

# 2<sup>nd</sup> European Congress for Integrative Medicine

together with the  
2<sup>nd</sup> German Congress for Integrative Medicine

„The Future of Comprehensive Patient Care“

November 20 – 21, 2009, Berlin

Open Information Day  
November 22, 2009, Berlin

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The congress has been  
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Chamber of Physicians  
by granting **3 points** for  
every half day.



European Congress  
for Integrative Medicine

# CO`MED – integrative Medizin mit Konzept

„Ob online oder in seinen Printmedien – der CO`MED Verlag sieht sich als Mittler zwischen so genannter Schulmedizin und Complementär-Medizin und tritt für das Konzept einer Integrativen Medizin ein. Denn erst die Verbindung beider Richtungen in Diagnose und Therapie kann das hochkomplexe System Mensch in seiner Individualität vollständig erfassen und passende Lösungen bieten.“

Manfred Maiworm

## Das Fachmagazin



CO`MED ist eines der führenden Fachmagazine für Complementär-Medizin. Thematisch verbindet es die traditionelle Natur- und Erfahrungsheilkunde mit den energetischen Regulationsverfahren, die von den Erkenntnissen der Biophysik geprägt sind. Da sich Medizin und Gesundheitswesen in einem tiefgreifenden Wandel befinden, will CO`MED einen Beitrag zur Bewusstseinsveränderung liefern und neue Orientierungspunkte zu geben.

## CO`MED ONLINE



Noch mehr Complementär-Medizin auf einen Klick. Seit 14 Jahren berichtet das CO`MED Fachmagazin monatlich über Trends und Traditionen im Bereich der Complementär-Medizin - ab März 2009 nun auch tagesaktuell auf der neuen Internet-Plattform [www.comed-online.de](http://www.comed-online.de). Informieren Sie sich hier parallel zum Fachmagazin zeitnah und umfassend – bleiben Sie auf dem Laufenden, und entdecken Sie schon heute, was die Complementär-Medizin von morgen zu leisten vermag.

## EDITION CO`MED



Die EDITION CO`MED ist programmatisch auf Spezialgebiete der Complementär-Medizin ausgerichtet und im Fachbuchbereich Veröffentlichungsplattform für ständige Autoren des CO`MED Fachmagazins. Jährlich wird das Programm um mehrere Neuerscheinungen erweitert, die im Wesentlichen Inhalte vertiefen, die in komprimierter Form als Fachartikel in CO`MED erscheinen.

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## Greeting



Dear colleagues and congress participants,

Welcome to the 2<sup>nd</sup> European Congress for Integrative Medicine that takes place together with the 2<sup>nd</sup> German Congress for Integrative Medicine under the motto "The future of comprehensive patient care". The congress offers an innovative platform for medical practitioners and healthcare professionals as well as scientists, health politicians and sponsors. In addition to international renowned experts in the field of Integrative Medicine, everybody is invited to participate in a lively exchange of ideas.

Integrative Medicine combines conventional Western medicine with complementary methods of treatment such as naturopathy, homoeopathy, and acupuncture. By crossing the ideological borders between these systems, Integrative Medicine has the potential to offer best possible medical care to each individual. Key topics of this year will be cancer, paediatrics, pain, cardiovascular disease, dermatology, gastroenterology and research methodology.

The first European Congress for Integrative Medicine in 2008 was a successful start with approx. 800 participants. Excellent speakers, scientists, and clinicians from 25 countries, high quality contributions and a fruitful networking of science and medical practice provided the basis for continuing the congress now and in the future.

The congress development has been accompanied by founding the European Journal of Integrative Medicine featuring excellent publications over the last year including the current abstract issue and by establishing the new European Society of Integrative Medicine. You are kindly invited to membership that will enhance the scientific and political impact of Integrative Medicine.

An "Open Information Day" held on November 22 will give all interested members of the general public an opportunity to meet and discuss with the medical experts.

We are very grateful to the cooperating scientific and clinical societies and to the work of abstract reviewers for developing an attractive congress program, and we would like to wish you successful, amicable, and inspiring days in Berlin.

Prof. Dr. Stefan N. Willich  
Congress Presidents

Prof. Dr. Martin Ingvar

## Cooperating Societies



Deutsche Gesellschaft für Kardiologie –  
Herz- und Kreislaufforschung e.V.



Deutsche Gesellschaft  
für Schmerztherapie e.V.



International Society for  
Complementary Medicine Research



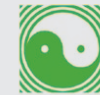
dialogforum  
pluralismus in der medizin

KARL UND VERONICA  
CARSTENS-STIFTUNG  
Fördergemeinschaft: NATUR UND MEDIZIN

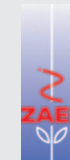


## Contributing Complementary Medicine Societies

Deutscher Zentralverein  
homöopathischer Ärzte



DÄGfA



Societas Medicinae Sinensis  
SMS  
Internationale Gesellschaft  
für Chinesische Medizin e.V.

## General Information

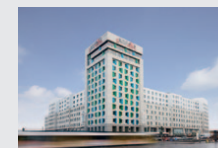
### Congress Presidents

Professor Dr. Stefan N. Willich MPH, MBA  
Institute for Social Medicine, Epidemiology and Health Economics  
Charité – University Medical Center  
Berlin, Germany

Professor Dr. Martin Ingvar  
Department of Clinical Neuroscience  
Karolinska Institutet  
Stockholm, Sweden

### Venue

andelf's Hotel Berlin  
Landsberger Allee 106 | D-10369 Berlin  
www.andelsberlin.com



### Official Languages

German, English

www.ecim-congress.org

www.ecim-congress.org

# General Information

## ■ Organisation

KONGRESS- UND KULTURMANAGEMENT GMBH  
... erfolgreiche Tagungen und Kongresse



P.O. Box 36 64 | D-99407 Weimar  
Phone: +49 3643 2468-0  
Fax: +49 3643 2468-31  
email: info@kukm.de  
URL: www.kukm.de

## ■ Project Management Sponsorship + Exhibition Service

Mr. Andreas Kluge  
Phone: +49 3643 2468-135  
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## ■ Participant Registration

Ms. Julia Hänse  
Phone: +49 3643 2468-137  
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email: registration@ecim-congress.org

## ■ Speakers and Abstractmanagement

Ms. Linda Schmidt  
Phone: +49 3643 2468-112  
Fax: +49 3643 2468-31  
email: abstract@ecim-congress.org

## ■ Information for Media Reception

Papers for the 2nd European Congress for Integrative Medicine 2009 will not be accepted unless presented in the form of a PowerPoint presentation. Equipment for projection and computers are available in every conference room. Please save your presentation either on a USB stick or on a CD-ROM, and bring it to the conference. Your presentation will be copied to the notebook computer in the conference room before the session starts, and it will be deleted after the event. We cannot give any guarantee for the successful playback of presentations which include embedded videos. In every case, please ask the assistant personnel in the conference room 15 minutes before the start of your session.

**Please note:** In order to avoid delay in the order of events, the use of personal note books is **not** allowed.

## ■ Internet Access

A free WLAN internet access will be available during the whole congress for you. You can obtain further information at the participant registration at any time.

# Information on Participant Registration

## ■ Participation Fees

Participation in the congress and the workshops is guaranteed upon written confirmation only.

	Late Registration Until November 12, 2009		Registration On Site	
	Permanent Ticket	Day Ticket	Permanent Ticket	Day Ticket
Physicians, Scientists	250 €	150 €	290 €	180 €
Nurses, Students*	60 €	40 €	90 €	70 €

\* Reduced fees apply only after supporting documentation has been received by KONGRESS- UND KULTURMANAGEMENT GMBH. This can be submitted via fax to +49 3643 2468-31, via mail to P.O. Box 36 64, 99407 Weimar, Germany or via email to registration@ecim-congress.org.

## ■ Continued Medical Education Credit Points

The Berlin Chamber of Physicians will certify participation in the European Congress for Integrative Medicine held together with the German Congress for Integrative Medicine by granting 3 points in category B for every half day. Please note the following guidelines to ensure that the correct number of further education points may be credited to you: Attendee lists prepared by the Berlin Chamber of Physicians will be available in the rooms used for the events for every half day. No electronic credit of the points may be granted unless you enter your data in one of the lists available for every half day. This means that you should enter your data in a total of four lists if you participate in the entire congress.

Please paste your barcode into the corresponding field, and sign next to it. If you have forgotten your barcode, please enter your EFN number in the barcode field. No further education points may be credited electronically if neither the barcode has been pasted into the list, nor an EFN number has been entered.

## ■ Information for Poster Authors

Accepted posters will be made available to the congress public in the poster exhibition during the entire event. In addition, a guided poster presentation will be held between 4:00 p.m. and 5:00 p.m. on November 20, 2009. Please be present next to your poster to give explanations and participate in discussions during this time. Please also observe the maximum poster dimensions: 90 cm wide × 120 cm high. A poster panel of its own will be provided for every poster, showing the poster number as indicated in the program in the upper left-hand corner. Material for fastening posters will be available in a sufficient quantity on site. No fastening material of your own is allowed. Please hang your poster when the congress starts, and remove it after the congress by the latest at 7:30 p.m. on November 21, 2009. Posters not removed will be kept by the room personnel until the end of the congress day, and will be disposed after that.

## ■ Certificate of Attendance

You receive your Certificate of Attendance at the participant registration when leaving the congress.

## ■ Contact

Ms. Julia Hänse  
Phone: +49 3643 2468-137  
Fax: +49 3643 2468-31  
email: registration@ecim-congress.org

## ■ Opening Hours Participant Registration

Friday, November 20, 2009 8:00 a.m. – 8:00 p.m.  
Saturday, November 21, 2009 8:00 a.m. – 7:30 p.m.

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Dr. Michael Teut, Charité – Universitätsmedizin Berlin (GER)  
Dr. Ursula Wolf, Universität Bern (CH)

## ZAEN-Symposium & ZAEN Workshops



in German language

Am Leitthema Chronische Magen-Darmerkrankungen sollen beispielhaft drei komplementär-medizinische Verfahren und die entsprechenden Kasuistiken vorgestellt werden.

### ■ Workshop 1 – ZAEN I

Chronische Magen-Darmerkrankungen und Neuraltherapie  
Neurologische Grundlagen sowie Praxis der Neuraltherapie  
bei Chronischen Magen-Darmerkrankungen  
Freitag, 20. November 2009 | 14:00 – 17:00 Uhr

Referenten:

- Einführung / Moderation  
*Dr. Barbara Doll (Gynäkologin, Hamburg)*
- Neuroanatomische Grundlagen  
*Prof. Dr. Jürgen Giebel (Anatomie, Greifswald)*
- Neuraltherapie bei Chronischen Magen-Darmerkrankungen  
*Dr. Hans Barop (Chirurg, Hamburg)*

### ■ Workshop 2 – ZAEN II

Chronische Magen-Darmerkrankungen und Mikrobiologische Therapie  
Samstag, 21. November 2009 | 10:30 – 12:00 Uhr

Referent:

- *Dr. Uwe Armbrrecht (Hannover)*

### ■ Workshop 3 – ZAEN III

Chronische Magen-Darmerkrankungen und Ernährungsmedizin  
Samstag, 21. November 2009 | 13:30 – 17:00 Uhr

Referentin:

- *Dr. Monika Pirlet-Gottwald (prakt. Ärztin, München)*



Simultaneous translation

### ■ ZAEN-Symposium

Complementary Sciences

Saturday, November 21, 2009 | 1:30 p.m. – 3:00 p.m.

Speakers:

- *Prof. Dr. Hans-Peter Dürr (Quantenphysiker, Philosoph, Nobelpreisträger und Träger des Alternativen Nobelpreises, Munich)*
- *Dr. Andreas Weber (Biologe, Wissenschaftsautor, Berlin)*
- *Dr. Barbara Doll (Gynäkologin, Philosophin, Mitglied im Vorstand des ZAEN, Hamburg)*

### ■ Participation Fees

Except for the ZAEN-Symposium the number of participants in the ZAE-events is limited. Separate registration is required for participation in ZAEN-events. The registration fee is € 89 for ZAEN I & III and € 45 for ZAEN II. The registration fee is € 200 for all three events and is due in addition to the regular congress participation fee of the ECIM-congress 2009. All of the ZAEN-events are held in German language.

Time	Saphir	Amethyst 2	Granat	Bernstein	Topas 1	Amethyst 1	Topas 2
9:00 a.m.	Deutsche Krebsgesellschaft e.V. Satellite Symposium	Satellite Symposium Paediatrics – Asthma and allergies in children and adolescents – an increasing problem?	Satellite Symposium Deutsche Gesellschaft für Kardiologie e.V. Lebensstilmodifikation	Satellite Symposium Deutsche Gesellschaft für Naturheilkunde e.V. + Kongress Bund e.V. Naturheilkunde	Satellite Symposium International Society for Complementary Medicine Research (ISCM) "Complementary or integrated? – Clarifying the concepts"	Student Symposium CAM in medical degree	Integrative Mental Health Care-network building
10:30 a.m.	Coffeebreak and Industry Exhibition						
11:00 a.m.	Lunchbreak and Industry Exhibition						
11:30 a.m.	Plenary Congress opening From Research to Integrative Care						
12:00 a.m.							
12:30 p.m.							
1:00 p.m.	Lunchbreak and Industry Exhibition						
1:30 p.m.							
2:00 p.m.	Parallel Session Cardiology	Parallel Session Paediatrics I	Parallel Session Concepts and Systems	Parallel Session Research Methodology	Workshop Case Conference Pain – Low Back Pain – Part 1	Workshop Fallkonferenz Integrative Medizin für Studierende, Lehrende und Interessierte Teil 1	Workshop ZAEEN I Chronische Magen-Darmerkrankungen und Neuraltherapie Teil 1
2:30 p.m.							
3:00 p.m.							
3:30 p.m.							
4:00 p.m.	Guided Poster Session				Workshop Case Conference Pain – Low Back Pain – Part 2	Workshop – Fallkonferenz Integrative Medizin für Studierende, Lehrende und Interessierte Teil 2	Workshop – ZAEEN I Chronische Magen-Darmerkrankungen und Neuraltherapie Teil 2
4:30 p.m.							
5:00 p.m.							
5:30 p.m.	Coffeebreak and Industry Exhibition						
6:00 p.m.							
6:30 p.m.	Plenary Centers for Integrative Medicine						
7:00 p.m.							
7:30 p.m.							
9:00 p.m.	Welcome Reception						

- Plenaries
- Theme Sessions
- Lunch Symposium
- Poster Sessions
- Satellite Symposium
- Industry Symposium
- Workshops
- Attendant Events

Time	Saphir	Amethyst 2	Granat	Bernstein	Topas 1	Amethyst 1	Topas 2	Diamant
8:30 a.m.								
9:00 a.m.	Plenary Research Methodology							
9:30 a.m.								
10:00 a.m.								
10:30 a.m.								
11:00 a.m.	Parallel Session Cancer	Parallel Session Paediatrics II	Parallel Session General topics	Parallel Session Pain I	Workshop NICHTRAUCHER-TRAINING als erfolgreiches und seriöses Igel-Angebot	ECIM für die Praxis: Welche Weiterbildung ist sinnvoll?	Workshop – ZAEEN II Chronische Magen-Darmerkrankungen und Mikrobiologische Therapie	Student Symposium Science for Students
11:30 a.m.								
12:00 a.m.								
12:30 p.m.	Biologische Heilmittel Heil GmbH Verigo – Benefits of a CAM oriented approach	Association for Medical Education Kompetenzen der Integrativen Medizin						
1:00 p.m.								
1:30 p.m.	Satellite Symposium ZAEEN Complementary Sciences	Satellite Symposium The European Chapter of the International Society for Complementary Medicine Research	INNOVED International AG Complementary therapeutic effects		Workshop Fallkonferenz – Krebsserkrankung Teil 1	ECIM für die Praxis: Serbische Igel in Prävention und in Naturheilverfahren: was ist bewährt? Was ist neu? Was will die BÄK?	Workshop – ZAEEN III Chronische Magen-Darmerkrankungen und Ernährungsmedizin Teil 1	Workshop Fallkonferenz – Pädiatrische Onkologie Teil 1
2:00 p.m.								
2:30 p.m.								
3:00 p.m.								
3:30 p.m.								
4:00 p.m.	Parallel Session Education	Parallel Session Dermatology / Allergy	Parallel Session Pain II	Parallel Session Utilisation and Outcome	Workshop Fallkonferenz – Krebsserkrankung Teil 2		Workshop – ZAEEN III Chronische Magen-Darmerkrankungen und Ernährungsmedizin Teil 2	Workshop Fallkonferenz – Pädiatrische Onkologie Teil 2
4:30 p.m.								
5:00 p.m.								
5:30 p.m.								
6:00 p.m.	Evidence Based Integrative Medicine – Congress Closing							
6:30 p.m.								
7:00 p.m.								
7:30 p.m.								

- Plenaries
- Theme Sessions
- Lunch Symposium
- Poster Sessions
- Satellite Symposium
- Industry Symposium
- Workshops
- Attendant Events



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## Program



Friday, November 20, 2009

### Satellite Symposium in German language Saphir


9:00 a.m. – 10:30 a.m.	Deutsche Krebsgesellschaft e.V. <b>Symposium</b> <i>Chair: Hübner, J. (Frankfurt/M./GER); Kleeberg, U. (Hamburg/GER)</i>
9:00 a.m.	Wechselbeziehungen in der wissenschaftlichen Bewertung alternativer Heilverfahren: Welches Studiendesign als Grundlage? <i>Porzolt, F. (Ulm/GER)</i>
9:20 a.m.	Wie sollten wir experimentelle Daten zu Interaktionen zwischen CAM und antitumoralen Medikamenten in Studien- und Therapieplanung berücksichtigen? <i>Hübner, J. (Frankfurt/M./GER)</i>
9:40 a.m.	Arzneimittel – Interaktionen: CAM und Endokrinologika <i>Fasching, P. (Erlangen/GER)</i>
10:00 a.m.	Relevanz asiatischer Heilpilze in der Onkologie <i>Büssing, A. (Witten-Herdecke/GER)</i>

### Satellite Symposium Amethyst 2

9:00 a.m. – 10:30 a.m.	<b>Paediatrics – Asthma and allergies in children and adolescents – an increasing problem?</b> <i>Chair: Längler, A. (Witten-Herdecke/GER); Vlieger, A. (Nieuwegein/NL)</i>
9:00 a.m.	Welcome <i>Längler, A. (Witten-Herdecke/GER)</i>
	<b>Introduction</b>
9:05 a.m.	1. Are asthma and allergies in children and adolescents increasing? 2. Epidemiology and current concepts in asthma and allergy treatment <i>Lau, S. (Berlin/D)</i>
	<b>Integrative concepts in asthma and allergy treatment in children</b>
9:25 a.m.	Homeopathic treatment concepts <i>Potyka-Martens, R. (Berlin/GER)</i>
9:40 a.m.	Anthroposophic medicine – Lifestyle, prevention and treatment <i>Ulrich, B. (Saarbrücken/GER)</i>
9:55 a.m.	Traditional Chinese medicine – Lifestyle, prevention and treatment <i>Stockert, K. (Vienna/A)</i>
10:10 a.m.	Plenum Discussion

  Simultaneous translation

 German only

 English only

[www.ecim-congress.org](http://www.ecim-congress.org)

### Satellite Symposium in German language Bernstein

9:00 a.m. – 10:30 a.m.	Deutsche Gesellschaft für Naturheilkunde e.V. + Kneipp Bund e.V. <b>Naturheilkunde</b> <i>Chair: Dobos, G. (Essen/GER); Kraft, K. (Rostock/GER)</i>
9:00 a.m.	Zur Repräsentation der Naturheilkunde in Deutschen Behandlungsleitlinien – Eine Bestandsaufnahme <i>Kraft, K. (Rostock/GER)</i>
9:15 a.m.	Klinische Studien zur Schröpftherapie – Eine Übersicht <i>Stange, R. (Berlin/GER)</i>
9:30 a.m.	Phytobalneoherapie mit Flos Graminis vs. Hydrotherapie: Ergebnisse einer Cross-over Studie <i>Brinkhaus, B. (Berlin/GER)</i>
9:45 a.m.	Phytotherapie bei Chronisch entzündlichen Darmerkrankungen <i>Langhorst, J. (Essen/GER)</i>
10:00 a.m.	Mitgliederversammlung DGNHK

### Satellite Symposium in German language Granat

9:00 a.m. – 10:30 a.m.	Deutsche Gesellschaft für Kardiologie e.V. <b>Lebensstilmodifikation</b>
9:00 a.m.	Ernährung, Herzinfarkt und Schlaganfall <i>Gohlke, H. (Bad Krozingen/GER)</i>
9:30 a.m.	Nutzen und Risiken der körperlichen Aktivität <i>Völler, H. (Berlin/GER)</i>
10:00 a.m.	Stress, Depression und kardiovaskuläres Risiko <i>Ladwig, K.-H. (Munich/GER)</i>

### Satellite Symposium Topas 1

9:00 a.m. – 10:30 a.m.	International Society for Complementary Medicine Research (ISCMR) <b>„Complementary or integrated? – Clarifying the concepts“</b> <i>Chair: Walach, H. (Northampton/GB); Melchart, D. (Munich/GER); Witt, C. (Berlin/GER); Güthlin, C. (Frankfurt/M./GER)</i>
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This symposium is a round table discussion to clarify the meanings of the notions Integrative Medicine versus Complementary and Alternative Medicine. There has been a long tradition of terminology in the field of unconventional medicine. A previous terminology, around in the late eighties, has brought forward the term “unconventional medical disciplines”. The discussions within the National Centre for Complementary and Alternative Medicine in the NIH have favoured the term “Complementary and Alternative Medicine” (CAM), which has been accepted widely. Meanwhile the term “Integrative Medicine” has been used with a comparatively loose definition. ISCMR Europe is sponsoring this workshop in order to clarify the notions around these different headings. To that effect, editors of the journal *Forschende Komplementärmedizin/Research in Complementary Medicine* will give topical statements regarding the definitional issues and will engage the audience and each other in discussion of these terms. The targeted outcome will be a series of, hopefully, clarifying discourses around the notion of Integrative Medicine versus Complementary Medicine.

### Satellite Symposium Amethyst 1

9:00 a.m. – 10:30 a.m.	<b>CAM in medical degree</b> <i>Chair: Stock-Schröer, B. (Essen/GER)</i>
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Student groups from several European countries present their initiatives. The meetings of these groups are initiated by students who want to learn more about complementary therapies during their studies. This symposium will bring together the representatives of the different active groups in Europe to present their activities. Furthermore they will have the opportunity to discuss with three teachers from different countries.


Two representatives of each of the following initiatives are invited:

1. Deutsches Wilseder StudentInnenforum Homöopathie
2. MIKAM (Medical student's Interestgroup for CAM) from Denmark and Sweden
3. GRANULLA from the Netherlands
4. SIH Studentinneninitiative Homöopathie from Austria



Furthermore initial statements by the following teachers are planned :


1. Prof. Dr. Eckhart G. Hahn,  
Head of the GMA (Gesellschaft für medizinische Ausbildung), Germany
2. Prof. Dr. Aviad Haramati  
Director of Education  
Physiology & Biophysics and Medicine – Georgetown University School of Medicine, USA
3. Prof. Dr. Nicola Robinson  
Head of the Centre for Complementary Healthcare and Integrated Medicine – CCHIM, Faculty of Health & Human Sciences  
Thames Valley University, UK




 <b>Topas 2</b>	
<b>9:00 a.m. – 10:30 a.m.</b>	<b>Integrative mental health care-network building</b> <i>Chair: Hoenders, R. (Groningen/NL)</i>
	The idea to organise this meeting was conceived during the Consortium conference in Minneapolis 2009, during which we also organised a strategic meeting on integrative mental health care. More than 35 participants discussed the need to start an international network on integrative mental health care. The meeting was a success and all agreed on the need to start such a network.
	The upcoming conference in Berlin provides the perfect opportunity to see if we can start an European network too.
	If there is a common ground and shared interest in this plan, we could continue this meeting during the 4th conference of integrated Psychiatry in Groningen, the Netherlands, on the 10th of March 2010.


  <b>Saphir</b>	
<b>11:00 a.m. – 1:00 p.m.</b>	<b>Congress opening</b> <b>From research to integrative care</b>
11:00 a.m.	Welcome address Senate Department for Health Care, Environment and Consumer Protection <i>Hoff, B. I. (Berlin/GER)</i>
11:10 a.m.	Congress opening <i>Willich, S. N. (Berlin/GER)</i>
11:20 a.m.	The WHO perspective on Integrative Medicine <i>Zhang, X. (Geneva/CH)</i>
11:40 a.m.	Educational Initiatives in Integrative Medicine: The Imperative for Change <i>Haramati, A. (Georgetown/USA)</i>

  <b>Saphir</b>	
<b>2:00 p.m. – 3:30 p.m.</b>	<b>Cardiology</b> <i>Chair: Gohlke, H. (Bad Krozingen/GER); Fønnebø, V. (Tromsø/NO)</i>
2:00 p.m.	Prescribing love for the heart? Stress reduction and medical effects of altruism, compassion and love <i>Esch, T. (Coburg/GER)</i>
2:15 p.m.	A controlled-feeding feasibility study of the anti-inflammatory diet in insulin-resistant subjects <i>Nedrow, A. (Portland/USA)</i>
2:30 p.m.	Hemodynamics of the radial artery, the site of traditional pulse diagnosis <i>Watanabe, M. (Sendai/J)</i>
2:45 p.m.	Complementary therapeutic effects of definite alternating electromagnetic fields upon local regulating mechanism of microcirculation <i>Klopp, R. (Berlin/GER)</i>
3:00 p.m.	Effect of acupuncture on cardiac output <i>Seki, T. (Sendai/J)</i>
3:15 p.m.	Phlebotomy (bloodletting) in patients with metabolic syndrome: A randomized controlled trial <i>Houschyar, K. (Berlin/GER)</i>

 <b>Amethyst 2</b>	
<b>2:00 p.m. – 3:30 p.m.</b>	<b>Paediatrics I</b> <i>Chair: Keil, T. (Berlin/GER); Längler, A. (Witten-Herdecke/GER)</i>
2:00 p.m.	The role of thyme in the treatment of pyoderma in newborn infants: A retrospective analysis <i>Thiel, M. (Witten-Herdecke/GER)</i>
2:15 p.m.	Use of different medicinal systems of complementary and alternative medicine: A cross-sectional survey at a paediatric emergency department <i>Simões-Wüst, A. (Richterswil/CH)</i>
2:30 p.m.	Unintended, accidental intakes of remedies from complementary and alternative medicine in children – Data analysis of Swiss Toxicological Information Centre <i>Zuzak, T. (Essen/GER)</i>
2:45 p.m.	The treatment of children with anthroposophic medicine in daily primary care – Results of a network study <i>Jeschke, E. (Berlin/GER)</i>
3:00 p.m.	Safety of anthroposophic supportive treatment in children with medulloblastoma receiving first-line therapy <i>Seifert, G. (Berlin/GER)</i>
3:15 p.m.	Perceived risks and benefits of the use of honey for infants <i>Robinson, N. (London/GB)</i>

Parallel Session 		Bernstein
2:00 p.m. –	<b>Research methology</b>	
3:30 p.m.	<i>Chair: Güthlin, C. (Frankfurt/M./GER); Paterson, C. (Plymouth/GB)</i>	
2:00 p.m.	Improvements in sleep as an indicator of general health and wellbeing following Autogenic Training <i>Robinson, N. (London/GB)</i>	
2:15 p.m.	Acupuncture for osteoarthritis: A qualitative analysis to interpret the results of a randomised controlled trial <i>Bishop, F. (Southampton/GB)</i>	
2:30 p.m.	Professional development in complementary medicine/homeopathy <i>Werwick, K. (Magdeburg/GER)</i>	
2:45 p.m.	Fixed herbal drug combination with and without butterbur (Ze 185) for the treatment of patients with somatoform disorders: Randomized, placebo-controlled pharmaco-clinical trial <i>Melzer, J. (Zurich/CH)</i>	
3:00 p.m.	Fundamental research models on high dilution homeopathy - A project on the state of repetition <i>Thieves, K. (Graz/A)</i>	
3:15 p.m.	Integration of CAM in medical guidelines <i>Langhorst, J. (Essen/GER)</i>	

Parallel Session 		Granat
2:00 p.m. –	<b>Concepts and systems</b>	
3:30 p.m.	<i>Chair: Walach, H. (Northampton/GB); Matthiesen, P. (Witten-Herdecke/GER)</i>	
2:00 p.m.	The homeopath's personality profile <i>Rise, M. (Trondheim/NO)</i>	
2:15 p.m.	Integrative medicine and whole systems approaches: From heterogeneous practice to comprehensive scientific concepts <i>Mergelsberg, J. (Witten-Herdecke/D)</i>	
2:30 p.m.	Western and alternative medicine: A comparison of paradigms and methods <i>Hoenders, R. (Groningen/NL)</i>	
2:45 p.m.	Salutogenesis as a possible link between conventional medicine and complementary methods <i>Mergelsberg, J. (Witten-Herdecke/GER)</i>	
3:00 p.m.	Trust in God's help as a measure of intrinsic religiosity and its association with depression and life satisfaction in patients with depressive disorders and addictions <i>Büssing, A. (Witten-Herdecke/GER)</i>	
3:15 p.m.	Health and economic profit with equitable licencing <i>Tinnemann, P. (Berlin/GER)</i>	

Workshop 		Topas 1
2:00 p.m.–	<b>Case conference pain – Low back pain – Part 1</b>	
3:20 p.m.	<i>Chair: Irnich, D. (Munich/GER); Brinkhaus, B. (Berlin/GER)</i>	
2:00 p.m.	Introduction – concept and aim of the case conference <i>Brinkhaus, B. (Berlin/GER)</i>	
2:10 p.m.	Patient with Low Back Pain Case history <i>Irnich, D. (Munich/GER)</i>	
<b>Treatment options – Integrative Medicine</b>		
2:30 p.m. –	Aspect conventional medicine <i>Rehberg-Klug, B. (Berlin/GER)</i>	
3:20 p.m.	Aspect naturopathy <i>Michalsen, A. (Berlin/GER)</i>	
	Aspect homeopathy <i>Lewith, G. (Southampton/GB)</i>	
	Aspect anthroposophic medicine <i>Heusser, P. (Witten-Herdecke/D)</i>	
	Aspect acupuncture <i>Cummings, M. (London/GB)</i>	

**Workshop**  in German language **Amethyst 1**

2:00 p.m.– **Fallkonferenz Integrative Medizin für Studierende, Lehrende und Interessierte Teil 1**  
 3:30 p.m. *Chair: Edelhäuser, F. (Witten-Herdecke/GER);  
 Escher, M. (Witten-Herdecke/GER);  
 Scheffer, C. (Witten-Herdecke/GER);  
 Tauschel, D. (Witten-Herdecke/GER)*

**Experten**

Homöopathie  
*Elies, M.K.H. (Laubach/GER)*

TCM  
*Mietzner, A. (Berlin/GER)*

Anthroposophische Medizin  
*Matthes, H. (Berlin/GER)*


Konventionelle Medizin  
*Büning, C. (Berlin/GER)*

**Workshop**  in German language **Topas 2**

2:00 p.m.– **ZAEN I**  
 3:30 p.m. **Chronische Magen-Darmerkrankungen und Neuraltherapie Teil 1**  
*Chair: Doll, B. (Hamburg/GER)*

2:00 p.m. Einführung  
*Doll, B. (Hamburg/GER)*

2:30 p.m. Neuroanatomische Grundlagen  
*Giebel, J. (Greifswald/GER)*

**Guided Poster Session**  **Poster Exhibition**

4:00 p.m.– **Cancer**  
 5:00 p.m. *Chair: Rostock, M. (Zurich/CH)*

PO001 Strengthening self healing – Integrative approaches to cancer therapy with mind/body medicine  
*Paul, A. (Essen/GER)*

PO002 Life quality and subjective feeling with additional homeopathic treatment in cancer patients  
*Frass, M. (Vienna/A)*

PO003 Prostate Cancer and its treatment with ISCUCIN® POPULI – Introduction and case reports (Der Merkurstab – Heft 3 – 2009 – pages 255 to 261)  
*Kempenich, R. (Strasbourg/F)*

PO004 CHOICE, an international, observational study to examine current practice use of darbepoetin alfa in the management of chemotherapy-induced anaemia  
*Van Belle, S. (Ghent/NL)*

PO005 Impact of mistletoe therapy on the quality-of-life of cancer patients  
*Brandenberger, M. (Richterswil/CH)*

PO006 Traditional European Medicine – After all, is Hildegard von Bingen really right?  
*Micke, O. (Bielefeld/GER)*


PO007 Durable tumour responses following primary high dose induction with mistletoe extracts: Two case reports  
*Orange, M. (Stourbridge/GB)*


PO008 A preliminary study on the efficacy of medical plants from Sundarbans used against all forms of cancer  
*Mollik, A.H. (Dhaka/BD)*

PO009 Mistletoe therapy as a therapeutic option in a child with lymphomatoid papulosis/CD 30-positive cutaneous lymphoproliferative papulosis  
*Kameda, G. (Witten-Herdecke/GER)*


PO010 Portuguese physician and pharmacist attitudes towards the use of herbal complementary and alternative medicines in oncology  
*Mendes, E. (Aveiro/P)*


PO011 Complementary treatment with plant food constituents – Powerful or harmful?  
*Hübner, J. (Frankfurt/M./GER)*


Guided Poster Session 		Poster Exhibition
4:00 p.m.– 5:00 p.m.	<b>Cardiovascular diseases</b> <i>Chair: Müller-Riemenschneider, F. (Berlin/GER)</i>	
PO012	Integrated treatment of cardiovascular common pathologies with conventional pharmacological therapy integrated with a typical remedy of anthroposophic medicine, Cardiodoron (Onopordon / Primula comp) <i>Mariani, E. (Milano/I)</i>	
PO013	Systematic review of women's knowledge of warning signals and risk factors of stroke <i>Stroebele, N. (Berlin/GER)</i>	
PO014	Effectiveness and tolerability of the homeopathic treatment Vertigoheel for the treatment of vertigo in hypertensive subjects in general clinical practice <i>Seeger-Schellerhoff, E. (Porta Westfalica/GER)</i>	
PO015	Medicinal plants from Sundarbans used for the prevention of cardiovascular diseases: A pragmatic randomized ethnobotanical survey in Khulna division of Bangladesh <i>Mollik, A.H. (Dhaka/BD)</i>	
PO016	Primary prevention of stroke in women: A course concept and its feasibility <i>Buerger, C. (Berlin/GER)</i>	
PO017	A comparison of intima-media thickness of common carotid artery in diabetic and non-diabetic patients who refer to the Radiology Department of Poursina Hospital in Rasht City in 2008 <i>Banijamali, M. (Tehran/IR)</i>	

Guided Poster Session 		Poster Exhibition
4:00 p.m.– 5:00 p.m.	<b>Gastroenterology</b> <i>Chair: Musial, F. (Essen/GER)</i>	
PO018	Role of Homoeopathy in the treatment of cases of heartburn with the help of different repertory and Materia Medica Pura <i>Jani, M. (Mississauga/USA)</i>	
PO019	Changes of blood flow volume in the superior mesenteric artery and brachial artery with abdominal thermal stimulation <i>Takayama, S. (Sendai/J)</i>	

Guided Poster Session 		Poster Exhibition
4:00 p.m.– 5:00 p.m.	<b>Paediatrics</b> <i>Chair: Müller-Riemenschneider, F. (Berlin/GER)</i>	
PO020	Bioresonance therapy with children suffering from allergies – An overview about clinical reports <i>Galle, M. (Idar-Oberstein/GER)</i>	
PO021	Homeopathic therapy in paediatrics: An observational study from 1998 to 2008 <i>Rossi, E. (Lucca/I)</i>	
PO022	Phytotherapy in neonatology: A systematic literature review <i>Thiel, M. (Witten-Herdecke/GER)</i>	
PO023	Effectiveness and tolerability of Euphorbium comp. SN for the symptomatic treatment of rhinitis in children aged 2–6 years <i>Urlea-Schön, I. (Siegen/GER)</i>	

Guided Poster Session 		Poster Exhibition
4:00 p.m.– 5:00 p.m.	<b>Pain</b> <i>Chair: Musial, F. (Essen/GER)</i>	
PO024	Impact of yoga on chronic pain – A review <i>Büssing, A. (Witten-Herdecke/GER)</i>	
PO025	Chronic pain in Ayurveda Medicine and Neuroscience – An Integrative medical approach <i>Fischer, F. (Cologne/GER)</i>	
PO026	Pain, stress and relaxation: Involvement of basic biological principles and healthy autoregulation <i>Esch, T. (Coburg/GER)</i>	
PO027	How do patients choose acupuncturists? A mixed methods project. <i>Bishop, F. (Southampton/GB)</i>	
PO028	Application and subjective benefit of Crataegus extracts in patients with incipient heart failure with regard to performance and quality of life – A qualitative study <i>Guendling, P. (Idstein/GER)</i>	
PO030	Anthroposophical injectable Arnica montana extract in acute low back pain: A prospective study <i>Mariani, E. (Milano/I)</i>	
PO031	Sensation and perception of pain according to the theory of constitution in Tibetan Medicine <i>Maric, S. (Bad Homburg/GER)</i>	
PO032	Quantitative sensory testing as a neurobiological tool for measuring 'specific' effects of naturopathic reflex therapies in chronic pain <i>Musial, F. (Essen/GER)</i>	


Guided Poster Session 	Poster Exhibition
4:00 p.m.–	<b>Research methodology</b>
5:00 p.m.	<i>Chair: GÜthlin, C. (Frankfurt/M./GER); Weidenhammer, W. (Munich/GER)</i>
P0033	The scientific validation of Unani Eye drop on conjunctivitis <i>Latif, A. (Aligarh/IND)</i>
P0034	Therapeutic effects of mud packs on joint ailment and quality of life from patients with gonarthrosis – A controlled clinical study <i>Guendling, P. (Idstein/GER)</i>
P0035	Teaching homeopathy as part of the integrative curriculum in medical school <i>Werwick, K. (Magdeburg/GER)</i>
P0036	Teaching TCIM as part of the integrative curriculum in medical school <i>Werwick, K. (Magdeburg/GER)</i>
P0037	Treatment of pollen allergy with Multi-Integrative Kinesiology Activity (MIKA) and voice frequency analysis (VFA) as controlling method – controlled trial practice with 26 patients <i>Boot, B. (Graz/A)</i>
P0038	Treatment of pollen allergy with high potency homeopathy C 50,000 (HP50) and voice frequency analysis (VFA) as controlling method – Controlled trial practice with 15 patients <i>Hummel, A. (Graz/A)</i>
P0040	Peoples integrated alliance: supplementing Bangladeshi traditional medical practice with western technologies <i>Mollik, A.H. (Dhaka/BD)</i>
P0041	Inter-rater reliability in homoeopathic repertorisation and remedy selection <i>Lothaller, H. (Graz/A)</i>
P0042	Proposal for a comparison of relative differences in fundamental botanical homoeopathy research <i>Endler, P. (Graz/A)</i>
P0043	Biophoton emission in high potency research on wheat seeds models <i>Peters, G. (Graz/A)</i>
P0044	Structure of S-3 medical guidelines – Implications for CAM researchers <i>Klose, P. (Essen/GER)</i>
P0045	Classifying the questionnaire on self-reported autonomic regulation (aR) <i>Reif, M. (Berlin/GER)</i>
P0046	Integrative Medicine – Answer for burn out patients <i>Kramer, C. (Bad Elster/GER)</i>



Guided Poster Session 	Poster Exhibition
4:00 p.m.–	<b>Various topics</b>
5:00 p.m.	<i>Chair: Ortiz, M. (Berlin/GER); Keil, T. (Berlin/GER)</i>
P0047	Immune messengers in Neuralgia Inducing Cavitational Osteonecrosis (NICO) and systemic disease <i>Lechner, J. (Munich/GER)</i>
P0048	Hospital-to-home® – mobility supported postoperative care management for surgical wards <i>Harms, J. (Markkleeberg/GER)</i>
P0049	Stiff-Man-Syndrome: Association of an autoimmune-encephalomyelitis with endocrinopathies und organ-specific antibodies <i>Keilbar, N. (Heidelberg/GER)</i>
P0050	Strategies for increasing spontaneous Adverse Drug Reaction reporting rates among Portuguese pharmacists <i>Ribeiro Vaz, I. (Porto/P)</i>
P0051	Effectiveness and tolerability of Lymphomyosot N solution for injection in treating oedemas and swellings of thrombotic or inflammatory aetiology in general clinical practice <i>Moyseyenko, V. (Kyiv/UA)</i>
P0052	Attitudes towards remedies of Complementary Medicine of pharmacy customers and pharmacists <i>Ostermann, T. (Witten-Herdecke/GER)</i>
P0053	A systematic review of remedies and indications of the use of homeopathic <i>Hypericum perforatum</i> (St. John's Wort) in dental practice <i>Ostermann, T. (Witten-Herdecke/GER)</i>
P0054	Influence of Traumeel on cultured chondrocytes and recombinant human matrix metalloproteinases: Implications for chronic joint diseases <i>Seilheimer, B. (Baden-Baden/GER)</i>
P0055	Speech therapy changes blood circulation and oxygenation in the brain and muscle <i>Wolf, M. (Zurich/CH)</i>
P0056	Treatment of severe insulin-resistance with a two-day oat-diet in clinical routine <i>Zerm, R. (Berlin/GER)</i>
P0057	The Dutch complementary and alternative medicine (CAM) protocol <i>Hoenders, R. (Groningen/NL)</i>
P0059	Case conference on integrative medicine – Results of an experiment and future perspectives of a new interdisciplinary approach <i>Brinkhaus, B. (Berlin/GER)</i>
P0060	Water drinking cure for alleviating menopausal complaints – A randomised controlled trial <i>Ortiz, M. (Berlin/GER)</i>
P0061	A gait analysis pilot study of back pain patients before and after a multi-modal pain therapy <i>Saha, F. (Essen/GER)</i>


PO062	Impact of eurythmy therapy on stress coping strategies and health related quality of life <i>Kanitz, J. (Berlin/GER)</i>
PO063	Water temperature affects heart rate and core body temperature during whole body immersion <i>Göbel, S. (Witten-Herdecke/GER)</i>
PO064	Health-related quality of life in patients with musculoskeletal complaints in a general acupuncture practice: An observational study <i>van den Berg, I. (Berkel en Rodenrijs/NL)</i>
PO065	Cost- Effectiveness of Breech Version by Acumoxa for women with a breech fetus at 33 weeks gestation: A modelling approach <i>van den Berg, I. (Berkel en Rodenrijs/NL)</i>
PO066	Dissimilarities in reception and development of TCM in Germany and the USA <i>Tao, I. (Essen/GER)</i>
PO067	Antiviral activity of a composition of <i>Gentiana lutea</i> L., <i>Primula veris</i> L., <i>Sambucus nigra</i> L., <i>Rumex spec.</i> and <i>Verbena officinalis</i> L. (Sinupret®) against viruses causing respiratory infections <i>Glatthaar, B. (Vienna/A)</i>
PO068	<i>Health training – A health coaching developments with integrative medicine</i> <i>Doering, T. (Bad Elster/GER)</i>
PO069	Uncontrolled therapeutic observations in complementary medicine – What is the benefit? <i>Türp, J. (Basel/CH)</i>
PO070	The NADA- Protokoll- standardised groupacupunture for improvement of mental state in patients with different psychiatric diseases <i>Röbe, A. (St. Gallen/CH)</i>



<b>Workshop</b> 		<b>Topas 1</b>
3:40 p.m.–	<b>Case conference pain – Low back pain – Part 2</b>	
5:00 p.m.	<i>Chair: Irnich, D. (Munich/GER); Brinkhaus, B. (Berlin/GER)</i>	
3:40 p.m.	<b>Dialogue options</b>	
	Conventional Medicine <i>Rehberg-Klug, B. (Berlin/GER)</i>	
	Naturopathy <i>Michalsen, A. (Berlin/GER)</i>	
	Homeopathy <i>Lewith, G. (Southampton/GB)</i>	
	Anthroposophic Medicine <i>Heusser, P. (Witten-Herdecke/GER)</i>	
	Acupuncture <i>Cummings, M. (London/GB)</i>	
4:30 p.m.	Discussion with the Auditorium	
4:55 p.m.	Closing remarks <i>Irnich, D. (Munich/GER)</i>	


<b>Workshop</b>  in German language		<b>Amethyst 1</b>
4:00 p.m.–	<b>Fallkonferenz Integrative Medizin für Studierende, Lehrende und Interessierte Teil 2</b>	
5:00 p.m.	<i>Chair: Edelhäuser, F. (Witten-Herdecke/GER); Escher, M. (Witten-Herdecke/GER); Scheffer, C. (Witten-Herdecke/GER); Tauschel, D. (Witten-Herdecke/GER)</i>	
	<b>Experten</b>	
	Homöopathie <i>Elies, M.K.H. (Laubach/GER)</i>	
	TCM <i>Mietzner, A. (Berlin/GER)</i>	
	Anthroposophische Medizin <i>Matthes, H. (Berlin/GER)</i>	
	Konventionelle Medizin <i>Büning, C. (Berlin/GER)</i>	


<b>Workshop</b>  in German language	<b>Topas 2</b>
4:00 p.m.–	ZAEN I
5:00 p.m.	<b>Chronische Magen-Darmerkrankungen und Neuraltherapie Teil 2</b> <i>Chair: Doll, B. (Hamburg/GER)</i>
4:00 p.m.	Neuraltherapie bei Chronischen Magen-Darmerkrankungen <i>Barop, H. (Hamburg/GER)</i>


<b>Plenary</b>  	<b>Saphir</b>
5:30 p.m. –	<b>Centers for Integrative Medicine</b> <i>Chair: Lewith, G. (Southampton/GB)</i>
7:30 p.m.	The Osher Center for Integrative Medicine at the Karolinska Institutet <i>Ingvar, M. (Stockholm/S)</i>
5:30 p.m.	The children's clinic for Integrative Medicine in Amsterdam <i>von Rosenstiel, I. (Amsterdam/NL)</i>
5:45 p.m.	The children's clinic for Integrative Medicine in Amsterdam <i>von Rosenstiel, I. (Amsterdam/NL)</i>
6:00 p.m.	The clinic for Integrative Medicine in Essen <i>Dobos, G. (Essen/GER)</i>
6:15 p.m.	The London Royal Homeopathic Hospital <i>Fisher, P. (London/GB)</i>
6:30 p.m.	Round table discussion


<b>Plenary</b>  	<b>Saphir</b>
8:30 a.m. –	<b>Research Methodology</b> <i>Chair: Ingvar, M. (Stockholm/S)</i>
10:00 a.m.	Systematic reviews – benefits and pitfalls <i>Linde, K. (Munich/GER)</i>
8:30 a.m.	Systematic reviews – benefits and pitfalls <i>Linde, K. (Munich/GER)</i>
8:50 a.m.	Complex treatments – a challenge for clinical research <i>Witt, C. (Berlin/GER)</i>
9:10 a.m.	What can we learn from qualitative research <i>Paterson, C. (Plymouth/GB)</i>
9:30 a.m.	Mechanisms <i>Langevin, H. (Vermont/USA)</i>


<b>Parallel Session</b>  	<b>Saphir</b>
10:30 a.m. –	<b>Cancer</b> <i>Chair: Hübner, J. (Frankfurt/M./GER); Horneber, M. (Nuremberg/GER)</i>
12:00 a.m.	Quality-of-life-related dimensions in cancer patients treated with mistletoe extract (Iscador): A systematic literature review <i>Büssing, A. (Witten-Herdecke/GER)</i>
10:30 a.m.	Quality-of-life-related dimensions in cancer patients treated with mistletoe extract (Iscador): A systematic literature review <i>Büssing, A. (Witten-Herdecke/GER)</i>
10:45 a.m.	Complementary and alternative medicine in lung cancer patients <i>Micke, O. (Bielefeld/GER)</i>
11:00 a.m.	The influence of self and autonomic regulation on cancer-related fatigue and distress in breast and colorectal cancer patients – A prospective study <i>Kröz, M. (Berlin/GER)</i>
11:15 a.m.	Use and comprehension of complementary and alternative medicine in breast cancer patients: Results from cognitive interviews <i>Tautz, E. (Freiburg/GER)</i>
11:30 a.m.	Safety and immunological effects of Iscucin® Populi and Viscum Mali - A placebo controlled study <i>Huber, R. (Freiburg/GER)</i>
11:45 a.m.	An integrative approach of cancer treatment with mistletoe therapy, surgery, irradiation and chemotherapy in CAM settings <i>Schad, F. (Berlin/GER)</i>


Parallel Session 		Amethyst 2
10:30 a.m. – 12:00 a.m.	<b>Paediatrics II</b> Chair: Seifert, G. (Berlin/GER); von Rosenstiel, I. (Amsterdam/NL)	
10:30 a.m.	Anthroposophic medicine in paediatric oncology in Germany: Results of a population-based retrospective parental survey Längler, A. (Witten-Herdecke/GER)	
10:45 a.m.	The safety and effectiveness of pediatric chiropractic: A survey of chiropractors in a practice-based research network Alcantara, J. (San Jose/USA)	
11:00 a.m.	Pericardium 6 acupressure and acupuncture as additive antiemetic therapy during chemotherapy in children and adolescents – A randomized placebo-controlled pilot study Wulff, B. (Essen/GER)	
11:15 a.m.	Parents' and primary care practitioners' differing perspectives on traditional and complementary approaches to health (TCA) for children in a multi-ethnic community Lorenz, A. (London/GB)	
11:30 a.m.	Changing didactics towards patient- and student-centered learning in an integrative paediatric clerkship – A quantitative pilot study on student's judgement Tauschel, D. (Witten-Herdecke/GER)	
11:45 a.m.	Peaceful Play Program: Yoga for hematology/oncology inpatient children and their parents Thygeson, M. (Minneapolis/USA)	

Parallel Session 		Granat
10:30 a.m. – 12:00 a.m.	<b>General topics</b> Chair: Herrmann, M. (Magdeburg/GER); Wolf, U. (Bern/CH)	
10:30 a.m.	Color therapy changes blood oxygenation in the brain and muscle Wolf, U. (Bern/CH)	
10:45 a.m.	The benefit of ayurvedic diagnostics in treatment strategies for rheumatoid arthritis Ulrich-Merzenich, G. (Bonn/GER)	
11:00 a.m.	Homeopathic treatment of elderly patients – A prospective observational study with a follow-up over a two-year period Teut, M. (Berlin/GER)	
11:15 a.m.	Colchicum autumnale in the treatment of patients with subclinical hyperthyroidism: Results of a prospective pilot study Scheffer, C. (Witten-Herdecke/GER)	
11:30 a.m.	Impact of eurythmy therapy on cardiorespiratory interaction Cysarz, D. (Witten-Herdecke/GER)	
11:45 a.m.	Fifteen years of integrated academic complementary and alternative medicine - From public demand to a unique CAM chair in Bern, Switzerland von Ammon, K. (Bern/CH)	

Parallel Session 		Bernstein
10:30 a.m. – 12:00 a.m.	<b>Pain I</b> Chair: Irnich, D. (Munich/GER); Langevin, H. (Vermont/USA)	
10:30 a.m.	An exploratory double-blind randomised placebo controlled trial in rheumatoid arthritis to evaluate whether the effects of homeopathy are attributable to the consultation process, or the homeopathic remedy Brien, S. (Southampton/GB)	
10:45 a.m.	Preliminary results of a pragmatic randomised controlled trial in general practice investigating the effectiveness of acupuncture against migraine: Qualitative analysis of brain perfusion SPECT Ramos-Font, C. (Granada/E)	
11:00 a.m.	Acupuncture for osteoarthritis pain: A randomized controlled trial evaluating the relative effects of real acupuncture and two placebos with respect to patient empathy, empowerment, and the practitioner on treatment outcome Lewith, G. (Southampton/GB)	
11:15 a.m.	Influence of a peat bath series on heart rate variability (HRV) measures of patients with prolapse of the nucleus pulposus during an inpatient orthopaedic rehabilitation Janik, H. (Rostock/GER)	
11:30 a.m.	Resistance in therapy of the functional shoulder impingement syndrome – Pathogenesis and possibilities of treatment in complementary medicine Bernsdorf, M. (Weimar/GER)	
11:45 a.m.	Design adaptive allocation in a controlled trial on the effectiveness of mindfulness-based stress reduction in migraine Schmidt, S. (Freiburg/GER)	

Workshop  in German language		Topas 1
10:30 a.m. – 12:30 p.m.	<b>NICHTRAUCHER-TRAINING als erfolgreiches und seriöses IGeL-Angebot</b> Chair: Grebe, W. (Frankenberg-Eder/GER)	
Die Teilnehmer des Kurses erhalten ein separates Zertifikat der ÄK Berlin!		

Practical Session  in German language		Amethyst 1
10:30 a.m. – 12:00 a.m.	<b>ECIM für die Praxis: Welche Weiterbildung ist sinnvoll?</b>	

Workshop  in German language		Topas 2
10:30 a.m. – 12:00 a.m.	<b>ZAEN II Chronische Magen-Darmerkrankungen und Mikrobiologische Therapie</b> Chair: Armbrecht, U. (Hannover/GER)	



**Satellite Symposium**  **Diamant**



10:30 a.m. –	<b>Science for Students</b>
12:00 a.m.	<i>Chair: Stock-Schröer, B. (Essen/GER)</i>
10:30 a.m.	The effects of hole body immersion on heart rate variability, cardiorespiratory coordination and temperature regulation in cool, neutral and warm water temperature <i>Göbel, S. (Witten-Herdecke/GER)</i>
10:45 a.m.	Antidiabetics in traditional Chinese and Indian medicine: their effects on the uptake of cellular glucose and fatty acids <i>Zhan, T. (Heidelberg/GER)</i>
11:00 a.m.	Can Body Self Development System (Body-sds) treatment prevent patients with chronic back pain from surgery? <i>Engdahl, M. (Kopenhagen/DK)</i>
11:15 a.m.	A study on knowledge and perceptions of CAM among medical students in Copenhagen <i>Damgaard-Mørch, N.L. (Kopenhagen/DK)</i>

**Lunch Symposium**   **Saphir**


12:15 p.m. –	Biologische Heilmittel Heel GmbH
1:15 p.m.	<b>Vertigo – Benefits of a CAM orientated approach</b> <i>Chair: Michalsen, A. (Berlin/GER)</i>
12:15 p.m.	Welcome <i>Michalsen, A. (Berlin/GER)</i>
12:20 p.m.	Vertigo – The practitioner's view <i>Wichert, J. (Osnabrück/GER)</i>
12:35 p.m.	Positive influence of Vertigoheel on signalling pathways of smooth muscle cells and vertigo <i>Pries, A. (Berlin/GER)</i>
12:50 p.m.	CAM orientated therapy for age-related vertigo in cases of suspected arteriosclerosis <i>Seeger-Schellerhoff, E. (Porta Westfalica/GER)</i>
1:05 p.m.	„Questions and Answers“ Discussion

**Lunch Symposium**  **in German language** **Amethyst 2**


12:15 p.m. –	Association for Medical Education
1:15 p.m.	<b>„Kompetenzen der Integrativen Medizin für das Medizinstudium in Deutschland – Vorschläge für ein Positionspapier des GMA-Ausschusses Integrative Medizin und Perspektivenpluralismus“</b> <i>Chair: Scheffer, C. (Witten-Herdecke/GER); Edelhäuser, F. (Witten-Herdecke/GER); Tauschel, D. (Witten-Herdecke/GER); Hahn, E. (Erlangen/GER)</i>
	Die Gesellschaft für Medizinische Ausbildung (GMA) ist von der Kultusministerkonferenz aufgefordert worden, in Abstimmung mit dem Medizinischen Fakultätentag (MFT) einen nationalen kompetenzbasierten Lernzielkatalog für das Medizinstudium zu entwickeln. Gegenwärtig wird von der GMA ein erster Vorschlag entwickelt, der in einer von der GMA und dem MFT gebildeten Lenkungsgruppe diskutiert und verabschiedet werden soll. In diesem Zusammenhang erarbeitet der GMA-Ausschuss „Integrative Medizin und Perspektivenpluralismus“ ein Positionspapier, in dem Gesichtspunkte zur Gestaltung des Medizinstudiums im Hinblick auf eine Integrative Medizin dargestellt werden. Im Rahmen des Werkstattgespräches wird ein erster Entwurf für die kompetenzbasierten Lernziele in Bezug auf die Integrative Medizin vorgestellt werden. Die Teilnehmer sind aufgefordert, den Entwurf zu diskutieren und um eigene Anregungen zu ergänzen. open for public

**Satellite Symposium**   **Saphir**

1:30 p.m. –	ZAEN
3:00 p.m.	<b>Complementary Sciences</b> <i>Chair: Doll, B. (Hamburg/GER)</i>
1:30 p.m.	Healing to freedom. The relationship between body, emotions and health. <i>Weber, A. (Berlin/GER)</i>
2:00 p.m.	Ethics as the Art of Healing. The relationship between health, Cycle of Life and freedom. <i>Dürr, H. (Munich/GER)</i>
2:30 p.m.	Discussion with the auditorium

**Satellite Symposium**  **Amethyst 2**

1:30 p.m. –	<b>The European Chapter of the International Society for Complementary Medicine Research</b>
3:00 p.m.	<i>Chair: Robinson, N. (London/GB); Walach, H. (Northampton/GB); Wolf, U. (Bern/CH); Weidenhammer, W. (Munich/GER); Güthlin, C. (Frankfurt/M./GER)</i>
1:30 p.m.	Annual report
1:55 p.m.	Future directions
2:20 p.m.	CAM research in Europe

**Company Workshop**  **Granat**

1:30 p.m. – INNOMED International AG  
 3:00 p.m. **Complementary therapeutic effects of definite alternating electromagnetic fields upon local Regulating mechanism of microcirculation**  
*Chair: Klopp, R. (Berlin/GER)*

**Workshop**  **in German language** **Topas 1**

1:30 p.m. – **Fallkonferenz – Krebserkrankung Teil 1**  
 3:00 p.m. *Chair: Ortiz, M. (Berlin/GER); Rostock, M. (Zurich/CH)*

1:30 p.m. Einführung – Konzepte und Ziele der Integrativen Fallkonferenz Mamma-  
 karzinom  
*Ortiz, M. (Berlin/GER); Rostock, M. (Zurich/CH)*

1:40 p.m. – **Behandlungsmöglichkeiten – Integrative Medizin bei Mamma-  
 karzinom**

Perspektive Konventionelle Medizin  
*Reles, A. (Berlin/GER)*

Perspektive Naturheilkunde  
*Stange, R. (Berlin/GER)*


Perspektive Homöopathie  
*Baur, R. (Berlin/GER)*

Perspektive Traditionelle Chinesische Medizin  
*Lampe, H. (Rostock/GER)*

Perspektive Anthroposophische Medizin  
*Kröz, M. (Berlin/GER)*

**Practical Session**  **in German language** **Amethyst 1**

1:30 p.m.– **ECIM für die Praxis: Seriöse IGeL in Prävention und in Naturheil-  
 verfahren: Was ist bewährt? Was ist neu? Was will die BÄK?**  
 3:00 p.m. *Chair: Grebe, W. (Frankenberg-Eder/GER)*

**Workshop**  **in German language** **Topas 2**

1:30 p.m. – ZAEN III  
 3:00 p.m. **Chronische Magen-Darmerkrankungen und Ernährungsmedizin  
 Teil 1**  
*Chair: Pirlet-Gottwald, M. (Munich/GER)*

**Workshop**  **in German language** **Diamant**

1:30 p.m. – **Fallkonferenz – Pädiatrische Onkologie Teil 1**  
 3:00 p.m. *Chair: Seifert, G. (Berlin/D); Teut, M. (Berlin/GER)*

1:30 p.m. Einführung – Konzepte und Ziele der Integrativen Fallkonferenz  
*Teut, M. (Berlin/GER)*

1:35 p.m. Kasuistik: Patient mit Medulloblastom und neurologischer Symptomatik  
 – Fallgeschichte  
*Seifert, G. (Berlin/GER)*

1:50 p.m. – **Behandlungsmöglichkeiten – Integrative Medizin**

Perspektive Konventionelle Medizin  
*Hernaiz-Driever, P. (Berlin/GER)*



Perspektive Eurythmie  
*Pretzer, K. (Berlin/GER)*

Perspektive Homöopathie  
*Potyka-Marten, R. (Berlin/GER)*

Perspektive Mind-Body-Medizin  
*Bienert, L. (Berlin/GER)*

*Perspektive Anthroposophische Medizin*  
*Längler, A. (Herdecke/GER)*

Perspektive Akupunktur  
*Gottschling, S. (Homburg/GER)*

**Parallel Session**   **Saphir**

3:30 p.m. – **Education**  
 5:00 p.m. *Chair: Hahn, E. (Erlangen/GER); Kraft, K. (Rostock/GER)*

3:30 p.m. CAM-education in the medical curriculum: Vision of medical students  
*Kolkman, E. (Nijmegen/NL)*


3:45 p.m. HomoeoWiki – An interactive learning platform for homeopathic  
 remedies  
*Haiderer, M. (Vienna/A)*


4:00 p.m. Artistic sculpture in anatomy: Training minds for holistic  
 and integrative activity – A pilot study in medical education  
*Heusser, P. (Witten-Herdecke/GER)*

4:15 p.m. Active student involvement in integrative clinical care – A qualitative and  
 quantitative study on learning experiences, professional development  
 and progress in competencies in integrative medicine  
*Scheffer, C. (Witten-Herdecke/GER)*


4:30 p.m. Case-based conference in integrative medicine: A pilot project to en-  
 hance learning and exchange of different medical concepts  
*Tauschel, D. (Witten-Herdecke/GER)*


4:45 p.m. DEGAM-symposium  
*Jobst, D. (Bonn/GER)*

Parallel Session 		Amethyst 2
3:30 p.m. –	<b>Dermatology / Allergology</b>	
5:00 p.m.	<i>Chair: Pfab, F. (Munich/GER); Rossi, E. (Lucca/I)</i>	
3:30 p.m.	Traditional Asian medicine and leprosy in Bangladesh <i>Mollik, A.H. (Dhaka/BD)</i>	
3:45 p.m.	Topical formulation containing natural oligomeric proanthocyanidins (OPCs) reduces UV-induced oxidative stress in skin as assessed by ultra-weak photon emission (UPE) <i>van Wijk, E. (Leiden/NL)</i>	
4:00 p.m.	Homeopathic and conventional therapies for chronic skin diseases: A prospective study on effectiveness and safety <i>Jong, M. (Driebergen/NL)</i>	
4:15 p.m.	Citrus/Cydonia comp. for seasonal allergic rhinitis: A randomized study to compare treatment effects of the subcutaneous and the nasal routes of administration <i>Baars, E. (Driebergen/NL)</i>	
4:30 p.m.	Acupuncture in Seasonal Allergic Rhinitis (ACUSAR) – Multidisciplinary approach of a clinical trial including experimental and qualitative research <i>Brinkhaus, B. (Berlin/GER)</i>	
4:45 p.m.	Changes in self management skills during inpatient treatment in an internal-naturopathic clinic: A pilot study <i>Paul, A. (Essen/GER)</i>	

Parallel Session 		Granat
3:30 p.m. –	<b>Pain II</b>	
5:00 p.m.	<i>Chair: Melchart, D. (Munich/GER); Rehberg-Klug, B. (Berlin/GER)</i>	
3:30 p.m.	Randomized controlled pilot study: quantitative sensory testing in patients with backpain before and after Gua Sha massage <i>Lauche, R. (Essen/GER)</i>	
3:45 p.m.	Qigong for chronic neck pain – A randomized controlled trial <i>Rendant, D. (Berlin/GER)</i>	
4:00 p.m.	Quantitative sensory testing in patients with chronic neck pain before and after the application of the acupressure pad – A randomized, controlled pilot study <i>Hohmann, C. (Essen/GER)</i>	
4:15 p.m.	Chronic low back pain: A randomised controlled multicenter trial comparing the local injection of Disci/Rhus toxicodendron comp.® and placebo, and waiting list group <i>Pach, D. (Berlin/GER)</i>	
4:30 p.m.	Against all odds – living with fibromyalgia: A single case history on chronic illness and inner growth <i>Kalitzkus, V. (Witten-Herdecke/GER)</i>	
4:45 p.m.	Analgesic effects of transcutaneous electrical nerve stimulation (TENS): Implications for acupuncture? <i>Choi, K. (Essen/GER)</i>	

 Simultaneous translation  German only  English only

Parallel Session 		Bernstein
3:30 p.m. –	<b>Utilisation and outcome</b>	
5:00 p.m.	<i>Vorsitz: Matthes, H. (Berlin/GER); Michalsen, A. (Berlin/GER)</i>	
3:30 p.m.	Comparative study of visitors to CAM practitioners in USA and Norway <i>Steinsbekk, A. (Trondheim/NO)</i>	
3:45 p.m.	Outcomes research in Integrative health care clinics: What are the barriers? <i>Kania, A. (Calgary/CDN)</i>	
4:00 p.m.	Why consumers maintain complementary and alternative medicine use: A qualitative study <i>Bishop, F. (Southampton/GB)</i>	
4:15 p.m.	Trade offs: A framework analysis of factors affecting adherence to orthodox medicine in complementary and alternative medicine users with chronic health conditions <i>Brien, S. (Southampton/GB)</i>	
4:30 p.m.	Integration of traditional Japanese medicine in Japan – A Survey on the use of Kampo among patients <i>Hottenbacher, L. (Berlin/GER)</i>	
4:45 p.m.	The implementation of integrative medicine in the Netherlands: A national survey among hospitals, psychiatric-, revalidation- and academic centres <i>Hofstede, M. (Driebergen/NL)</i>	

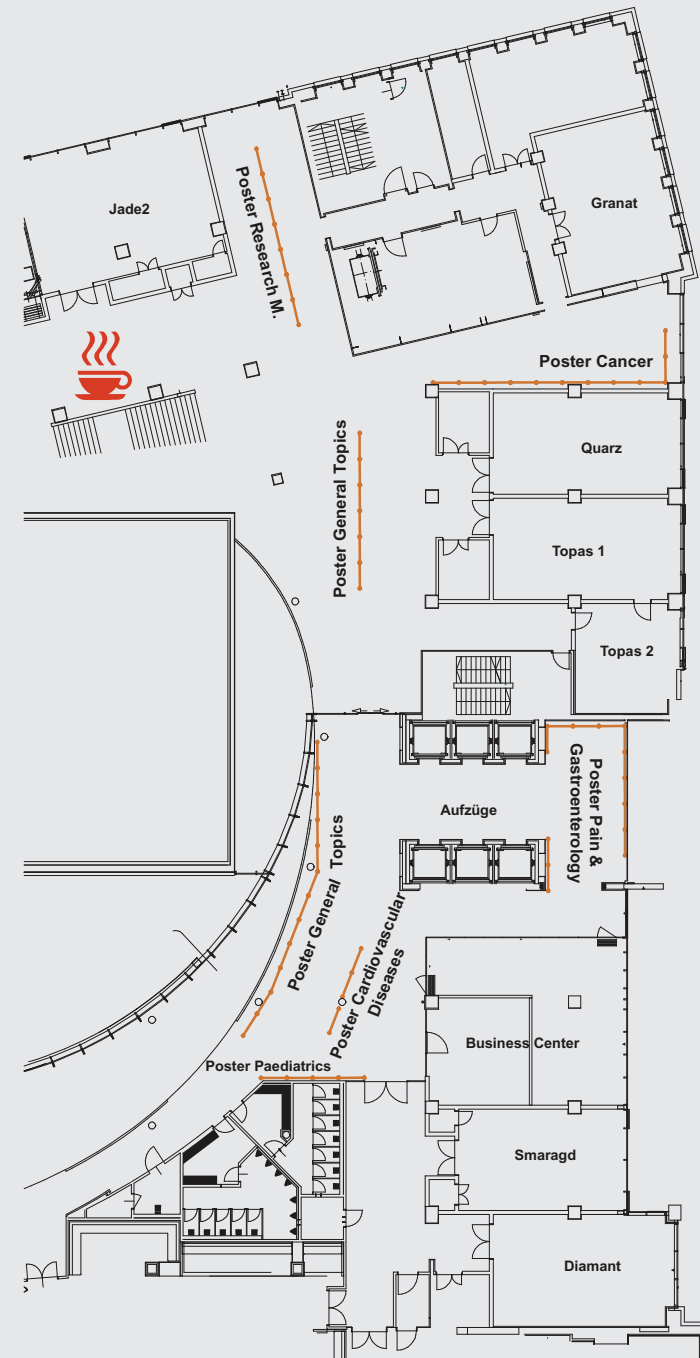
Workshop  in German language		Topas 1
3:30 p.m. –	<b>Fallkonferenz – Krebserkrankung Teil 2</b>	
5:00 p.m.	<i>Chair: Ortiz, M. (Berlin/GER); Rostock, M. (Zurich/CH)</i>	
3:30 p.m.	Patientinnenvorstellung, Expertenfragen <i>Ortiz, M. (Berlin/GER); Rostock, M. (Zurich/CH)</i>	
3:30 p.m.	<b>Möglichkeiten des Dialoges – Fallspezifische Ansätze der verschiedenen Therapierichtungen</b>	
	Konventionelle Medizin <i>Reles, A. (Berlin/GER)</i>	
	Naturheilkunde <i>Stange, R. (Berlin/GER)</i>	
	Homöopathie <i>Baur, R. (Berlin/GER)</i>	
	Traditionelle Chinesische Medizin <i>Lampe, H. (Rostock/GER)</i>	
	Anthroposophische Medizin <i>Kröz, M. (Berlin/GER)</i>	
4:25 p.m.	Diskussion mit dem Auditorium	
4:55 p.m.	Schlussworte <i>Ortiz, M. (Berlin/GER); Rostock, M. (Zurich/CH)</i>	

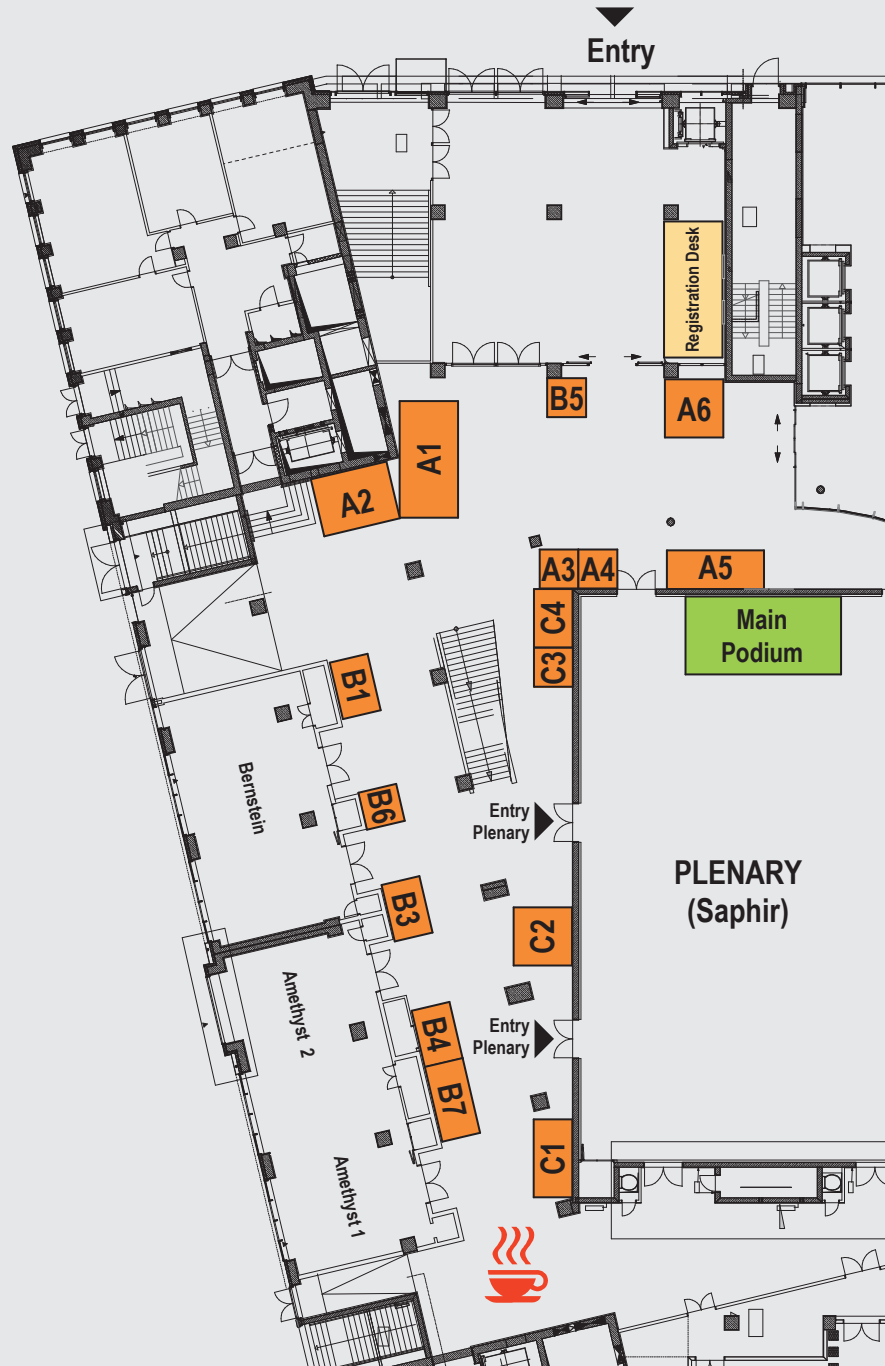
 Simultaneous translation  German only  English only

Workshop  in German language		Topas 2
3:30 p.m. –	ZAEN III	
5:00 p.m.	<b>Chronische Magen-Darmerkrankungen und Ernährungsmedizin Teil 2</b>	
	<i>Chair: Pirlet-Gottwald, M. (Munich/GER)</i>	

Workshop  in German language		Diamant
3:30 p.m. –	<b>Fallkonferenz – Pädiatrische Onkologie Teil 2</b>	
5:00 p.m.	<i>Chair: Seifert, G. (Berlin/GER); Teut, M. (Berlin/GER)</i>	
3:30 p.m.	<b>Möglichkeiten des Dialogs</b>	
	Konventionelle Medizin	
	<i>Hernaiz-Driever, P. (Berlin/GER)</i>	
	Eurythmie	
	<i>Pretzer, K. (Berlin/GER)</i>	
	Homöopathie	
	<i>Potyka-Marten, R. (Berlin/GER)</i>	
	Anthroposophische Medizin	
	<i>Längler, A. (Witten-Herdecke/GER)</i>	
	Mind-Body-Medizin	
	<i>Bienert, L. (Berlin/GER)</i>	
	Akupunktur	
	<i>Gottsching, S. (Homburg/GER)</i>	
4:30 p.m.	Diskussion mit dem Auditorium	
	<i>Seifert, G. (Berlin/GER); Teut, M. (Berlin/GER)</i>	
4:55 p.m.	Schlussworte	
	<i>Seifert, G. (Berlin/GER)</i>	

Plenary  		Saphir
5:30 p.m. –	<b>Evidence Based Integrative Medicine – Congress Closing</b>	
7:00 p.m.	<i>Chair: Willich, S. N. (Berlin/GER)</i>	
5:30 p.m.	Cardiovascular disease	
	<i>Hetzer, R. (Berlin/GER)</i>	
5:50 p.m.	Gastroenterology	
	<i>Hahn, E. (Erlangen/GER)</i>	
6:10 p.m.	Dermatology	
	<i>Pfab, F. (Munich/GER)</i>	
6:30 p.m.	Pain	
	<i>Rehberg-Klug, B. (Berlin/GER)</i>	
6:50 p.m.	Congress closing	
	<i>Willich, S. N. (Berlin/GER)</i>	





## Opening Hours Industrial Exhibition

Friday, November 20, 2009 8:30 a.m. – 7:00 p.m.  
 Saturday, November 21, 2009 8:30 a.m. – 5:30 p.m.  
 Sunday, November 22, 2009 8:30 a.m. – 4:30 p.m.

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