R. (Freiburg/D)

04:15 p.m. Homöopathie
Baur R. (Berlin/D)

04:20 p.m. Anthroposophische Medizin
Girke M. (Berlin/D)

04:25 p.m. Sporttherapie
Pilgram N. (Berlin/D)

04:30 p.m. Ergotherapie
Schnabel K. (Berlin/D)

04:35 p.m. Musiktherapie
Mainka S. (Beelitz/D)

04:40 p.m. Schlusswort
Teut M. (Berlin/D)



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Workshop

Quarz

- 04:00 - 05:00 p.m. ZAEN - Zentralverband der Ärzte für Naturheilverfahren und Regulationsmedizin e.V
Arzt-Patienten Interaktion
Chair: Doll B. (Hamburg/D)
- 04:00 p.m. Arzt-/Patientenbeziehung und Phytotherapie: Kritischer Rückblick auf ein gern verschwiegenes Phänomen
Schulz V. (Berlin/D)

Plenary Session

Saphir

- 05:30 - 07:30 p.m. Patient and Physician Relationship and Placebo
Chair: Witt C. (Berlin/D)
- 05:30 p.m. Patient and Physician Relationship in Psychosomatic Medicine
Deter H.C. (Berlin/D)
- 05:50 p.m. The Role of Placebo in Clinical Trials
Kirsch I. (Boston/USA)
- 06:10 p.m. Placebo - Underlying Mechanisms
Pollo A. (Turin/I)
- 06:30 p.m. The Future of a Patient and Physician Relationship in Integrative Medicine
Walach H. (Frankfurt Oder/D)
- 06:50 p.m. Round table discussion

Plenary session		Saphir
08:30 - 10:00 a.m.	Allergy and Integrative Medicine Chair: Brinkhaus B. (Berlin/D)	
08:30 a.m.	Allergy - Integrative Medicine from outside perspective Ring J. (München/D)	
08:50 a.m.	Allergy - Understanding the underlying mechanisms Pfab F. (Boston/USA)	
09:10 a.m.	Allergy - Role of Acupuncture and Chinese Medicine Brinkhaus B. (Berlin/D)	
09:30 a.m.	Allergy - A Pragmatic Integrated Approach Lewith, G. (Southampton/UK)	
Parallel Session		Saphir
10:30 - 12:00 a.m.	Cancer I Chair: Dobos G. (Essen/D), Hübner J. (Frankfurt M/D)	
10:30 a.m.	Betulins as antineoplastic agents for the skin. From anthroposophic plant knowledge to bench and bedside Schempp C. (Freiburg/D)	
10:45 a.m.	The Impact of Mindfulness as part of Mind/Body Medicine on Health and Well-being of Cancer Patients Dobos G. (Essen/D)	
11:00 a.m.	Therapeutic action in Art Therapy: Results of a empirical study Gruber H. (Bonn/D)	
11:15 a.m.	Oral Chinese herbal medicine (CHM) as an adjuvant treatment during chemotherapy for non-small cell lung cancer: a systematic review Chen S. (Southampton/GB)	
11:30 a.m.	Complementary medicine use by men with prostate cancer: A systematic review of prevalence studies Bishop F. (Southampton/GB)	
11:45 a.m.	Fermented mistletoe (<i>Viscum album L.</i>) extracts as supportive treatment in cancer patients - results of four controlled pharmaco-epidemiological cohort studies Stauder G. (Rümlingen/CH)	



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Parallel Session

Amethyst

10:30 - 12:00 a.m.	Pain II Chair: Kraft K. (Rostock/D), Heusser P. (Witten/Herdecke/D)
10:30 a.m.	Cerebrovascular changes of migraineurs after different types of acupuncture treatment: a Transcranial Doppler study Zheng H. (Chengdu/CN)
10:45 a.m.	Evaluation of the effect of dynamic electro-neuro-stimulation (DENS)-therapy in patients with chronic neck pain in two rehabilitation hospitals Kraft K. (Rostock/D)
11:00 a.m.	Manual acupuncture at LI 4, ST 36, and LV 3 reduces brain activation of the neural pain matrix under an experimental pain condition Choi K.-E. (Essen/D)
11:15 a.m.	Munich outpatient program in complementary and alternative medicine for chronic back pain (Mocam-back pain) - 10 years experience from MOCAM has now led to a new project (Integrierte Versorgung) for lower back pain patients supported by a major health insurer (Siemens Betriebskrankenkasse) Schopper M. (München/D)
11:30 a.m.	Effectiveness of integrated yoga therapy in treatment of chronic migraine: randomized controlled trial Sharma N. (Watford/GB)
11:45 a.m.	Acupuncture to Treat Migraine: A Multi-center Randomized Controlled Trial Li Y. (Chengdu/CN)

Parallel Session		Granat
10:30 - 12:00 a.m.	Various topics - Therapeutic methods	
	Chair: Ortiz M. (Berlin/D), Büssing A. (Witten/Herdecke/D)	
10:30 a.m.	Validation of the scale Inner correspondence and Peaceful Harmony (ICPH) with practices in participants in Eurythmy Therapy and Yoga Büssing A. (Witten/Herdecke/D)	
10:45 a.m.	Attenuation of common cold symptoms by encapsulated juice powder concentrate Roll S. (Berlin/D)	
11:00 a.m.	The effect of supplementation with adjunctive whole fruit/vegetable/berry concentrate on outcomes of periodontal therapy Chapple I. (Birmingham/GB)	
11:15 a.m.	Clinical patterns in odontoiatric surgery patients: Comparison between antibiotics plus antalgics versus Arnica planta tota D3 plus Silicea compositum Sparaco A. (Milano/I)	
11:30 a.m.	The effect of arts speech therapy on cerebral oxygenation and low frequency hemodynamic oscillations measured using functional near-infrared spectroscopy Wolf U. (Bern/CH)	
11:45 a.m.	Effects of Acupuncture on the autonomic nervous system - results from A Sub-Study of the Acupuncture in Seasonal allergic Rhinitis (ACUSAR) trial Ortiz M. (Berlin/D)	

Parallel Session		Bernstein
10:30 - 12:00 a.m.	Various topics - Research concepts	
	Chair: Güthlin C. (Frankfurt/D), Edelhäuser F. (Witten/Herdecke/D)	
10:30 a.m.	Application of neuroimaging technologies to explore the central mechanism of acupuncture effects Liu M.-L. (Chengdu/CN)	
10:45 a.m.	Treatment modalities of "Elemental Health Care" Köncke U. (Witten/Herdecke/D)	
11:00 a.m.	Comprehensive validation of a questionnaire asking for CAM use (I-CAM-Q-Questionnaire) - Are results valid and is the questionnaire suitable for use in different languages? Güthlin C. (Frankfurt/D)	



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11:15 a.m.	The diagonal ear lobe crease (Frank's sign) as a marker of cardiovascular disease. A systematic review Vannacci A. (Florence/I)
11:30 a.m.	Measures of physical and emotional warmth and coldness Edelhäuser F. (Witten/Herdecke/D)
11:45 a.m.	Characterizing Acupuncture Stimuli Using Brain Imaging with fMRI - A Systematic Review of the Literature Huang W. (Chengdu/CN)

Parallel Session

Topas 1

10:30 - 12:00 a.m.	Atopic diseases and Integrative Dentistry Chair: Rossi E. (Lucca/I), Pfab F. (Boston/USA)
10:30 a.m.	Chronic Osteonecrosis of Jaw Bone (NICO) - Unknown Trigger for Systemic Disease? Lechner J. (München/D)
10:45 a.m.	Homeopathic Q-Potencies for Atopic Dermatitis: a case series report Adler U. (Berlin/D)
11:00 a.m.	Evolution of paediatric atopic diseases under homeopathic treatment: an 8 year study Rossi E. (Lucca/I)
11:15 a.m.	A comparative in vitro study on the effects of the product Citrus e fructibus / Cydonia e fructibus as a whole and its single preparations on immunological parameters of Seasonal Allergic Rhinitis Boers I. (Driebergen/NL)
11:30 a.m.	Towards a systems biology orientated model of treatment-related immunological changes in seasonal allergic rhinitis Baars E. (Driebergen/NL)
11:45 a.m.	St. John's wort and the skin - experimental, pharmaceutical and clinical studies Schempp C. (Freiburg/D)

Workshop Opal 1

10:30 - 12:00 a.m.	Ayurveda I Ayurveda Medizin heute - altes Wissen in einer modernen Welt
10:30 a.m.	Ayurveda, Wissen und Wissenschaft vom Leben - eine Einführung Stapelfeldt E. (Birstein/ Dresden/D)
10:50 a.m.	Ayurveda als komplementäres System - Praktikabilität & Wert im Umfeld der westlichen Medizin <ul style="list-style-type: none">• Aus Sicht der Klinik: Kronpaß L. (Rotthalmünster/D)• Aus Sicht der Praxis: Bhalla A. (Wels/A)• Aus Sicht der Forschung: Keßler C. (Berlin/D)
11:35 a.m.	Fragen & Antworten
11:45 a.m.	Ayurvedamedizin - Modell einer postgradualen Ausbildung für Ärzte Stapelfeldt E. (Birstein/ Dresden/D), Kronpaß L. (Rotthalmünster/D)

Workshop Quarz

10:30 - 12:30 a.m.	ZAEN - Zentralverband der Ärzte für Naturheilverfahren und Regulationsmedizin e.V Atopische Erkrankungen
10:30 a.m.	Atopische Erkrankungen und ihre Behandlung aus Sicht der Ernährungsmedizin Pirlet-Gottwald M. (München/D)

Symposium Opal 2

10:30 - 12:30 a.m.	International Student Symposium Science for Students Chair: Stock-Schröer B. (Essen/D)
10:30 a.m.	Patient - Health Professional - Relationship in Conventional versus Complementary and Alternative Medicine Berger S. (Leipzig/D)
10:50 a.m.	Treatment of knee osteoarthritis utilising hirudo medicinalis - effects on clinical pain and mechanical sensory thresholds Müller M. (Marburg/D)
11:10 a.m.	Adjunctive Homeopathic Therapy in Malignant Diseases - A Retrospective Explorative Pilot Study with 80 Patients Gaertner K. (Wien/A)
11:30 a.m.	Creating the foundation for an International Student Movement on Integrative Medicine Schmidt Hansen T. (Kopenhagen/DK)



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Program

Saturday, December 4, 2010

Lecture	Saphir
12:30 a.m. -	ZAEN - Zentralverband der Ärzte für Naturheilverfahren und Regulationsmedizin e.V
01:30 p.m.	Vortrag und Diskussion Chair: Dr. Barbara Doll (Hamburg/D)
12:30 a.m.	Vortrag - Wie werde ich ein erfolgreicher Arzt der Integrativen Medizin? Doll B. (Hamburg/D), Kuhnke O. (Roberedo/I)
Lunch Symposium	Amethyst
12:15 a.m. -	Biologische Heilmittel Heel GmbH
01:15 p.m.	Integrative approach to work related stress - Concepts and Counseling Chair: Michalsen A. (Berlin/D)
12:15 a.m.	Stress is everywhere - Concepts and Consequences Schedlowski M. (Essen/D)
12:45 a.m.	Stress - are we ready for appropriate counseling in primary care? Popat S. (Bad Honnef/D)
Workshop	Quarz
12:30 a.m. -	CAM DOC Alliance Workshop
01:30 p.m.	Chair: Maric-Oehler W. (Bad Homburg/D)
12:30 a.m.	Welcome and short introduction into the workshop Mari -Oehler W. (Bad Homburg/D)
12:35 a.m.	Introduction to the work of the CAMDOC Alliance Kempenich R. (Strasbourg/F)
12:50 a.m.	CAM Mapping 2010 Winkler M. (EC Gouda/NL)
01:05 p.m.	Future Projects Nicolai T. (Brussels/B)
01:15 p.m.	Diskussion



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Satellite Symposium

Saphir

- 01:30 - 03:00 p.m. **ZAEN - Zentralverband der Ärzte für Naturheilverfahren und Regulationsmedizin e.V**
Complementary Science
Chair: Doll B. (Hamburg/D)

- 01:30 p.m. Teile einer Realität oder Beteiligter einer lebendigen Wirklichkeit? Grenzen und Freiheit unserer Zukunftsgestaltung und persönlichen Verantwortung
Dürr H.-P. (München/D)

- 02:00 p.m. Wir sind mehr als die Summe unserer Gene: Wie der Lifestyle unsere Gesundheit beeinflusst.
Leonhardt H. (München/D)

- 02:30 p.m. Diskussion mit dem Plenum

Satellite Symposium

Amethyst

- 01:30 - 03:00 p.m. Deutsche Gesellschaft zum Studium des Schmerzes e.V.
Top down or bottom up? Naturheilkunde und komplementäre, alternative Methoden beim chronischen Schmerz
Chair: Irnich D. (München/D), Musial F. (Essen/D)

- 01:30 p.m. Top down or bottom up? Physiologie und Psychologie
Musial F. (Essen/D)

- 02:00 p.m. Vom Blutegel bis zum Kneippguss - Evidenz und Praxis der Schmerzkontrolle
Michalsen A. (Berlin/D)

- 02:30 p.m. Integration in die multimodale Schmerztherapie, oder nur Polypragmasie?
Irnich D. (München/D)

Industry-Workshop

Granat

- 01:30 - 03:00 p.m. **The most recent research with the fruit and vegetable juice concentrate Juice PLUS+®**
Chair: Prock P. (Basel/CH)
Snacks offered during workshop

- 01:30 p.m. Background information and results on the study about the influence of Juice PLUS+® on frequency and severity of common colds
Willich S. und Roll S. (Berlin/D)



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02:00 p.m.	Nutrition and dental health - our study on the influence of Juice PLUS+® on dental health Chapple I. (Birmingham/UK)
02:30 p.m.	Research strategies with the nutraceutical Juice PLUS+® Boddie A. (Memphis/USA)

Workshop

Bernstein

01:30 - 03:00 p.m.	Dachverband Anthroposophischer Medizin in Deutschland e.V. Workshop
01:30 p.m.	Rheumatologie - Behandlungssetting in der Anthroposophischen Medizin Kröz M. (Berlin/D)

Workshop

Topas 1

01:30 - 03:00 p.m.	Chinesische Medizin bei Allergien Hummelsberger J. (München/D)
01:30 p.m.	Dieser Workshop vermittelt praxisnah <ul style="list-style-type: none">• die Syndromdifferenzierung der Chinesischen Medizin bei Heuschnupfen, Nahrungsmittelallergien, Neurodermitis,• zeigt Behandlungsstrategien für Akupunktur und Chinesische Arzneitherapie bei diesen Krankheitsbildern,• zeigt an Fallbeispielen exemplarisch Behandlungsverläufe
02:30 p.m.	Diskussion



Symposium

Opal 1

01:30 - 03:00 p.m.	Ayurveda - Implementation and Evidence Chair: Witt C. (Berlin/D), Michalsen A. (Berlin/D)
01:30 p.m.	Introduction
01:35 p.m.	Ayurvedic Medicine- A Complementary Approach for Integrative Oncology Kronpaß L. (Rotthalmünster/D)
01:50 p.m.	Evidence from Clinical Research for Ayurveda from India Manohar R. (Coimbatore/IND)
02:05 p.m.	Ayurveda as a Complementary Treatment of Parkinson's Disease - Evidence and current Practice Przuntek H. (Hattingen/D)
02:20 p.m.	Effectiveness of Complex Ayurveda Therapies for Osteoarthritis of the Knee - A prospective, multi-centre, randomised controlled clinical trial (CARAKA) Keßler C. (Berlin/D)
02:35 p.m.	Panel Discussion

Workshop

Opal 2

01:30 - 04:00 p.m.	Case Conference Inflammatory Bowel Syndrom Chair: Langhorst J. (Essen/D), Ortiz M. (Berlin/D)
01:30 p.m.	Introduction - concept and aim of the case conference Ortiz M. (Berlin/D)
01:40 p.m.	Patient with Inflammatory Bowel Syndrom Gentz E. (Berlin/D)
02:00 p.m.	Dialogue options Conventional Medicine: Büning C. (Berlin/D) Naturopathy: Langhorst J. (Essen/D) Homeopathy: Lochbrunner B. (Berlin/D) Anthroposophic Medicine: Matthes H. (Berlin/D) Acupuncture/TCM: Rampp T. (Essen/D)



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02:50 p.m.	Treatment options - Integrative Medicine Aspect Conventional Medicine: Büning C. (Berlin/D), Aspect Naturopathy: Langhorst J. (Essen/D) Aspect Homeopathy: Lochbrunner B. (Berlin/D) Aspect Anthroposophic Medicine: Matthes H. (Berlin/D) Aspect Acupuncture/TCM: Rampp T. (Essen/D)
03:40 p.m.	Discussion with the Auditorium
03:55 p.m.	Closing remarks Langhorst J. (Essen/D), Ortiz M. (Berlin/D)

Parallel Session	Saphir
03:30 - 05:00 p.m.	Cancer II Chair: Bongers K. (Amsterdam/NL), Horneber N. (Nürnberg/D)
03:30 p.m.	Feasibility and results of a new multimodal therapy concept versus aerobic training in breast cancer patients with chronic Cancer-Related-Fatigue Kröz M. (Berlin/D)
03:45 p.m.	Evaluation of a Pilot Project on Complementary and Alternative Medicine (CAM) at the Meran Hospital Bockelbrink A. (Berlin/D)
04:00 p.m.	Doctor - I want to do more! German Cancer patients' use of dietary supplements and non-prescription drugs - an evaluation of the German Cancer Information Service, German Cancer Research Center, Heidelberg Hiller B. (Heidelberg/D)
04:15 p.m.	An exploratory study on quality of life and individual coping of cancer patients during mistletoe therapy Simoes-Wüst A.P. (Richterswil/CH)
04:30 p.m.	Viscum Album fermentatum Pini versus oral Etoposide as adjuvant treatment in Osteosarcoma patients after second relapse Longhi A. (Bologna/I)
04:45 p.m.	Anthroposophical medicine and group interventions in cancer patients Portalupi E. (Milano/I)



Parallel Session		Amethyst
03:30 - 05:00 p.m.	Pain III	
03:30 p.m.	Chair: Ingvar M. (Stockholm/S), Irnich D. (München/D)	
	Patient Characteristics and Variation in Treatment Outcomes: Which Patients benefit most from Acupuncture for Chronic Pain? Witt C. (Berlin/D)	
03:45 p.m.	All responders are not the same: segregating the mechanisms of antidepressants and placebo in chronic pain Ingvar M. (Stockholm/S)	
04:00 p.m.	Assessing a dynamical EEG pattern related to chronic pain - results from a controlled evaluation of back pain patients as well as from an observational trial with a mindfulness based intervention Schmidt S. (Freiburg/D)	
04:15 p.m.	Mindfulness Based Stress Reduction is an effective intervention for patients suffering from migraine - Results from a controlled trial Schmidt S. (Freiburg/D)	
04:30 p.m.	Sensory processing in chronic neck pain patients is improved after two weeks of topical heat application - a randomized controlled trial Cramer H. (Essen/D)	
04:45 p.m.	Psychophysiological Response to Acupuncture - impact of stimulus intensity and personality Bäcker M. (Essen/D)	

Parallel Session		Granat
03:30 - 05:00 p.m.	Education	
	Chair: Hahn E. (Witten/Herdecke/D), Scheffer C. (Witten/Herdecke/D)	
03:30 p.m.	Bringing Integrative Medicine to the Undergraduate Medical Curriculum - A North American perspective Nahas R. (Ottawa/CDN)	
03:45 p.m.	Evaluation of a new mandatory course on complementary medicine for medical students, Lausanne, Switzerland Graz B. (Eplinges/CH)	
04:00 p.m.	CAM Education of Medical Students in the Netherlands: an Explorative Study on Motivational Elements and Enabling Factors Jansen J.P. (Groningen/NL)	
04:15 p.m.	Knowledge and training needs among Danish nurses about CAM Lunde A. (Odense/DK)	



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04:30 p.m.	Learning Integrative Medicine - Which competencies should be achieved during undergraduate medical education? Scheffer C. (Witten/Herdecke/D)
04:45 p.m.	What Can We Learn from Integration of CAM-education in the Medical Curriculum of Georgetown University: Implications and Recommendation for the Netherlands Kolkman E. (Nijmegen/NL)

Parallel Session	Bernstein
03:30 - 05:00 p.m.	Various topics - Models of Integrative Care Chair: Teut M. (Berlin/D), Steinsbekk A. (Trondheim/N)
03:30 p.m.	Investigating models for collaboration between health care providers and CAM practitioners - results from a research project at a Danish Multiple Sclerosis hospital Skovgaard L. (Valby/ Copenhagen/DK)
03:45 p.m.	A study for building an excellence model for the use of TM/CAM in Lombardy Region Minelli E. (Milan/I)
04:00 p.m.	Use of Integrative Health Services among Patients with Chronic Diseases in Korea Han D. (Seoul/ROK)
04:15 p.m.	A qualitative study on the thoughts, beliefs and concepts towards infectious childhood diseases held by physicians practising homoeopathic, anthroposophic and conventional medicine Teut M. (Berlin/D)
04:30 p.m.	Predictors for adolescent visits to practitioners of complementary and alternative medicine in a total population using longitudinal data (the Young-HUNT studies) Steinsbekk A. (Trondheim/N)
04:45 p.m.	CAM-Research in Austria 2009 and steps towards a roadmap Sützl-Klein H. (Vienna/A)

Parallel Session

Topas 1

03:30 - 05:00 p.m.	Mental disorders Chair: Berghöfer A. (Berlin/D), Matthiesen P.F. (Witten/Herdecke/D)
03:30 p.m.	Complementary/Alternative treatments for Attention-deficit hyperactivity disorder (ADHD): A review of current literature Roberti di Sarsina1 P. (Bologna/I)
03:45 p.m.	The contextual adaptation of a mindfulness intervention - a qualitative study in a semi-rural district in Vietnam Niemi M. (Huddinge/S)
04:00 p.m.	TCM and Western Psychiatry: an integrative proposal Bosch P. (Nijmegen/NL)
04:15 p.m.	Development of the LEAP Project: an Online Spirituality Based Intervention for Adolescent Depression <i>Lecture cancelled</i> Moritz S. (Calgary/CDN)
04:30 p.m.	Evidences for an antidepressant effect of willow bark in the Porsolt swimming test Ulrich-Merzenich G. (Bonn/D)
04:45 p.m.	Evaluation of an ICD-10 derived symptoms score in an open study with a Hypericum extract in the treatment of depressive symptoms in outpatients Melzer J. (Zürich/CH)

Workshop

Opal 1

03:30 - 05:00 p.m.	Ayurveda II Ernährungskonzepte der Ayurveda-Medizin - Effektive Strategien für Prävention und Therapie
03:30 p.m.	Ayurveda-Diätetik - richtig Essen als Schlüssel für Gesundheit Keßler C. (Berlin/D)
04:00 p.m.	Ernährungstherapeutische Interventionen bei chronischen Erkrankungen Mahohar R. (Coimbatore/IND)
04:30 p.m.	Ayurvedische Ernährung in der Praxis: typgerecht, wohlschmeckend und alltagstauglich (mit Demonstration bzw. Kostproben) Bhalla A. (Wels/A)



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Workshop

Quarz

03:30 - 05:00 p.m.	ZAEN - Zentralverband der Ärzte für Naturheilverfahren und Regulationsmedizin e.V Atopie in der Neuraltherapie Chair: Doll B. (Hamburg/D)
03:30 p.m.	Einführung Doll B. (Hamburg/D)
03:45 p.m.	Atopie in der Neuraltherapie. Der neuroimmunologische Zugang. Barop H. (Hamburg/D)

Plenary session

Saphir

05:30 - 07:00 p.m.	Integrative Medizin in Primary Care - Congress Closing Chair: Fisher P. (London/GB)
05:30 p.m.	In-Hospital Care Frass M. (Wien/A)
05:55 p.m.	Out-Patient Care - the physicians perspective Joos S. (Heidelberg/D)
06:25 p.m.	Integrative Oncology for breast cancer-patients: Introduction of an expert-based model Dobos G. (Essen/D)
06:45 p.m.	Congress Closing Fisher P. (London/GB)



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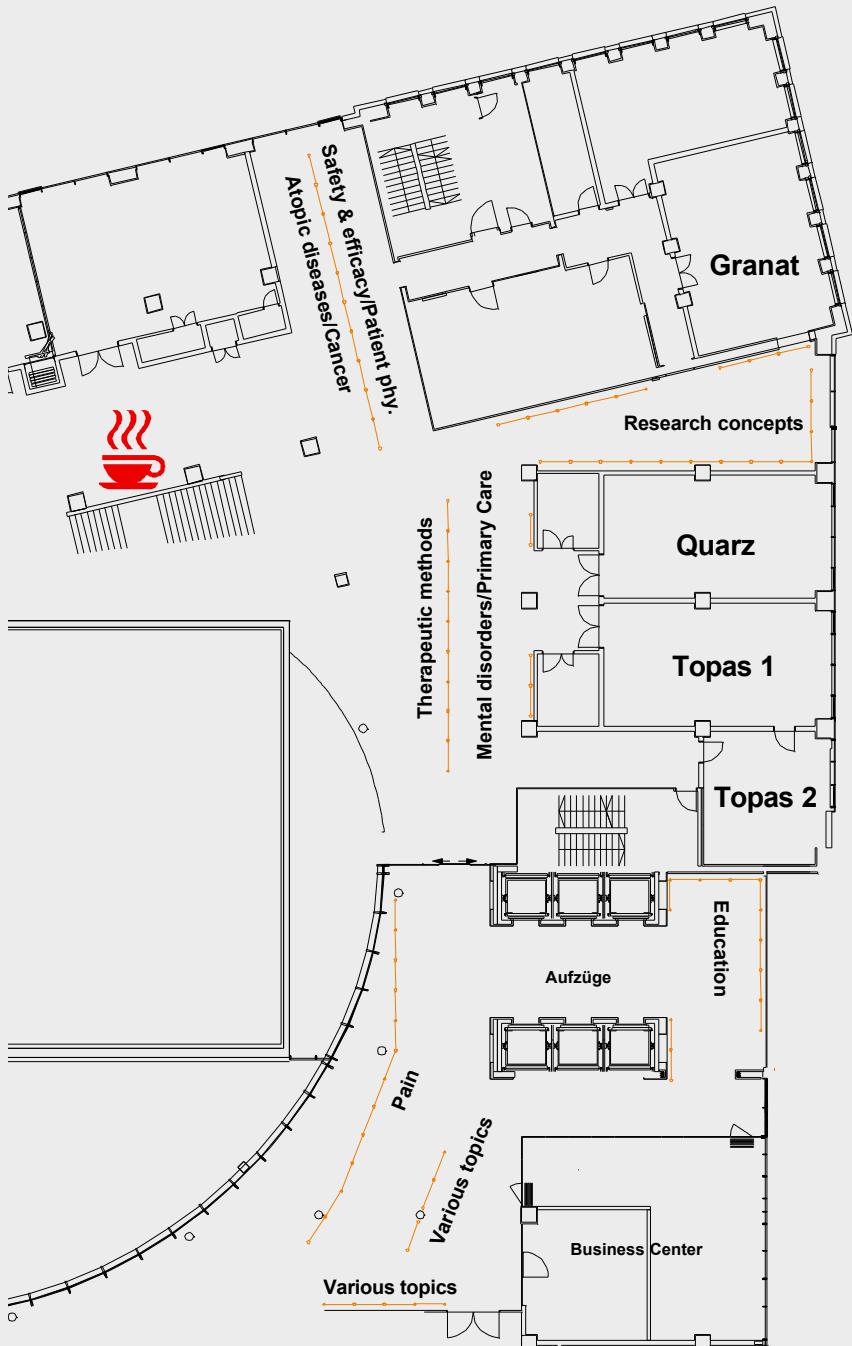


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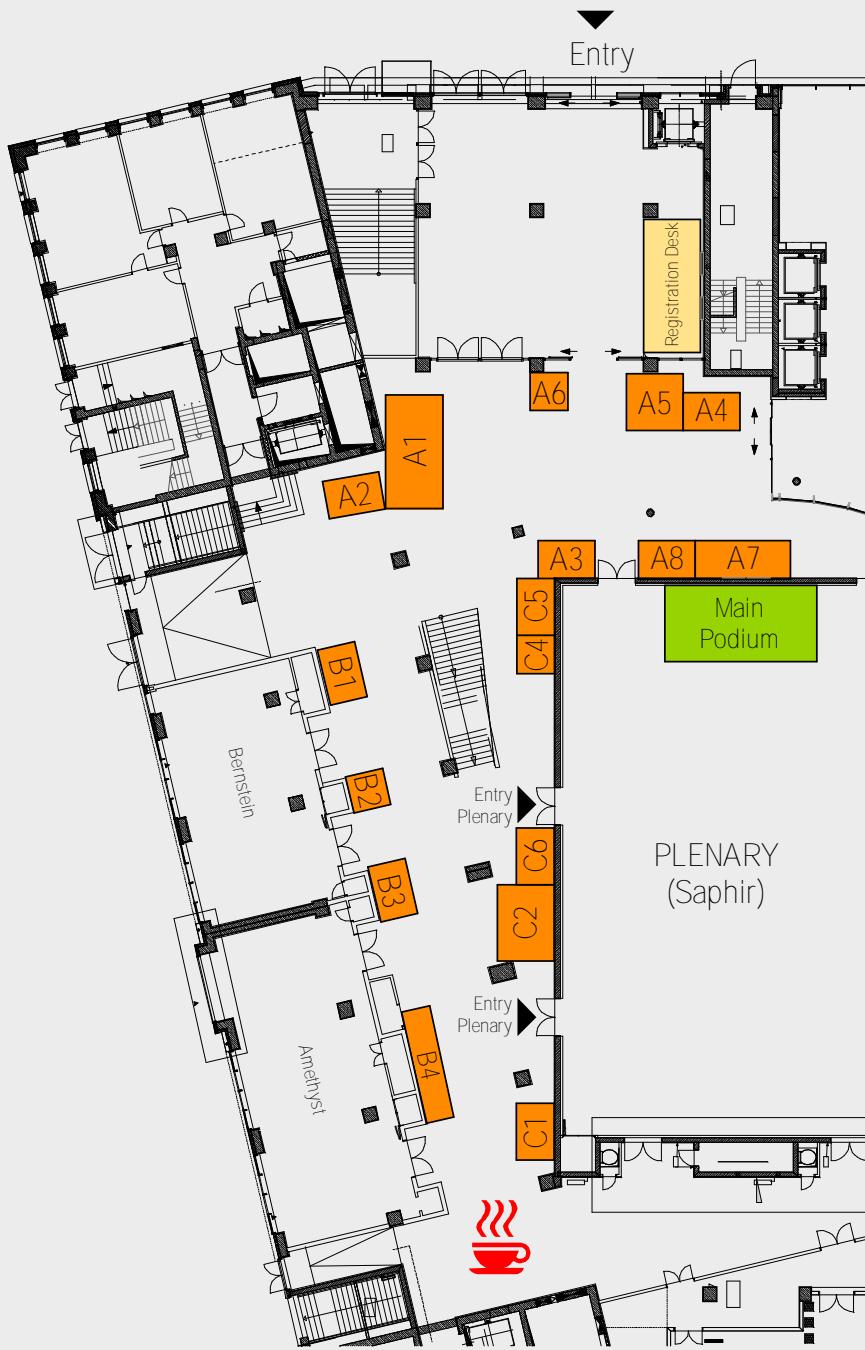


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■ Opening Hours Industrial Exhibition

Friday, December 3, 2010	8:30 a.m.-7:00 p.m.
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Sunday, December 5, 2010	8:30 a.m.-4:30 p.m.

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■ Notes
