

# MAIN PROGRAM

# European Congress for Integrative Medicine

together with the  
**German Congress for Integrative Medicine**

„The Future of Comprehensive Patient Care“

November 7 – 8, 2008,  
Hotel Aquino Berlin

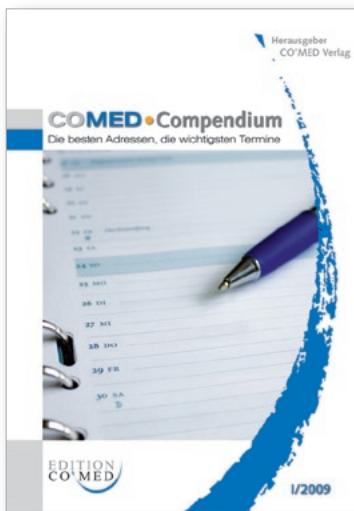
Open Information Day  
November 9 2008, Hotel Aquino Berlin

**[www.ecim-congress.org](http://www.ecim-congress.org)**

The congress has been  
certified by the Berlin State  
Chamber of Physicians  
by granting **3 points for  
every half day.**



European Congress  
for Integrative Medicine



**CO'MED** ist eine feste Größe unter den complementär-medizinischen Fachverlagen. Als Plattform für Ärzte für Naturheilverfahren, ganzheitlich orientierte Zahnärzte und Heilpraktiker informiert CO'MED seit mehr als 13 Jahren regelmäßig über die aktuellsten Entwicklungen in der Complementär-Medizin.

Für das Konzept einer Integrativen Medizin tritt das CO'MED Fachmagazin als Mittler zwischen so genannter Schulmedizin und Complementär-Medizin ein. Neben seiner modernen äußereren Gestaltung ist CO'MED vor allem mit seiner thematischen Ausrichtung in dieser komplexen Medienlandschaft einzigartig. Dabei kommt der Tatsache, dass CO'MED offizielles Mitteilungsorgan für verschiedene große Verbände und Organisationen ist, besondere Bedeutung zu.

Die dadurch über Jahre geknüpften Verbindungen, das entstandene Netzwerk und viele Kundengespräche haben uns dazu veranlasst, ein neues Print-Produkt zu entwickeln, das den Praxisalltag vereinfacht und das Gebiet der Complementär-Medizin umfassend widerspiegelt.

### Das CO'MED Compendium ist als Nachschlagewerk ein besonderer Service für alle in der Complementär-Medizin Tätigen.

Hersteller von Präparaten, Medizintechnik, Praxis- und Bürobedarf, Praxismanagement und Beratung, Kur- und Spezialkliniken und vieles mehr sind im Adressverzeichnis nach Rubriken geordnet. Im Terminkalender sind Tagungen, Messen sowie Angebote der Aus- und Weiterbildung in einer halbjährlichen Gesamtschau so dargestellt, dass die Jahresplanung für die Therapeuten vereinfacht wird.

Das CO'MED Compendium zeigt, wer die Größen der Complementär-Medizin sind und welche Veranstaltungen unserem Fachgebiet Ausdruck verleihen.

Erhältlich ist das Compendium für alle Ärzte, Heilpraktiker und Therapeuten ab März 2009 zum Preis von EUR 19,90.

**Wir möchten Sie herzlich einladen,  
Ihren Platz im CO'MED Compendium einzunehmen.**

## Table of Contents

Greeting .....	4
Cooperating Societies .....	5
General Information .....	5
Information on Participant Registration .....	7
Scientific Board & Program Committee .....	8
Workshops .....	9
Program Survey: Friday, November 7, 2008 .....	10
Program Survey: Saturday, November 8, 2008 .....	11
Program for Friday, November 7, 2008 .....	12
Program for Saturday, November 8, 2008 .....	22
Industrial Exhibition .....	30
Exhibitors and Sponsors .....	31
Open Information Day on Sunday, November 9, 2008 .....	33
Cultural Program .....	34
Information on Booking the Cultural Program .....	37
Disclaimer .....	38

# Greeting



## Welcome to the 1st European Congress for Integrative Medicine

Dear colleagues,  
Dear congress participants,

On behalf of the Institute for Social Medicine, Epidemiology and Health Economics at the Charité University Medical Center in Berlin, I would like to welcome you to the 1st European Congress and at the same time the 1st German Congress for Integrative Medicine.

Integrative Medicine is to be understood as a bridge between conventional Western medicine and complementary medical procedures (e.g. naturopathy, acupuncture, homeopathy) with the aim of offering the patient the best possible medical care and quality of life. Therefore, the theme of the 1st European Congress for Integrative Medicine is 'The Future of Comprehensive Patient Care'. The objective is to discuss interfaces in Integrative Medicine, to develop synergies, and to exploit opportunities.

Leading physicians such as Prof. Gustav Dobos, Prof. Eckhart G. Hahn, Prof. George Lewith and Prof. Umberto Solimene present their opinions on the combination of conventional and complementary medicine at the Hotel Aquino, Tagungszentrum Katholische Akademie near Charité Campus Mitte. Apart from plenary sessions on the present and future of comprehensive patient care, and prospects of Integrative Medicine in the light of health-care policies, the program offers several parallel sessions focusing on cancer, chronic pain syndromes, atopies, cardiovascular diseases, gastro-intestinal diseases as well as methodology issues. Satellite symposia held by the cooperating medical societies, industry symposia and workshops on some complementary medical procedures will round out the program.

An 'Open Information Day' held on November 9 will give all interested members of the general public an opportunity to meet and question further experts.

I would like to invite you to use the possibilities this innovative congress has to offer and would be very pleased if you took the opportunity to participate in an interesting exchange, to gain new insights, and to shape future patient care together.

I would like to wish all of you successful, amicable, and inspiring days in Berlin.

Prof. Dr. Stefan N. Willich  
Congress President

# Cooperating Societies



Deutsche Gesellschaft für Kardiologie –  
Herz- und Kreislaufforschung e.V.



Deutsche Gesellschaft  
für Schmerztherapie e.V.



DEUTSCHE  
KREBSGESELLSCHAFT E.V.



dialogforum  
pluralismus in der medizin



International Society for  
Complementary Medicine Research

NATUR UND MEDIZIN  
Fördergemeinschaft der  
KARL UND VERONICA CARSTENS-STIFTUNG



# General Information

## Congress Date

European Congress for Integrative Medicine  
together with the German Congress für Integrative Medicine

November 7 – 8, 2008, ICC Berlin

November 9, 2008 Open Information Day



## Congress Venue

Hotel Aquino  
Tagungszentrum Katholische Akademie  
Hannoversche Straße 5b | 10115 Berlin | Germany

## Congress Languages

English, German

## Congress President

Professor Stefan N. Willich, MPH MBA  
Institute for Social Medicine, Epidemiology and Health Economics  
Charité University Medical Center  
Luisenstraße 57 | 10117 Berlin | Germany



Germany  
Land of Ideas  
  
Selected Landmark 2008

# General Information

## ■ Organisation

KONGRESS- UND KULTURMANAGEMENT GMBH  
... erfolgreiche Tagungen und Kongresse



P.O. Box 36 64 | 99407 Weimar | Germany  
Phone: +49 (0) 3643 2468-0  
Fax: +49 (0) 3643 2468-31  
email: info@kukm.de  
URL: www.kukm.de

## ■ Project Management

Ms. Franka Räck  
Phone: +49 (0) 3643 2468-145  
Fax: +49 (0) 3643 2468-31  
email: info@ecim-congress.org

## ■ Exhibitors and Sponsors

Mr. Andreas Kluge  
Phone: +49 (0) 3643 2468-135  
Fax: +49 (0) 3643 2468-31  
email: industry@ecim-congress.org

## ■ Participant Registration

Ms. Claudia Holzweißig  
Phone: +49 (0) 3643 2468-123  
Fax: +49 (0) 3643 2468-31  
email: registration@ecim-congress.org

## ■ Press Service

AVISO Verlagsgesellschaft mbH  
c/o AVISO gesundheit  
Ms. Anke Ruprecht  
Reinhardtstraße 2 | 10117 Berlin | Germany  
Phone: +49 (0) 3643 8158-612  
Fax: +49 (0) 3643 8158-999  
email: anke.ruprecht@aviso-gesundheit.de  
URL: www.aviso-gesundheit.de

## ■ Information for Media Reception

Papers for the 1<sup>st</sup> European Congress for Integrative Medicine 2008 will not be accepted unless presented in the form of a PowerPoint presentation. Equipment for projection and computers are available in every conference room. Please save your presentation either on a USB stick or on a CD-ROM, and bring it to the conference. Your presentation will be copied to the notebook computer in the conference room before the session starts, and it will be deleted after the event. We cannot give any guarantee for the successful playback of presentations which include embedded videos. In every case, please ask the assistant personnel in the conference room 15 minutes before the start of your session.

## ■ Information for Poster Authors

Accepted posters will be made available to the congress public in the poster exhibition during the entire event. In addition, a guided poster presentation will be made between 4:00 p.m. and 5:00 p.m. on November 7, 2008. Please be present next to your poster to give explanations and participate in discussions during this time. Please also observe the maximum poster dimensions: 96 cm wide x 150 cm high. A poster panel of its own will be provided for every poster, showing the poster number as indicated in the program in the upper left-hand corner. Material for fastening posters will be available in a sufficient quantity on site. NO fastening material of your own is allowed. Please hang your poster when the congress starts, and remove it after the congress by the latest at 7:30 p.m. on November 8, 2008. Posters not removed will be kept by the room personnel until the end of the congress day, and will be disposed of after that.

## ■ Internet Access

Internet access is available to you free of charge in the poster exhibition area. In this area, you can either use your own notebook computer or one of the workstations available. You can obtain further information at the participant registration at any time.

# Information on Participant Registration

## ■ Participation Fees

Participation in the congress and the workshops is guaranteed upon written confirmation only.

Early Registration	till August 17, 2008	
	Permanent Ticket	Day Ticket
Physicians, Scientists	190 €	120 €
Nurses, Students*	60 €	35 €
Late Registration	till October 29, 2008	
	Permanent Ticket	Day Ticket
Physicians, Scientists	250 €	150 €
Nurses, Students*	80 €	50 €
Registration On Site	November 7–8, 2008	
	Permanent Ticket	Day Ticket
Physicians, Scientists	290 €	180 €
Nurses, Students*	110 €	70 €

\* Reduced fees apply only after submission of supporting documentation has been received by KONGRESS- UND KULTURMANAGEMENT GMBH. This can be submitted via fax to +49 (0) 3643 2468-31, via mail to P.O. Box 36 64, 99407 Weimar, Germany or via email to registration@ecim-congress.org.

## ■ Continued Medical Education Credit Points

The Berlin State Chamber of Physicians will certify participation in the European Congress for Integrative Medicine held together with the German Congress for Integrative Medicine by granting 3 points in category B for every half day. Please observe the following guidelines to ensure that the correct number of further education points may be credited to you:

Attendee lists prepared by the State Chamber of Physicians will be available in the rooms used for the events for every half day. No electronic credit of the points may be granted unless you enter your data in one of the list is available for every half day. This means that you should enter your data in a total of four lists if you participate in the entire Congress.

Please paste your barcode into the corresponding field, and sign next to it. If you have forgotten your barcode, please enter your EFN number in the barcode field. No further education points may be credited electronically if neither the barcode has been pasted into the list, nor an EFN number has been entered.

The Berlin State Chamber of Physicians will award 4 points in category C for the workshops booked and attended. To ensure these points, please use the attendee lists which are available for this purpose separately in the workshop room.

You receive your Certificate of Attendance at the participant registration when leaving the congress.

## ■ Contact

Ms. Claudia Holzweißig  
Phone: +49 (0) 3643 2468-123  
Fax: +49 (0) 3643 2468-31  
email: registration@ecim-congress.org

## ■ Opening Hours Participant Registration

Friday, November 7, 2008 8:00 a.m.– 6:30 p.m.  
Saturday, November 8, 2008 8:00 a.m.– 8:00 p.m.

## Scientific Board

Prof. Hans-Christian Deter (Berlin, Germany)  
Prof. Gustav Dobos (Essen, Germany)  
Prof. David Eisenberg (Boston, USA)  
Dr. Peter Fisher (London, UK)  
Prof. Susan Folkman (San Francisco, USA)  
Prof. Eckhart G. Hahn (Erlangen, Germany)  
Prof. Christian Hamm (Bad Nauheim, Germany)  
Prof. Martin Ingvar (Stockholm, Sweden)  
Prof. Karin Kraft (Rostock, Germany)  
Dr. Patricia Leroux (Marseille, France)  
Prof. George Lewith (Southampton, UK)  
PD Klaus Linde (Munich, Germany)  
Prof. Peter F. Matthiessen (Herdecke, Germany)  
PD Dieter Melchart (Munich, Germany)  
Dr. Ton Nicolai (Brussels, Belgium)  
Dr. Arne Johan Norheim (Tromsø, Norway)  
Dr. Elio Rossi (Lucca, Italy)  
Prof. Reinhard Saller (Zurich, Switzerland)  
Prof. Jürgen Scholze (Berlin, Germany)  
Prof. Umberto Solimene (Milan, Italy)  
Prof. Harald Walach (Northampton, UK)  
Prof. Claudia M. Witt (Berlin, Germany)

## Program Committee

Prof. Josef Beuth (Cologne, Germany)  
PD Benno Brinkhaus (Berlin, Germany)  
Prof. Helmut Gohlke (Bad Krozingen, Germany)  
Dr. Corinna Güthlin (Frankfurt/M., Germany)  
PD Dominik Irnich (Munich, Germany)  
Dr. Stefanie Joos (Heidelberg, Germany)  
Prof. Ulrich Kleeberg (Hamburg, Germany)  
PD Andreas Michalsen (Essen, Germany)  
Prof. Bodo Niggemann (Berlin, Germany)  
Dr. Thomas Nolte (Wiesbaden, Germany)  
Dr. Florian Pfab (Munich, Germany)  
PD Britta Siegmund (Berlin, Germany)  
Dr. Michael Teut (Berlin, Germany)  
Dr. Ursula Wolf (Bern, Switzerland)

## Workshops

- **Acupuncture – Pain Treatment with Acupuncture between Tradition and Modernity**  
Organized by: Deutsche Ärztegesellschaft für Akupunktur e.V. (DÄGfA)
- **TCM – Chinese Pharmaceuticals for Patients with Functional und Chronic Inflammatory Intestinal Diseases**  
Organized by: Internationale Gesellschaft für Chinesische Medizin e.V. (SMS)
- **Homeopathy I: Methodology of Conventional Homeopathy – Introduction through Examples**  
**Homeopathy II: Conventional Homeopathy Treatment for Colds and Influenza**  
Organized by: Deutscher Zentralverein homöopathischer Ärzte e.V. (DZVhÄ)
- **Naturopathic Treatment of Chronic Inflammatory Gastro-Intestinal Diseases**  
Organized by: Ärztegesellschaft für Naturheilverfahren (Physiotherapie) Berlin-Brandenburg e.V.
- **Anthroposophic Medicine in Oncology: Basics of Mistletoe Therapy and Application as Adjuvant and/or Intratumoral Therapy**  
Organized by: Gesellschaft für Anthroposophische Ärzte in Deutschland (GAÄD)
- **Neural Therapy: Basics and Application for Chronic Functional Gastro-Intestinal Diseases**  
Organized by: Internationale medizinische Gesellschaft für Neuraltherapie nach Huneke Regulationstherapie e.V.
- **Integrative Medicine: Live Case Presentation of One Patient Case (Headache)**  
Organized by: CHAMP – Charité Ambulanz für Prävention und Integrative Medizin, Institut für Sozialmedizin, Epidemiologie und Gesundheitsökonomie (Charité – Universitätsmedizin Berlin)

### Please be aware that

the number of participants in the workshops is limited. Separate registration is required for participation in workshops. The registration fee is € 25 per workshop and is due in addition to the regular congress participation fee. All of the workshops are held exclusively in German.

# Program Survey

Friday, November 7, 2008

Time	Auditorium A	Auditorium B	Seminarraum 1	Seminarraum 5	Clubraum	VIP-Raum	Wintergarten
9:00 a.m.	Deutsche Krebsgesellschaft e.V. Aspects of Complementary Oncology	Spirituality as a Resource – Spirituality, Coping and Health		Deutsche Gesellschaft für Naturheilkunde e.V. (DGNHK) Perspectives in CAM	Dr. Grobe Prevention in General and Internal Medicine: How to Manage Igel		
9:30 a.m.							
10:00 a.m.							
10:30 a.m.							
11:00 a.m.							
11:30 a.m.	The Future of Comprehensive Patient Care						
12:00 a.m.							
12:30 p.m.							
1:00 p.m.							
1:30 p.m.							
2:00 p.m.							
2:30 p.m.	Chronic Pain Syndromes	General Topics I – Health Care Models	Methodology I	Cardiovascular Diseases	Gesellschaft für Anthroposophische Medizin e.V. (GAM)	CHAMP – Chancé Ambulanz für Prävention und Integrative Medizin: Live Case Presentation of One Patient Case (Headache)	
3:00 p.m.							
3:30 p.m.							
4:00 p.m.							
4:30 p.m.		Guided Poster Session		Guided Poster Session			
5:00 p.m.							
5:30 p.m.							
6:00 p.m.							
6:30 p.m.	Developing Health Policy						
7:00 p.m.							
7:30 p.m.							
9:00 p.m.							

Plenary  
Satellite Symposia

Theme Session  
Industry Symposia

Lunch Symposia  
Workshop

Poster Session

Attendant Events

[www.ecim-congress.org](http://www.ecim-congress.org)

# Program Survey

Saturday, November 8, 2008

Time	Auditorium A	Auditorium B	Seminarraum 1	Seminarraum 2	Clubraum	VIP-Raum	Wintergarten
8:30 a.m.							
9:00 a.m.							
9:30 a.m.	Status Quo of Integration						
10:00 a.m.							
10:30 a.m.							
11:00 a.m.							
11:30 a.m.	Cancer I	Gastro Intestinal Diseases	General Topics II		Deutsche Ärztegesellschaft für Akupunktur e.V. (DÄGÄ)	Methodology II	Deutscher Zentralverein homöopathischer Ärzte e.V. (DZhVhÄ)
12:00 a.m.					Acupuncture I – Pain Treatment with Acupuncture between Tradition and Modernity		Homeopathy I: Methodology of Conventional
12:30 p.m.							
1:00 p.m.							
1:30 p.m.		Biologische Heilmittel Heel GmbH	Evidence Based Applied Gastroenterology in Gastrointestinal Diseases				
2:00 p.m.							
2:30 p.m.	Heller Heilmittel GmbH	German Dialogue Forum Plurism in Medicine Importance of Individualized Medicine	Hermann Apparatebau GmbH Active Oxygen Pneumoperitoneum in Lethal Squamous Cell Carcinoma		Deutsche Ärztegesellschaft für Akupunktur e.V. (DÄGÄ)	International Society for Complex	Deutscher Zentralverein homöopathischer Ärzte e.V. (DZhVhÄ)
3:00 p.m.					Acupuncture II – Pain Treatment	Launch of CAM Research Platform in Europe: The European Chapter of the ISCMR	Homeopathy II: Conventional Homeopathy
3:30 p.m.							
4:00 p.m.							
4:30 p.m.	Cancer II	Chronic Pain Syndromes II	General Topics III				
5:00 p.m.							
5:30 p.m.							
6:00 p.m.							
6:30 p.m.							
7:00 p.m.							
7:30 p.m.							

Plenary  
Satellite Symposia

Theme Session  
Industry Symposia

Lunch Symposia  
Workshop

Poster Session  
Attendant Events

[www.ecim-congress.org](http://www.ecim-congress.org)

# Program

Friday, November 7, 2008

Satellite Symposia		Auditorium A
9:00 a.m. –	Deutsche Krebsgesellschaft e.V.	
10:30 a.m.	<b>Aspects of Complementary Oncology</b> <i>Chair: Hübner, J. (Kassel/GER); Kleeberg, U. (Hamburg/GER)</i>	
9:00 a.m.	Spectrum of supportive therapy and care for cancer patients <i>Beuth, J. (Cologne/GER)</i>	
9:15 a.m.	Is complementary medicine necessary for comprehensive cancer care? <i>Kleeberg, U. (Hamburg/GER)</i>	
9:30 a.m.	Is scientific evidence required and possible in complementary and alternative medicine? <i>Hübner, J. (Kassel/GER)</i>	
9:45 a.m.	Nutrition and supplementation with micronutrients in cancer medicine. <i>Biesalski, H. (Stuttgart/GER)</i>	
10:00 a.m.	Importance of physical activities in cancer care <i>Baumann, F. (Cologne/GER)</i>	
Satellite Symposia		Auditorium B
9:00 a.m. –	<b>Spirituality as a Resource – Spirituality, Coping and Health</b> <i>Chair: Walach, H. (Northampton/UK)</i>	
10:30 a.m.	Consequences of pragmatic monism for the homeostatic regulation of organic functions <i>Pöppel, E. (Munich/GER)</i>	
9:00 a.m.	Spirituality, Religiosity and Coping with Disease: An overview <i>Büssing, A. (Herdecke/GER)</i>	
9:30 a.m.	Spiritual Experiences as a Resource and Spiritual Practice as a Preventive Strategy against Distress <i>Kohls, N. (Bad Tölz/GER)</i>	
9:50 a.m.	Mindfulness Based Approaches as Therapy and Prevention <i>Walach, H. (Northampton/UK)</i>	
Satellite Symposia		Seminarraum 5
9:00 a.m. –	Deutsche Gesellschaft für Naturheilkunde e.V. (DGNHK)	
10:00 a.m.	<b>Perspektives in CAM: Naturopathic Pain Therapy in Research and Clinical Practice</b> <i>Chair: Dobos, G. (Essen/GER); Kraft, K. (Rostock/GER)</i>	
9:00 a.m.	Reflex therapies in the treatment of chronic pain: From pain physiology to pain measurement <i>Musial, F. (Essen/GER)</i>	
9:20 a.m.	Psychological aspects in the course of pain after acupuncture treatment <i>Weidenhammer, W. (Munich/GER)</i>	
9:40 a.m.	Medicinal leeches in the treatment of chronic pain syndromes <i>Stange, R. (Berlin/GER)</i>	

Simultaneous translation

German only

English only

[www.ecim-congress.org](http://www.ecim-congress.org)

# Program

Friday, November 7, 2008

Workshop		Clubraum
9:00 a.m. –	Prevention in General and Internal Medicine: How to Manage IGeL	
10:00 a.m.	<i>Grebe, W. (Frankenberg/GER)</i>	
Attendant Events		Seminarraum 5
10:00 a.m. –	Deutsche Gesellschaft für Naturheilkunde e.V. (DGNHK)	
11:00 a.m.	Meeting of Members	
Plenary		Auditorium A
11:00 a.m. – 1:00 p.m.	<b>The Future of Comprehensive Patient Care</b> <i>Chair: Willich, S.N. (Berlin/GER)</i>	
11:00 a.m.	Welcome Address <i>Wowereit, K. (t.b.c./Berlin/GER)</i>	
11:10 a.m.	Congress Opening <i>Willich, S.N. (Berlin/GER)</i>	
11:30 a.m.	Non Conventional Medicines in Italy: the present situation <i>di Sarsina, P.R. (Milan/IL)</i>	
11:50 a.m.	Obesity and Hypertension – Future Implications <i>Scholze, J.E. (Berlin/GER)</i>	
12:10 p.m.	Integrative Patient Care in Cardiovascular Diseases <i>Dobos, G. (Essen/GER)</i>	
12:30 p.m.	The Patients Perspective on Comprehensive Patient Care <i>Herbert, S. (Cologne/GER)</i>	
12:50 p.m.	Diskussion	
Satellite Symposia		Seminarraum 5
1:00 p.m. – 2:00 p.m.	European Dialogue Forum <b>Work Meeting</b> <i>Chair: Meister, P. (Herdecke/GER); Nicolai, T. (Brussel/B); Willich, S.N. (Berlin/GER)</i>	
1:00 p.m.	Welcome <i>Willich, S.N. (Berlin/GER)</i>	
1:10 p.m.	Introduction <i>Nicolai, T. (Brussel/B)</i>	
1:20 p.m.	Introduction <i>Meister, P. (Herdecke/GER)</i>	
1:30 p.m.	Discussion	

Simultaneous translation

German only

English only

[www.ecim-congress.org](http://www.ecim-congress.org)

# Program

Friday, November 7, 2008

Theme Session	Auditorium A
2:00 p.m. – 3:30 p.m.	<b>Chronic Pain Syndromes I</b> <i>Chair: Irnich, D. (Munich/GER); Musial, F. (Essen/GER)</i>
2:00 p.m.	An investigation into the effects of traditional acupuncture on perceived stress and sleep/wake patterns of patients experiencing chronic pain <i>Markos, G. (London/UK)</i>
2:15 p.m.	Patient satisfaction with routine care acupuncture in chronic pain conditions – does gender play a role? <i>Weidenhammer, W. (Munich/GER)</i>
2:30 p.m.	Efficacy of acupuncture for the treatment of non-specific acute low back pain: different components of the therapeutic effect <i>Vas, J. (Dos Hermanas/E)</i>
2:45 p.m.	Is Electroacupuncture a placebo in experimental tourniquet pain? <i>Musial, F. (Essen/GER)</i>
3:00 p.m.	The effect of electroacupuncture and meditation on experimental tourniquet pain <i>Choi, A. (Essen/GER)</i>
3:15 p.m.	The Dilemma of Acupuncture and Modern Research Why Sham-Acupuncture doesn't exist: historical and hermeneutic perspectives <i>Tao, I. (Essen/GER)</i>

Theme Session	Auditorium B
2:00 p.m. – 3:30 p.m.	<b>General Topics I – Health Care Models</b> <i>Chair: Norheim, A.J. (Tromsø/N); Linde, K. (München/GER)</i>
2:00 p.m.	Researching bridge building between conventional health care providers and alternative therapists at a specialized MS hospital <i>Launso, L. (Valby/DK)</i>
2:15 p.m.	Unani Medicine: An Integral Part of Health Care System in Indian Subcontinent <i>Rafatullah, S. (Riyadh/KSA)</i>
2:30 p.m.	hospital-to-home® mobilitätsgestütztes poststationäres Versorgungsmanagement in der Chirurgie- erste Erfahrungen an einem Universitätsklinikum <i>Harms, J. (Markleeberg/GER)</i>
2:45 p.m.	Use of Complementary and Alternative Medicine by Patients Presenting to a Paediatric Emergency Department <i>Simões-Wüst, A. (Richterswil/CH)</i>
3:00 p.m.	Why GP's refer patients to Complementary medicine via the NHS; a qualitative exploration <i>Bishop, F. (Southampton/UK)</i>
3:15 p.m.	Komplementärmedizinische Versorgung in Schweizer Grundversorgerpraxen <i>Ausfeld, B. (Bern/CH)</i>

# Program

Friday, November 7, 2008

Theme Session	Seminarraum 5
2:00 p.m. – 3:30 p.m.	<b>Methodology I</b> <i>Chair: Matthiessen, P. (Herdecke/GER); Walach, H. (Northampton/UK)</i>
2:00 p.m.	Elektrische Hautwiderstandsveränderungen an Akupunkturpunkten – allgemeine Übersicht und aktuelle Ergebnisse <i>Kramer, S. (Munich/GER)</i>
2:15 p.m.	The SpREUK questionnaires as tools to measure spiritual/religious attitudes of patients dealing with chronic diseases <i>Büssing, A. (Herdecke/GER)</i>
2:30 p.m.	Illness and personality maturation: The search for meaning in severe illness <i>Matthiessen, P. (Herdecke/GER)</i>
2:45 p.m.	Developing and testing a conceptual decision-making model on CAM use for children in a multi-ethnic community <i>Robinson, N. (Brentford/UK)</i>
3:00 p.m.	Attitudes toward and use of complementary and alternative medicine (CAM) among general practitioners in Germany – a cross-sectional survey <i>Joos, S. (Heidelberg/GER)</i>
3:15 p.m.	Non-specific effects, placebo effects, healing effects – all doctors are healers <i>Walach, H. (Northampton/UK)</i>

Theme Session	Clubraum
2:00 p.m. – 3:30 p.m.	<b>Cardiovascular Diseases</b> <i>Chair: Kraft, K. (Rostock/GER); Michalsen, A. (Essen/GER)</i>
2:00 p.m.	Improvement of cardiovascular risk by functional nutrition with plant-derived bioactive ingredients <i>Dragan, S. (Timisoara/RO)</i>
2:15 p.m.	Effectiveness of physical activity interventions <i>Müller-Riemenschneider, F. (Berlin/GER)</i>
2:30 p.m.	Long-term effects of an Integrative Medicine and Lifestyle modification intervention in patients with coronary artery disease on cardiovascular risk factors, need of medication and coronary calcium <i>Michalsen, A. (Essen/GER)</i>
2:45 p.m.	Effect of an adherence-enhancing program on health-related quality of life in patients with hypercholesterolemia <i>Müller-Nordhorn, J. (Berlin/GER)</i>
3:00 p.m.	Kann man Gesundheit lernen? – Erfolgreiches Gesundheitscoaching am Fallbeispiel einer Hypertonie-Patientin <i>Burmeister, G. (Berlin/GER)</i>
3:15 p.m.	Effects of Eurythmy Therapy on Heart Rate Variability <i>Cysarz, D. (Herdecke/GER)</i>

# Program

Friday, November 7, 2008

## Workshop

	VIP-Raum
2:00 p.m.–	Gesellschaft für Anthroposophische Ärzte in Deutschland (GAÄD)
5:00 p.m.	<b>Anthroposophic Medicine in Oncology: Basics of Mistletoe Therapy and Application as Adjuvant and/or Intratumoral Therapy</b> <i>Girke, M. (Berlin/GER); Kroetz, M. (Filderstadt/GER); Müller-Hüenthal, B. (Stuttgart/GER); Schad, F. (Berlin/GER)</i>

## Workshop

	Wintergarten
2:00 p.m.–	CHAMP – Charité Ambulanz für Prävention und Integrative Medizin
5:00 p.m.	<b>Integrative Medicine: Live Case Presentation of One Patient Case (Headache)</b> <i>Brinkhaus, B. (Berlin/GER); Mietzner, A. (Berlin/GER); Ortiz, M. (Berlin/GER); Teut, M. (Berlin/GER)</i>

## Workshop

	Seminarraum 1
2:00 p.m.–	Ärztegesellschaft für Naturheilverfahren (Physiotherapie) Berlin-Brandenburg e.V.
5:00 p.m.	<b>Naturopathic Treatment of Chronic Inflammatory Gastro-Intestinal Diseases</b> <i>Stange, R. (Berlin/GER)</i>

## Guided Poster Session

	Poster Exhibition
4:00 p.m.–	<b>Chronic Pain Syndromes</b> <i>Chair: Irmich, D. (Munich/GER)</i>
5:00 p.m.	
PO101	Effects of nitric oxide (NO) on thiopental-induced general anesthesia in the mouse <i>Hashjin, G. (Teheran/IR)</i>
PO102	Assessing morphological characteristics within traditional Chinese tongue diagnosis – a reliability study <i>Linde, K. (Munich/GER)</i>
PO103	Antiosteoporotic effects of the special Cimicifuga racemosa extract BNO 1055 <i>Seidlová-Wuttke, D. (Göttingen/GER)</i>
PO104	Cost-effectiveness of acupuncture in treatment of selected musculoskeletal system disorders <i>Reinhold, T. (Berlin/GER)</i>

# Program

Friday, November 7, 2008

## Guided Poster Session

	Poster Exhibition
4:00 p.m.–	<b>Methodology</b>
5:00 p.m.	<i>Chair: Wolf, U. (Bern/CH)</i>
PO105	Analysis of the Willingness for Behaviour Changes in Participants of an Inpatient Fasting Cure Using the Transtheoretical Model <i>Thees, S. (Spechtsbrunn/GER)</i>
PO106	Acupuncture, Qi and Biosemiotics <i>Rafieian, S. (Isfahan/IR)</i>
PO107	A holistic model of the organism and its pathology <i>Delinick, A. (Athens/GR)</i>
PO108	An Systems Biology Approach for Integrative Medicine <i>van der Brie, G. (Driebergen/NL)</i>
PO109	Kontrollierte Praxisstudie bei Pollenallergikern in Ausübung Integrativer Medizin – Praktische Anwendung einer emotional-funktionellen Messmethode <i>Scherf, H. (Berlin/GER)</i>
PO110	Development of joint European Public Health Research Priorities <i>Tinnemann, P. (Berlin/GER)</i>
PO111	Integrative Medizin – Vorstellung eines zeitreihenanalytisch-funktionell-diagnostischen Konzepts zur Ausübung einer Integrativen Medizin in der täglichen Arztpraxis mit dem Ziel Primär/Sekundär/Tertiär Prävention <i>Heinen, A. (Berlin/GER)</i>
PO152	Classification of the German Version of the Cancer Fatigue Scale (CFS-D) <i>Reif, M. (Berlin/GER)</i>
PO153	Arthedata – Development and technical realisation of a scientific database for art therapy <i>Ostermann, T. (Herdecke/GER)</i>

## Guided Poster Session

	Poster Exhibition
4:00 p.m.–	<b>General Topics I</b>
5:00 p.m.	<i>Chair: Joos, S. (Heidelberg/GER)</i>
PO112	Efficacy of Multi-sensory Stimulation in Patients with Dementia – a Systematic Review <i>Nocon, M. (Berlin/GER)</i>
PO113	Phytochemical & Physico-chemical study of Coptis teeta Wall.: An Effective Drug of Choice in Ocular ailments <i>Latif, A. (Aligarh/IND)</i>
PO114	CAMLIS – the first comprehensive library for research, education and patient information in CAM <i>Bissels, G. (London/UK)</i>
PO115	Acupuncture in Psychiatry – Useful Add-on or Lost Time? – Experiences after one Year of Acupuncture in Inpatient Care <i>Röbe, A. (Oetwil am See/CH)</i>

# Program

Friday, November 7, 2008

## Guided Poster Session

4:00 p.m.– General Topics II  
5:00 p.m. Chair: Weidenhammer, W. (Berlin/GER); N.N.

PO117	New Master's Program for Physicians "Master for Naturopathy and Complementary Medicine" <i>Gündling, P. (Frankfurt/M./GER)</i>
PO118	Analysis of the development of Guidelines in Germany, taking particular account of natural healing aspects <i>Doering, T. (Bad Elster/GER)</i>
PO119	Anthroposophic Paediatric care in a public service. A 15 years' experience <i>Cimino, G. (Cagliari/IL)</i>
PO120	Present status of clinic for complementary and alternative medicine at university hospitals in Japan; a case of Tokushima University Hospital <i>Yanagawa, H. (Tokushima/J)</i>
PO121	The Evidenced-based approach to treating podiatric conditions with Marigold Therapy and Homeopathy <i>Khan, T. (London/UK)</i>
PO122	The Impact of the Prophylactic or Therapeutic Application of Bryophyllum (Bryophyllum calycinum) on Preterm Delivery – a Prospective Study <i>Manegold, G. (Basel/CH)</i>
PO123	Health Coach – The Description of an Upcoming Profession <i>Bürger, C. (Berlin/GER)</i>

## Guided Poster Session

4:00 p.m.– Atopy  
5:00 p.m. Chair: Pfab, F. (Munich/GER)

PO124	Antimicrobial Potential of medical plant extracts (Sinupret®) regarding Sinusitis <i>Maune, S. (Cologne/GER)</i>
PO125	Preclinical development and animal trials in herbal treatment -Examples from Sinupret® <i>Stierna, P. (Stockholm/S)</i>
PO126	Anti-inflammatory abilities of Imupret®: Inhibition of IL-8 and human α-defensin 2 induced by LPS and IL-1α in lung epithelial A549 cells <i>Hostanska, K. (Zurich/CH)</i>
PO127	The chiropractic care of a pediatric patient with asthma, allergies and chronic colds <i>Alcantara, J. (Media, PA/USA)</i>
PO128	Toward a Phenomenological Systems Biology Approach of Atopic Asthma Treatment <i>van Tellingen, C. (Zeist/NL)</i>

# Program

Friday, November 7, 2008

## Guided Poster Session

4:00 p.m.– Cardiovascular Diseases  
5:00 p.m. Chair: Michalsen, A. (Essen/GER)

PO129	Cardiorespiratory interactions during and after poetry recitation <i>Wolf, U. (Bern/CH)</i>
PO130	Effectiveness of cold mud packs on venous disorders and quality of life in patients with chronic venous insufficiency <i>Gündling, P. (Frankfurt/M./GER)</i>
PO131	The use of risk scores in primary care settings – a focus group study <i>Müller-Nordhorn, J. (Berlin/GER)</i>
PO132	The Antiobesity Effect of Gambihwan Extract on Obese Rat Induced High-fat Diet through the Expression of UCP-1 and PPARα <i>Lee, B. (Seoul/ROK)</i>

## Guided Poster Session

4:00 p.m.– Cancer I  
5:00 p.m. Chair: Kleeberg, U. (Hamburg/GER)

PO133	Primär- und Sekundärprävention des Prostatakarzinoms <i>Altwein, J. (Munich/GER)</i>
PO134	Assalix®, a willow bark extract induces apoptosis in cyclooxygenase-2 proficient and deficient human colon and lung cancer cell lines <i>Hostanska, K. (Zurich/CH)</i>
PO135	The role of Detoxification and Drainage in integrative medicine: a modern, scientific approach, using basic and clinical research on a homeopathic medicine as an illustration <i>van Haselen, R. (Baden Baden/GER)</i>
PO136	A systematic meta review of manipulative and body-based CAM for cancer <i>Lunde, A. (Odense/DK)</i>
PO137	Helleborus Niger as New Cytostatic Compound Against Lymphoma And Leukemia In Childhood <i>Jesse, P. (Berlin/GER)</i>
PO138	Selensubstitution während der Strahlentherapie solider Tumoren – Laborchemische Ergebnisse einer Phase-III-Untersuchung an gynäkologischen und HNO-Tumoren <i>Muecke, R. (Wiesbaden/GER)</i>
PO139	A Case of Metastatic Brain Tumor Patient with Nausea and Vomiting Treated with Gamibokryungbanha-tang <i>Park, J. (Seoul/ROK)</i>
PO140	A Systematic Review of Epidemiological Studies on the Prevalence of Complementary and Alternative Medicine (CAM) Use by Paediatric Cancer Patients <i>Bishop, F. (Southampton/UK)</i>
PO141	Case Report: Integrative treatment for squamous-cell bronchial carcinoma from terminal care to healing with seven years survival <i>Sevar, R. (Carlisle/UK)</i>

# Program

Friday, November 7, 2008

## Guided Poster Session

4:00 p.m.– Cancer II  
5:00 p.m. Chair: Beuth, J. (Cologne/GER)

PO143	Modulation of chemotherapy-associated immunosuppression by intravenous application of Viscum album L. extract (Iscador): a randomised phase II study <i>Büssing, A. (Herdecke/GER)</i>
PO144	Erfolgreiche Kontrolle von Neoplasien der Haut von Pferden und Katzen durch Viscum-album-Extrakte (ISCADOR) unter besonderer Berücksichtigung spezieller Aspekte für die Humanmedizin <i>Klocke, P. (Frick/CH)</i>
PO145	Viscum album fermentatum use in osteosarcoma patients as immunostimulant adjuvant after relapse <i>Longhi, A. (Bologna/ITA)</i>
PO146	Controlled prospective studies on long-term therapy of cervical, corpus uteri and ovarian cancer patients with a mistletoe preparation (Iscador) <i>Ziegler, R. (Arlesheim/CH)</i>
PO147	Mistletoe in the supportive care of cancer patients – improvement of quality-of-life <i>Brandenberger, M. (Zurich/CH)</i>
PO148	Improved Supportive Care in Pancreatic Carcinoma UICC stages I–IV Patients Using Fermented Mistletoe (Viscum album L.) Extract <i>Eberhardt, J. (Oberaudorf/GER)</i>
PO149	Anthroposophical medicine and integrated care for cancer patients: group experience at the Milan "Health Laboratory" <i>Portalupi, E. (Mailand/ITA)</i>
PO150	Classical Homeopathy in Cancer Treatment – A matched pairs control <i>Güthlin, C. (Frankfurt/M./GER)</i>

## Poster Exhibition

# Program

Friday, November 7, 2008

## Plenary

5:30 p.m.– 7:30 p.m. Simultaneous translation German only English only  
Chair: Willich, S.N. (Berlin/GER)

5:30 p.m.	The European Perspective <i>Vasilou, A. European Commissioner for Health (t.b.c./CY)</i>
5:50 p.m.	The German Perspective <i>Klitzsch, W. (Düsseldorf/GER)</i>
6:10 p.m.	The British Perspective <i>Fisher, P. (London/UK)</i>
6:30 p.m.	The Patients and Physicians Perspective <i>Nicolai, T (Brussel/B)</i>
6:50 p.m.	Participation in the panel discussion <i>Nicolai, T. (Brussel/B)</i>

## Auditorium A

## Attendant Events

7:30 p.m.– 9:00 p.m. Social Get-together

Reception with music, buffet and a guided walk through the industrial exhibition

## Industrial Exhibition

# Program

Saturday, November 8, 2008

## Plenary

	Auditorium A
8:30 a.m. –	<b>Status Quo of Integration</b>
10:30 a.m.	<i>Chair: Witt, C.M. (Berlin/GER)</i>
8:30 a.m.	Scientific basis of Integrative Medicine – Basic research <i>Ingvar, M. (Stockholm/S)</i>
8:50 a.m.	Scientific basis of Integrative – Clinical research <i>Linde, K. (Munich/GER)</i>
9:10 a.m.	Integration into Preventive Medicine <i>Melchart, D. (Zurich/CH)</i>
9:30 a.m.	Integration into Health Systems <i>Rossi, E. (Lucca/ITA)</i>
9:50 a.m.	Integration into University Medicine <i>Saller, R. (Zurich/CH)</i>
10:10 a.m.	<i>Discussion</i>

## Workshop

	Seminarraum 2
10:30 a.m. –	Deutsche Ärztegesellschaft für Akupunktur e.V. (DÄGfA) <b>Acupuncture I – Pain Treatment with Acupuncture between Tradition and Modernity</b> <i>Rüdinger, H. (Hamburg/GER)</i>

## Workshop

	VIP-Raum
10:30 a.m. –	Internationale Gesellschaft für Chinesische Medizin e.V. (SMS) <b>TCM – Chinese Pharmaceuticals for Patients with Functional and Chronic Inflammatory Intestinal Diseases</b> <i>Hummelsberger, J. (Munich/GER)</i>

## Workshop

	Wintergarten
10:30 a.m. –	Deutscher Zentralverein homöopathischer Ärzte e.V. (DZVhÄ) <b>Homeopathy I: Methodology of Conventional</b> <i>Riker, U. (Munich/GER)</i>

# Program

Saturday, November 8, 2008

## Theme Session

	Auditorium A
11:00 a.m. –	<b>Cancer I</b>
12:30 p.m.	<i>Chair: Beuth, J. (Cologne/GER); Saller, R. (Zurich/CH)</i>
11:00 a.m.	Network Oncology (NO) – a European approach to health service research on cancer treatment with focus on concurrent use of complementary therapies <i>Schad, F. (Berlin/GER)</i>
11:15 a.m.	Comparative Analysis of Complementary and Alternative Medicine (CAM) Use in the U.S. Cancer and Noncancer Populations <i>Fouladkhahsh, J. (Rochester Hills/USA)</i>
11:30 a.m.	Evidence-based Integrative Medicine as Exemplified by Adjuvant Mistletoe Treatment <i>Melzer, J. (Zurich/CH)</i>
11:45 a.m.	Complementary and Alternative Treatment Methods in Children with Cancer. A population based retrospective survey on the prevalence of use in Germany <i>Längler, A. (Witten/GER)</i>
12:00 a.m.	Physical activity and behavioral symptoms in women with cancer <i>Büssing, A. (Herdecke/GER)</i>

## Theme Session

	Auditorium B
11:00 a.m. –	<b>Gastro Intestinal Diseases</b>
12:30 p.m.	<i>Chair: Brinkhaus, B. (Berlin/GER); Siegmund, B. (Berlin/GER)</i>
11:00 a.m.	Changes of intestinal microflora in patients with rheumatoid arthritis during Fasting and a Mediterranean diet <i>Abendroth, A. (Essen/GER)</i>
11:15 a.m.	Japanese Phytotherapy (Kampo) in Functional Dyspepsia and Diarrhea-type Irritable Bowel Syndrome: Clinical Observation in German Patients <i>Reissenweber, H. (Munich/GER)</i>
11:30 a.m.	The successful resolution of chronic constipation in three pediatric patients following chiropractic spinal manipulative therapy <i>Alcantara, J. (Media, PA/USA)</i>
11:45 a.m.	Health service research study with cohort design measuring survival of colorectal cancer (CRC) patients treated with and without Viscum album L <i>Schad, F. (Berlin/GER)</i>
12:00 a.m.	Is Herbal Medicine effective in Irritable Bowel Syndrome? Results of a Randomised, Placebo-Controlled, Double-blind Clinical Trial <i>Brinkhaus, B. (Berlin/GER)</i>

# Program

Saturday, November 8, 2008

Theme Session		Seminarraum 1
11:00 a.m. –		<b>General Topics II</b>
12:30 p.m.		<i>Chair: Teut, M. (Berlin/GER); Weidenhammer, W. (Munich/GER)</i>
11:00 a.m.		Interest of Medical Students in Naturopathy and Complementary Medicine – A Comparison between Universities <i>Gündling, P. (Frankfurt/M./GER)</i>
11:15 a.m.		Is it possible to evaluate the therapeutical decision making of practising doctors and of medical students in clinical training through simple, constructed casuistries of patients? <i>Doering, T. (Bad Elster/GER)</i>
11:30 a.m.		Deficits in the knowledge of relaxation techniques in German medical and economics students <i>Kraft, K. (Rostock/GER)</i>
11:45 a.m.		A qualitative analysis of patients' experiences of acupuncture: implications for understanding non-specific effects <i>Bishop, F. (Southampton/UK)</i>
12:00 a.m.		Tunbridge Wells Homeopathic Hospital outcome study <i>Roniger, H. (London/UK)</i>
12:15 p.m.		Dermal application of a Cimicifuga racemosa (CR) containing cream has beneficial effects on acne <i>Wuttke, W. (Göttingen/GER)</i>

Theme Session		Clubraum
11:00 a.m. –		<b>Methodology</b>
12:30 p.m.		<i>Chair: Güthlin, C. (Frankfurt/M./GER); Wolf, U. (Bern/CH)</i>
11:00 a.m.		Homeopathic RCT embedded in a long-term observational study of children with ADHD ? a successful model of whole systems CAM research <i>von Ammon, K. (Bern/CH)</i>
11:15 a.m.		Can the contextual effect of homeopathic care be isolated? A randomised controlled trial <i>Steinsbekk, A. (Trondheim)</i>
11:30 a.m.		Homeopathic therapy in the public health sector: an observational study conducted from 1998 to 2005 at the Campo di Marte Hospital- ASL 2 Lucca (Italy) <i>Rossi, E. (Lucca/ITA)</i>
11:45 a.m.		Understanding homeopathic decision-making: a qualitative study <i>Lewith, G. (Southampton/UK)</i>
12:00 a.m.		Interims analysis of a survey concerning priorities in basic research into homeopathically potentized substances <i>Baumgartner, S. (Arlesheim/CH)</i>
12:15 p.m.		Potential effects of exposure to external influencing factors on homeopathic dilutions as determined by ultraviolet light spectroscopy <i>Wolf, U. (Bern/CH)</i>

Simultaneous translation

German only

English only

# Program

Saturday, November 8, 2008

Theme Session		Auditorium B
12:30 p.m. –		Biologische Heilmittel Heel GmbH
2:00 p.m.		<b>Evidence Based Applied Homotoxicology in Gastrointestinal Diseases</b> <i>Chair: Brinkhaus, B. (Berlin/GER)</i>
12:30 p.m.		Evidence mosaic in gastrointestinal disorders <i>van Haselen, R. (Baden Baden/GER)</i>
1:15 p.m.		Clinical bioregulatory medicine in gastrointestinal disorders <i>Göthel, D. (Bergisch Gladbach/GER)</i>

Theme Session		Auditorium A
2:00 p.m. –		Helixor Heilmittel GmbH & Co.KG
3:30 p.m.		<b>Die Misteltherapie auf dem Weg zur evidenzbasierten Medizin</b> <i>Chair: Schmitz, T. (Rosenfeld/GER)</i>
2:00 p.m.		Die Misteltherapie in der Cochrane-Analyse <i>Stange, R. (Berlin/GER)</i>
2:30 p.m.		Neue Konzepte der Misteltherapie in Klinik und Praxis <i>Matthes, H. (Berlin/GER)</i>
3:00 p.m.		Ergebnisse neuer Studien mit Helixor® <i>Schmitz, T. (Rosenfeld/GER)</i>

Theme Session		Auditorium B
2:00 p.m. –		German Dialogue Forum Pluralism in Medicine
3:30 p.m.		<b>Importance of Individualized Medicine</b> <i>Chair: Jütte, R. (Stuttgart/GER)</i>
2:00 p.m.		Integrative medicine in the medical curriculum <i>Hahn, E. (Erlangen/GER)</i>
2:20 p.m.		Changes in the medical profession – the physicians' perspective <i>Matthiessen, P. (Herdecke/GER)</i>
2:40 p.m.		Individualized medicine – a utopia? <i>Willich, S.N. (Berlin/GER)</i>

Theme Session		Seminarraum 1
2:00 p.m. –		Herrmann Apparatebau GmbH
3:30 p.m.		<b>Active Oxygen Pneumoperitoneum in Lethal Squamous Cell Carcinoma</b> <i>Chair: Schröder, C. (Crans-Montana/CH); Schulz, S. (Marburg/GER)</i>

Simultaneous translation

German only

English only

# Program

Saturday, November 8, 2008

## Workshop

- 2:00 p.m. – Deutsche Ärztegesellschaft für Akupunktur e.V. (DÄGfA)  
5:00 p.m. Acupuncture II – Pain Treatment Acupuncture  
*Rüdinger, H. (Hamburg/GER)*

## Seminarraum 2

## Satellite Symposia

- 2:00 p.m. – International Society for Complementary Medicine Research  
Launch of CAM Research Platform in Europe:  
The European Chapter of the International Society for  
Complementary Medicine Research (ISCMR)  
*Güthlin, C. (Frankfurt/M./GER); Norheim, A.J. (Tromsø/N);  
Walach, H. (Northampton/UK); Weidenhammer, W. (Munich/GER);  
Wolf, U. (Bern/CH)*

## Clubraum

During this satellite meeting the International Society for Complementary Medicine Research (ISCMR , see <http://www.iscmr.org/>) will use the opportunity to launch the European Chapter of ISCMR. The chapter is a regional interest group within ISCMR. It is meant to become a lively and prolific platform for CAM research in Europe. Such an initiative certainly goes along with recent European politics to strengthen the competitiveness of EU member states in the field of international research activities. We would like to invite all persons being actively involved in the exciting field of complementary medicine research to join the satellite meeting and the European Chapter of ISCMR.

## Workshop

- 2:00 p.m. – Internationale medizinische Gesellschaft für Neuraltherapie  
nach Huneke Regulationstherapie e.V.  
Neural Therapy: Basics and Application for Chronic Functional  
Gastro-Intestinal Diseases  
*Barop, H. (Hamburg/GER); Doll, B. (Hamburg/GER)*

## VIP-Raum

## Workshop

- 2:00 p.m. – Deutscher Zentralverein homöopathischer Ärzte e.V. (DZVhÄ)  
Homeopathy II: Conventional Homeopathy  
*Riker, U. (Munich/GER)*

## Wintergarten

# Program

Saturday, November 8, 2008

## Theme Session

- 4:00 p.m. – Cancer II  
*Chair: Hübner, J. (Kassel/GER); Spahn, G. (Öschlbronn/GER)*  
4:00 p.m. Spirituality in cancer care: How can cancer care teams provide a space for spiritual experiences?  
*Spahn, G. (Öschlbronn/GER)*  
4:15 p.m. Moderate walking exercise versus a multimodal mind-body programme: Report of an RCT in breast cancer patients affected by severe longterm tumour associated fatigue  
*Spahn, G. (Essen/GER)*  
4:30 p.m. Spirituality in Radiation Oncology – From Belief to Bedside: a New Focus for Research?  
*Micke, O. (Bielefeld/GER)*  
4:45 p.m. Predictive Factors for the Use of Complementary and Alternative Medicine (CAM) in Radiation Oncology  
*Kröz, M. (Berlin/GER)*  
5:00 p.m. Cancer-related fatigue and disturbed rest-activity rhythm in recurrence-free breast cancer patients – results of a prospective study of CAM users  
*Kröz, M. (Berlin/GER)*

## Auditorium A

## Theme Session

- 4:00 p.m. – Chronic Pain Syndromes II  
*Chair: Berghöfer, A. (Berlin/GER); Nolte, T. (Wiesbaden/GER)*  
4:00 p.m. Mild water-filtered near infrared whole-body hyperthermia as an adjunct to a standard multimodal rehabilitation in the treatment of fibromyalgia: Results from a randomized controlled trial  
*Brockow, T. (Bad Elster/GER)*  
4:15 p.m. Clinical efficacy of rose hip powder in patients with arthrosis – a systematic review  
*Roll, S. (Berlin/GER)*  
4:30 p.m. The safety and effectiveness of the chiropractic care of children: results from a practice-based research survey of parents  
*Alcantara, J. (Media, PA/USA)*  
4:45 p.m. Analysis of Medical Care Pathways in Patients With Chronic Pain  
*Berghöfer, A. (Berlin/GER)*  
5:00 p.m. Leeches, Phytotherapy, and Physiotherapy in Osteoarthritis of the Knee – A Case Study in a Geriatric Patient  
*Teut, M. (Berlin/GER)*  
5:15 p.m. Introducing a New Medical Acupuncture and Moxibustion Consent Form based on Results of a Prospective Observational Study with 229,230 Patients (ASH)  
*Pach, D. (Berlin/GER)*

## Auditorium B

# Program

Saturday, November 8, 2008

Theme Session	Deutsch English	Seminarraum 1
4:00 p.m. –	General Topics III	
5:30 p.m.	Chair: Joos, S. (Heidelberg/GER); Melchart, D. (Zurich/CH)	
4:00 p.m.	Kneipp Hydrotherapy for Menopausal Symptoms – Results of a Pilot Study Ortiz, M. (Berlin/GER)	
4:15 p.m.	Cold water stimuli engender improvements related to vigilance and cognition Doering, T. (Bad Elster/GER)	
4:30 p.m.	Effects of 3-months graded Iyengar Yoga training on emotional and physical well-being in women with mental distress Michalsen, A. (Essen/GER)	
4:45 p.m.	Health by self-regulation: towards an evidence-based, fundamental concept for science and practice of Integrative Medicine Baars, E. (Leiden/NL)	
5:00 p.m.	Mindfulness-Based Coping with University Life (MBCUL): A Randomized Wait-List Controlled Study Walach, H. (Northampton/UK)	
5:15 p.m.	Advice giving and advice taking: potential contribution of shiatsu in promoting health and well-being Connolly, S. (Dublin/IRL)	

Theme Session	Deutsch English	Clubraum
4:00 p.m. –	Atopy	
5:30 p.m.	Chair: Keil, T. (Berlin/GER); Pfäb, F. (Munich/GER)	
4:00 p.m.	Cost-benefit evaluation of homeopathic vs. conventional therapy in respiratory diseases Rossi, E. (Lucca/ITA)	
4:15 p.m.	Comparing homoeopathic with conventional treatment in children with eczema Keil, T. (Berlin/GER)	
4:30 p.m.	A comparative observational study to assess the effectiveness and costs of individualised homeopathy compared to conventional treatment in children with atopic dermatitis – An example for whole system research Witt, C.M. (Berlin/GER)	
4:45 p.m.	Effectiveness of Acupuncture in Patients with Allergic Rhinitis – Results of a Pragmatic Randomised Trial Brinkhaus, B. (Berlin/GER)	
5:00 p.m.	The anthroposophic treatment of seasonal allergic rhinitis: rationale, treatment approaches and health promoting effects Baars, E. (Leiden/NL)	
5:15 p.m.	Effect of Acupuncture on allergen-induced itch in patients with atopic eczema Pfäb, F. (Munich/GER)	

# Program

Saturday, November 8, 2008

Plenary	Deutsch English	Auditorium A
6:00 p.m. –	Future Challenges for Integrative Medicine	
7:30 p.m.	Chair: Dobos, G. (Essen/GER)	
6:00 p.m.	Clinical Research Strategies for Integrative Medicine Lewith, G. (Southampton/UK)	
6:20 p.m.	Quality, Safety and Costs of Integrative Medicine Witt, C.M. (Berlin/GER)	
6:40 p.m.	Psychosomatic and Psychological Aspects of Integrative Medicine Deter, H.-C. (Berlin/GER)	
7:00 p.m.	Conclusion and Future Steps Willich, S.N. (Berlin/GER)	

# Industrial Exhibition



# Exhibitors & Sponsors

## Opening Hours Industrial Exhibition

Friday, November 7, 2008 8:00 a.m. – 9:00 p.m.

Saturday, November 8, 2008 8:00 a.m. – 7:30 p.m.

Sunday, November 9, 2008 9:45 a.m. – 4:30 p.m.

The Congress is kindly supported by:

Company   Address   Products	Booth nr.
■ <b>3B Scientific GmbH</b> 21031 Hamburg   Germany <i>acupuncture needles, Laser</i>	B3
■ <b>Biologische Heilmittel Heel GmbH</b> 76532 Baden-Baden   Germany <i>The world leader in combination homeopathy with the main products Traumeel, Spascupreel, Gastricumeel, Neurexan, Zeel</i>	A2
■ <b>biosyn Arzneimittel GmbH</b> 70734 Fellbach   Germany	
■ <b>BMT Braun Limited</b> 71159 Mötzingen   Germany <i>BioBran; NattoNKCP</i>	B1
■ <b>CHINA VITALMED</b> 83355 Grabenstätt   Germany	A4
■ <b>Deutsche Ärztegesellschaft für Akupunktur e.V.</b> 81375 Munich   Germany <i>Ausbildung in Akupunktur und Chinesischer Medizin Forschungsförderung; bundesweit Qualitätszirkel Deutsche Zeitschrift für Akupunktur DZA</i>	B6
■ <b>DZVhÄ – Deutscher Zentralverein homöopathischer Ärzte</b> 53113 Bonn   Germany	A3
■ <b>Elsevier GmbH</b> 80333 Munich   Germany	A1
■ <b>Heck-Bio-Pharma</b> 73650 Winterbach   Germany <i>Rezepturärzneimittel</i>	B9
■ <b>HELIXOR Heilmittel GmbH &amp; Co.KG</b> 72348 Rosenfeld   Germany	A7
■ <b>Herrmann Apparatebau GmbH</b> 63839 Kleinwallstadt   Germany	A8
■ <b>HeVaTech GmbH – moderne Schröpftherapie</b> 72661 Grafenberg   Germany <i>Schröpftherapiegeräte</i>	A10

## Exhibitors & Sponsors

Company   Address   Products	Booth nr.
■ Kanne Brottrunk GmbH & Co.KG 59379 Selm-Bork   Germany	B7
■ meta Fackler Arzneimittel GmbH 31832 Springe   Germany	B10
■ MVS Medizinverlage GmbH 70469 Stuttgart   Germany <i>Fachzeitschriften</i>	A11
■ Natur und Medizin e.V. 45276 Essen   Germany <i>Patientenratgeber</i>	A12
■ NES EUROPE 69214 Eppelheim-Heidelberg   Germany	A5
■ nutrimmun GmbH 48143 Münster   Germany <i>proBiotik® – für die Darmflora</i> <i>mucoZink® – für die Darmschleimhaut</i> <i>nutriGlucan® – für das Immunsystem</i>	B8
■ schwa-medico GmbH 35630 Ehringshausen   Germany	B4
■ STEIGERWALD Arzneimittelwerk GmbH 64295 Darmstadt   Germany	B5
■ Von Ardenne Institut für Angewandte Medizinische Forschung GmbH 01324 Dresden   Germany <i>IRATHERM®1000 + IRATHERM®800</i>	B2
■ WALA Heilmittel GmbH 73087 Bad Boll/Eckwälde   Germany	A6
■ WELEDA AG 73525 Schwäbisch Gmünd   Germany	A9

## Open Information Day

Sunday, November 9, 2008  
Free admission!

### Main Topics

Stress  
Chronic Pain Syndromes  
Cardiovascular Diseases  
Rheumatism  
Homeopathy  
Acupuncture  
Immune System  
Infections  
Approved Homespun Remedies

### In cooperation with



D·A·M·i·D

Dachverband Anthroposophische  
Medizin in Deutschland

Please be aware that all of the lectures on the Open Information Day are held exclusively in German.

## Cultural Program

■ November 7 to 9, 2008



### Revue Qi – A Palace Fantasy, 7:30 p.m.

Qi – A Palace Fantasy is a musical revue of the most passionate sort. A fast-paced kaleidoscope offering comedy, well-known melodies from pop to classic and Tango performed in an unconventional and powerful way. You have never seen the world's longest chorus line like this. All acts of world class artistic excellence were awarded golden or silver 'Oscars' for artistic performances and are presented in this form for the first time in Europe. Qi – a Palace Fantasy glitters with all the beautiful colors and facets an exciting musical revue can offer.

*Place of Event:*  
Friedrichstadtpalast  
Friedrichstraße 107 | 10117 Berlin | Germany



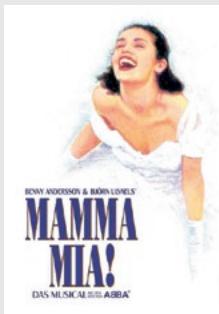
### Blue Man Group, 9:00 p.m.

The BLUE MAN GROUP is well-known as a creative team of artists whose highly praised theatre productions and multi-media performances are described by critics as 'funny', 'creating a stunning visual impact', and 'great music'. The three bald-headed 'Blue Men' take their audience on an entertaining, comic, exciting trip offering unique music. Spectators from all over the world have become fans of the BLUE MAN GROUP'S shows performed in Chicago, Las Vegas, London and Toronto. The BLUE MAN GROUP is also known for their extraordinary style of music and their self designed instruments.

*Place of Event:*  
Bluemax Theater at Potsdamer Platz  
Marlene-Dietrich-Platz 4 | 10785 Berlin | Germany

## Cultural Program

■ Mamma Mia!, 8:00 p.m.



A humorous and entertaining show about love, family, and friendship which – thanks to its amazing liveliness and verve – will take the spectators out of their every day lives.  
Love it!

MAMMA MIA! is a charming and humorous story told through 22 of the greatest hits of ABBA – including 'Dancing Queen', 'The Winner Takes It All', 'Knowing Me, Knowing You' and, of course, 'Mamma Mia'.

*Place of Event:*  
Theater at Potsdamer Platz  
Marlene-Dietrich-Platz 4 | 10785 Berlin | Germany

■ November 8, 2008



### With/Out Tutu (Ballet), 8:00 p.m.

That the ballet has long since broken out of its tight corset of tradition is a well-known fact. However, it is still amazing to see how contemporary choreographers with a classical background conquer new territory. Vladimir Malakhov was able to win over the U.S. choreographer Jodie Gates for this modern three-part ballet. From his classical background, Clark Tippet, formerly principal dancer of the American Ballet Theatre, has also created a series of choreographies that are still part of today's repertoire. His most popular piece 'Max Bruch Violin Concert' will be performed for the first time in Berlin. William Forsythe will be Germany's most popular choreographer of the evening. With 'The Vertiginous Thrill of Exactitude', created in 1996, he examines the appeal of the neo-classical style.

*Place of Event:*  
State Opera House Unter den Linden  
Unter den Linden 7 | 10117 Berlin | Germany

## Cultural Program

### ■ November 9, 2008



**Charity Concert for the benefit of the renovation of the state opera house**  
4:00 p.m.  
State Orchestra (Staatskapelle) of Berlin

**WOLFGANG AMADEUS MOZART**  
Overture to Don Giovanni KV 527  
(Arranged by Ferruccio Busoni)

Aria of Don Ottavio »Il mio tesoro«  
from Don Giovanni

Symphony No. 40 in G minor KV 550

Aria of Tamino »This picture tears my heart«  
from The Magic Flute KV 620

**GIUSEPPE VERDI**  
Recitative and Aria of Rodolfo  
»Fede negar potessi agl'occhi miei!« from Luisa Miller

**PETER I. TSCHAIKOWSKY**  
Aria of Lenski »Kuda, kuda, kuda vi udalilis«  
from Eugen Onegin  
Polonaise from Eugen Onegin

**GEORGES BIZET**  
Aria of Don José »La fleur que tu m'avais jetée«  
from Carmen

Orchestra Suite No. 1 from the opera Carmen  
for Orchestra

**RÉVERIANO SOUTULLO | JUAN VERT**  
Romance of Gérman »Ya mis horas felices«  
from 'Zarzuela La del Soto del Parral'

*Place of Event:*  
State Opera House Unter den Linden  
Unter den Linden 7 | 10117 Berlin | Germany

## Information on

### ■ Booking the Cultural Program

Discover Berlin, the German capital city, in addition to the scientific program offered by the European Congress for Integrative Medicine. A large number of concerts, guided city tours and cultural events will be proposed to you every day. If you have any question on a point included in the cultural program or your reservations, please directly call:

### ■ Contact

AVANTEL Hotelreservierung GmbH  
Friedlandstraße 18 | 52064 Aachen | Germany

Ms. Jenny Rosales  
Phone: +49 (0) 241 94662-840  
email: j.rosales@avantel.de

# ■ Disclaimer

---

KONGRESS- UND KULTURMANAGEMENT GMBH  
... erfolgreiche Tagungen und Kongresse



P.O. Box 36 64  
99407 Weimar | Germany  
Phone: +49 (0) 3643 2468-0  
Fax: +49 (0) 3643 2468-31  
email: info@kukm.de  
URL: www.kukm.de

Edition: XXXX  
Editorship conclusion: October XX, 2008

Despite our careful treatment of all documents received in due time, the producer cannot assume any liability with respect to the completeness and accuracy of entries. Damages for any inaccurate, incomplete or omitted entries or advertisements are hereby excluded. The place of performance and jurisdiction is Weimar, Germany. For any amendments please refer to our homepage [www.ecim-congress.org](http://www.ecim-congress.org) which is up-dated regularly.