

■ Table of Contents

Greeting	2
Cooperating societies	3
General Information	4
Information on Participant Registration	5
Scientific Board	6
Program Committee.....	7
Program Overview: Friday, October 4, 2013	8
Program Overview: Saturday, October 5, 2013	9
Program for Friday, October 4, 2013	10
Social evening: Friday, October 4, 2013	23
Program for Saturday, October 5, 2013.....	24
Speakers	35
Floor Plan	37
Plan Foyer and Industrial Exhibition	38
Plan Posterexhibition.....	39
Information on Hotel Reservation	41
Imprint.....	41
Exhibitors and Sponsors	42

Greeting



Welcome

Dear colleagues and congress participants,

Welcome to the 6th European Congress for Integrative Medicine that takes place in conjunction with the annual German Congress for Integrative Medicine again under the motto "The Future of Comprehensive Patient Care" in Berlin. The congress offers an innovative platform for medical practitioners and healthcare professionals as well as scientists and health politicians.

The aim is to actively influence the development of the best possible health care. Besides internationally renowned experts in the field of Integrative Medicine, medical practitioners from outpatient and inpatient settings are invited to participate in a lively exchange of ideas. Integrative Medicine combines conventional Western medicine with complementary and naturopathic medicine in a synergistic way to achieve optimum patient care.

The topics of the congress are characterized by the interdisciplinary cooperation which reach beyond the traditional approaches of medicine.

The European Congress for Integrative Medicine is by now the leading forum for the integrative and interdisciplinary scientific exchange in Europe, and, worldwide it is one of the largest scientific congresses in this field.

Excellent speakers, high quality contributions and a fruitful networking of science and medical practice will allow prolific conditions to promote the scientific and medical progress within Integrative and Complementary Medicine.

For this reason we cordially invite you once again this year to obtain an overview of the current state of Integrative Medicine and the possibilities and future regarding best integrative patient care.

We are very grateful to the cooperating scientific and clinical societies and to the work of

abstract reviewers for developing an attractive congress program and wish you successful, amicable, and inspiring days in Berlin.

The congress presidents

Prof Dr Gustav Dobos

PD Dr Harald Matthes

Prof Dr Andreas Michalsen

Cooperating societies



Deutsche Gesellschaft für Kardiologie –
Herz- und Kreislaufforschung e.V.



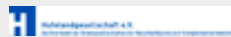
dialogforum
pluralismus in der medizin

D·A·M·i·D

Dachverband
Anthroposophische Medizin
in Deutschland



DÄGfA



WissHom

Wissenschaftliche Gesellschaft für Homöopathie



Societas Medicinae Sinensis

SMS

Internationale Gesellschaft
für Chinesische Medizin e.V.



International Society for
Complementary Medicine Research

dägo



Deutsche Gesellschaft
für Schmerztherapie e.V.



General Information

■ Congress Presidents

Prof Dr Gustav Dobos
Alfried Krupp von Bohlen und Halbach-
Foundation
University of Duisburg-Essen
Essen (Germany)

PD Dr Harald Matthes
Head physician
Community Hospital Havelhöhe
Hospital for Anthroposophic Medicine
Berlin (Germany)

Prof Dr Andreas Michalsen
Immanuel Krankenhaus
Berlin (Germany)
Charité - Universitätsmedizin Berlin
Berlin (Germany)

■ Venue

Charité - Universitätsmedizin Berlin
Campus Virchow-Klinikum
Augustenburger Platz 1
(Lehrgebäude, Weststr., Forum 3)
13353 Berlin

■ Official Languages

German, English

■ Organisation

Institute for Social Medicine, Epidemiology
and Health Economics
Charité - Universitätsmedizin Berlin

Community Hospital Havelhöhe
Hospital for Anthroposophic Medicine

■ Secretariat of the Congress

Ursula Bruckmann, Margit Cree,
Dr Kirsten Heckenbach
Phone: +49 (0) 30 450 529 262
Fax: +49 (0) 30 450 529 918
email: ecim@charite.de

■ Media Reception

Papers for the 6th European Congress for Integrative Medicine 2013 will not be accepted unless presented in the form of a PowerPoint presentation. Please save your presentation on a USB stick, and bring it to the conference. This year there will be no central transfer of electronic material. You can load your presentation directly onto the computers in the respective rooms. With this in mind, please be present in the respective room 20 minutes before the session begins. The congress staff will be of assistance when needed. Your presentation will be deleted from the computer after completion of the session. **Please note:** In order to avoid delay in the order of events, the use of personal note books is **not** allowed. Equipment for projection and computers are available in every conference room.

■ Internet Access

During the congress internet is available in the CIPom room at the congress venue. The opening times are as follows:

Friday, October 4, 2013 9:00- 18:00
Saturday, October 5, 2013 9:00 - 18:00

For employees of European Universities the W-Lan Hotspot „Eduroam“ is available.

Further information regarding CIPom and „Eduroam“ can be obtained at any time at the participant registration desk.

■ Personal congress documents

In addition to your personal congress documents you'll receive a printed abstract issue with the abstracts of all sessions at the beginning of the congress at the registration desk. This year the abstracts will be published in a supplement issue to the journal Research in Complementary Medicine.

Participant Registration

Participation fees

Participation in the congress and the workshops is guaranteed upon written confirmation only.

	Late Registration until September 30, 2013		Registration On Site	
	Permanent Ticket	Day Ticket	Permanent Ticket	Day Ticket
Physicians, Scientists	330 Euro	190 Euro	370 Euro	230 Euro
Nurses, Students*	130 Euro	90 Euro	160 Euro	100 Euro
Social evening	60 Euro		(Nurses/ Students) 30 Euro	

* Reduced fees apply only after supporting documentation has been received by the congress administration.

Continued Medical Education Credit Points

The Berlin Chamber of Physicians will certify participation in the European Congress for Integrative Medicine held together with the German Congress for Integrative Medicine by granting 6 CME points in category B for every congress day. Please sign each day in the attendee lists, which are available at the registration desk. Members of the German Physician chamber should paste their barcode label into the list.

Information for Poster Authors

Accepted posters will be available for viewing for the congress public in the poster exhibition area during the entire event. In addition, a guided poster presentation will be held during the lunch break on both congress days. Please be present next to your poster to give explanations and participate in discussions during this time. Please also observe the maximum poster dimensions: 90 cm wide + 120 cm high. A poster panel of its own will be provided for every poster, showing the poster number as indicated in the program in the upper left-hand corner. Material for securing posters will be available in a sufficient quantity on site. No securing material of your own is allowed. Please hang your poster up when the congress starts, and remove it after the congress, by the latest at 17:30 on October 5, 2013. Posters not removed will be kept by the room personnel until the end of the congress day and will be disposed off after that.

Certificate of Attendance

You will receive your Certificate of Attendance at the participant registration desk.

Opening Hours Participant Registration

Friday, October 4, 2013	07:30 - 20:00
Saturday, October 5, 2013	08:30 - 19:00

Scientific Board

Dr Karlien Bongers, Bongers Unlimited Health (care) Improvement Amsterdam (NL)
Prof Dr Benno Brinkhaus, Charité - Universitätsmedizin Berlin (DE)
Dr Francesco Cardini, Health and Social Agency of Emilia Romagna Region - Bologna (IT)
Prof Dr Gary Deng, Memorial Sloan-Kettering Cancer Center New York (US)
Prof Dr Hans-Christian Deter, Charité - Universitätsmedizin Berlin (DE)
Prof Dr Torkel Falkenberg, I C - THE INTEGRATIVE CARE SCIENCE CENTER (SE)
Prof Dr Helmut Gohlke, Ballrechten-Dottingen (DE)
Prof Dr Aviad Haramati, Georgetown University Washington (US)
Prof Dr Roland Hetzer, Deutsches Herzzentrum Berlin (DE)
Prof Dr Peter Heusser, Universität Witten/Herdecke (DE)
Prof Dr Martin Ingvar, Karolinska Institutet Stockholm (SE)
PD Dr Stefanie Joos, Ruprecht Karl Universität Heidelberg (DE)
Prof Dr Karin Kraft, Universität Rostock (DE)
Prof Dr George Lewith, University of Southampton (GB)
Prof Dr Peter F. Matthiesen, Universität Witten/Herdecke (DE)
Prof Dr Emilio Minelli, State University of Milan (IT)
Dr Ton Nicolai, European Committee for Homeopathy (NL)
Prof Dr Paolo Roberti di Sarsina, Ministry of Health, University of Milano-Bicocca (IT)
Dr Elio Rossi, Tuscany Network of Integrative Medicine, Lucca (IT)
Prof Dr Avni Sali, National Institute of Integrative Medicine (AU)
Prof Dr Michael Schäfer, Charité - Universitätsmedizin Berlin (DE)
Prof Dr Jürgen Scholze, Charité - Universitätsmedizin Berlin (DE)
Prof Dr Umberto Solimene, State University of Milan (IT)
Prof Dr Harald Walach, Europa-Universität Viadrina Frankfurt (DE)
Prof Dr Stefan N. Willich, Charité - Universitätsmedizin Berlin (DE)
Prof Dr Claudia Witt, Charité - Universitätsmedizin Berlin (DE)

■ Program Committee


Prof Dr Eric Baars, Hogeschool Leiden (NL)
Prof Dr Arndt Büssing, Universität Witten/Herdecke (DE)
Dr Friedrich Edelhäuser, Universität Witten/Herdecke (DE)
Prof Dr Tobias Esch, Hochschule Coburg (DE)
Prof Dr Markus Herrmann, Universität Magdeburg (DE)
Dr Josef Hummelsberger, München (DE)
PD Dr Dominik Irnich, Ludwig-Maximilians-Universität München (DE)
Dr Miek Jong, Louis Bolk Institute Driebergen (NL)
PD Dr Thomas Keil, Charité -Universitätsmedizin Berlin (DE)
Dr Matthias Kröz, Gemeinschaftskrankenhaus Havelhöhe (DE)
Prof Dr Jost Langhorst, Kliniken Essen-Mitte (DE)
Prof Dr Frauke Musial, University of Tromsø (NO)
Dr Miriam Ortiz, Charité - Universitätsmedizin Berlin (DE)
Dr Anna Paul, Kliniken Essen-Mitte (DE)
PD Dr Florian Pfab, Technische Universität München (DE)
Dr Helmut Rüdinger, Hamburg (DE)
Dr Friedemann Schad, Gemeinschaftskrankenhaus Havelhöhe (DE)
Prof Dr Stefan Schmidt, Universitätsklinikum Freiburg (DE)
Ms Franziska Schüler, Arlesheim (CH) (Internationales Jungmedizinerforum)
Dr Rainer Stange, Immanuel Krankenhaus Berlin (DE)
Dr Michael Teut, Charité -Universitätsmedizin Berlin (DE)
Dr Wolfgang Weidenhammer, Technische Universität München (DE)
Ms Sophia Werthmann, Herdecke (DE) (Internationales Jungmedizinerforum)
PD Dr Ursula Wolf, Universität Bern (CH)

Time	Audimax Simultan T.	Hörsaal 3	Mikroskopieraum	Kursraum 1	Kursraum 2	Kursraum 3
08:00						
08:30		Symposium ESCAMP Whole Medical Systems: Scientific and regulatory issues		Symposium Ayurveda	Symposium DGNHK Member meeting	
09:00						
09:30	Workshop "How to get published in a research journal"		ESIM e.V. Member meeting			Students/Young doctors Network Meeting Initiatives of Young doctors/Medical students
10:00						
10:30			Coffee break			
11:00-13:00	Congress opening Plenary session Whole Medical Systems/Oncology Key Note Lectures: Dobos G, Haramati A, Matthes H Award ceremony ESIM Award (Willich SN)					
13:00		Lunchsymposium Weleda AG		Lunch break		
13:30				Guided poster session (Posterehibition, 1. and 2. floor)		
14:00						
14:30	Original works	Workshop Anthroposophic Medicine	Workshop Intergrative Oncology	Workshop Irritable Bowel Syndrom (IBS)	Workshop Mind-Body-Medicine	Students/Young doctors Workshop "Generation Me"
15:00						
15:30						
16:00			Coffee break			
16:30	Workshop Naturopathy	Workshop GAÄD/AM	Workshop DZVhÄ	Workshop DÄGFA	Workshop Phytotherapy	Students/Young doctors "How to become a doctor - Aspects of inner development"
17:00						
17:30						
18:00-19:30	Plenary session Pain/Acupuncture Keynote Lectures: Brinkhaus B, Cramer H, Irnich D, Kopf A					
20:00						
20:30	Social evening					

Time	Audimax Simultan T.	Hörsaal 3	Mikroskopieraum	Kursraum 1	Kursraum 2	Kursraum 3
08:00						
08:30						
09:00						
09:30-11:00	Plenary session Therapy approaches Key Note Lectures: Berman B, Lewith G, Witt CW					
11:00	Coffee break					
11:30	Workshop Rheumatoid Arthritis	Symposium Fibromyalgia	Workshop CAM in different countries	Workshop Neurology/ Psychiatry	Workshop Backpain	Students/Young doctors "Doctor-Patient-Relationship (a workshop in communication, humor and interaction)"
12:00						
12:30						
13:00		Lunchsymposium Natural Source International, Ltd.		Lunch break Guided poster session (Posterehibition, 1. and 2. floor)		
13:30						
14:00						
14:30	Workshop Whole Medical Systems	Workshop Inflammatory Bowel Disease (IBD)	Workshop Chronobiology	Workshop Osteoarthritis/Pain	Workshop Multimodal anthroposophical approach of somatization	Students/Young doctors "Thinking and realizing Integrative Medicine"
15:00						
15:30						
16:00	Coffee break					
16:30	Workshop Mental health	Workshop Metabolic-Syndrom	Workshop Non pharmacological therapies of psychiatric diseases	Workshop Comprehensive Approach to Lowering Blood Pressure (CALM-BP)		Students/Young doctors "How do we envision medicine in the future?"
17:00						
17:30						
17:45-19:00	Plenary session Integrative Medicine - Perspectives/Congress closing Key Note Lectures: Briggs J, Musial F Award ceremony: "Hans-Joachim und Käthe Stein Stiftung f. Palliativmedizin" Congress closing and outlook to ECIM 2014 in Belgrad: Dunjic M.					

Workshop  Audimax


09:00 - 10:30	Author Workshop
09:00	How to get published in a research journal van Haselen R. (Strasbourg/FR)

Symposium  Hörsaal 3


08:00 - 10:30	ESCamp - European Scientific Cooperative on Anthroposophic Medicinal Products Chair: Baars E. W. (Driebergen/NL); Hamre H. J. (Freiburg/DE)
08:00	Whole Medical Systems: Scientific and regulatory issues Baars E. W. (Driebergen/NL); Hamre H. J. (Freiburg/DE)
08:30	Adequate study designs for (cost) effectiveness and efficacy research on Whole Medical Systems Walach H. (Frankfurt O./DE)
09:00	Contributions of case-study methodologies to Whole Medical System research Kienle G. S. (Freiburg/DE); Kiene H. (Freiburg/DE)
09:30	Towards a science-based regulatory framework for Whole System Medicinal Products in Europe Hamre H. J. (Freiburg/DE); Baars E. W. (Driebergen/NL)
10:00	Discussion

Meeting  Mikroskopierraum



09:00 - 10:30	European Society of Integrative Medicine Annual meeting Willich S. N. (Berlin/DE)
09:00	Agenda: <ul style="list-style-type: none">• Opening by the president• Approval of the agenda• Approval of the protocol 2012• Report of the Executive Board• Statement of accounts and budget 2014• Discharge of Executive Board• European Congress of Integrative Medicine 2014• Election of members to the Expanded Executive Board• Miscellaneous

Symposium  Kursraum 1

08:00 - 10:30	Deutsche Ärztesgesellschaft für Ayurvedamedizin e. V. (DÄGAM) Professionalizing Ayurveda: Global Perspectives -open for congress public- Chair: Kessler C. (Berlin/DE); Mohme W. (Hamburg/DE)
08:00	A milestone for Ayurveda in Germany: super qualification for Ayurvedic Medicine on the horizon Mohme W. (Hamburg/DE)
08:20	Ayurveda education for medical doctors - the Italian perspective Morandi A. (Mailand/IT)
08:40	Ayurveda education for medical doctors - the German perspective Kronpaß L. (Birstein/DE)
09:00	Ayurveda education for medical doctors - the Australian & New Zealand perspective Murthy V. (Auckland/NZ)
09:20	Ayurveda education for medical doctors - the EU perspective Gramminger H. (Bell/DE)
09:40	How research can facilitate health care decision making in favor of Ayurveda Manohar R. (Coimbatore, Tamil Nadu/IN)
10:00	Discussion Kessler C. (Berlin/DE)

Symposium  Kursraum 2

08:00 - 10:30	Deutsche Gesellschaft für Naturheilkunde (DGNHK) Chair: Langhorst J. (Essen/DE)
08:00	Wissenschaftliche Evaluation der Studienlage zur Integrativen Stationären Therapie - Ein Überblick Ostermann T. (Witten-Herdecke/DE)
08:30	Myrrhe, Kamille und Kaffeekohle in der remissionserhaltenden Therapie bei Colitis ulcerosa Langhorst J. (Essen/DE)
09:00	Aderlass und ausleitende Verfahren in der Therapie des arteriellen Hypertonus Michalsen A. (Berlin/DE)
09:30	Mitgliederversammlung DGNHK

Symposium   Kursraum 3

09:00 - 11:00 Students/Young doctors
Network Meeting - Initiatives of Young Doctors/Medical Students
 Arzt in Teilzeit; Arzt mit Humor; EINHERZ - Gemeinschaft für Medizin mit Liebe; Freundilie; Initiative für Ausbildung in Anthroposophischer Medizin e.V.; Internationales Jungmedizinerforum; Medizin mit Herz und Hand
 Chair: Schüler F. (Arlesheim/CH); Werthmann A. S. (Witten-Herdecke/DE); Allmendinger S. (München/DE)

09:00 This is an open meeting for young doctors and medical students who want to exchange ideas and visions with like-minded people who are working for a more human kind of medicine, focusing on the individual & applying principles of salutogenesis and Integrative Medicine. Let's meet each other and learn about the visions and ideas that we have!

Plenary Session   Audimax

11:00 Congress opening
 13:00 **Whole Medical Systems / Oncology**
 Chair: Dobos G. (Essen/DE); Matthes H. (Berlin/DE)

11:00 Address of welcome by the congress presidents
 Dobos G. (Essen/DE); Matthes H. (Berlin/DE); Michalsen A. (Berlin/DE)

11:25 "Integrative Oncology - From pioneering to mainstream"
 Dobos G. (Essen/DE)


11:45 Integrative Oncology as an answer for a desintegrative disease like cancer
 Matthes H. (Berlin/DE)

12:05 Mind-Body-Medicine - Education
 Haramati A. (Washington, DC/US)

12:25 Invitation IRCIMH congress 2014
 Haramati A. (Washington, DC/US)

12:35 ESIM Award "Excellence in Integrative Medicine Research" (supported by Heel)
 Willich S.N. (Berlin/DE)

Industry Symposium 		Hörsaal 3
13:00 - 14:00	<p>Weleda AG</p> <p>Verlängerung der Überlebenszeit und Verbesserung der Lebensqualität bei gastrointestinalen Tumorerkrankungen durch die Misteltherapie</p> <p>Chair: Matthes H. (Berlin/DE)</p>	
13:00	<p>Aktuelle Therapiemöglichkeiten bei gastrointestinalen Tumorerkrankungen</p> <p>Seufferlein T. (Ulm/DE)</p>	
13:15	<p>Erweiterte Behandlungsoptionen durch die integrative Onkologie</p> <p>Matthes H. (Berlin/DE)</p>	
13:35	<p>Vorstellung Studienergebnisse: Verlängerung der Überlebenszeit durch Misteltherapie bei lokal fortgeschrittenem oder metastasiertem Pankreaskarzinom</p> <p>Reif M. (Berlin/DE)</p>	
13:50	<p>Fragen und Diskussion (10 min)</p>	

Guided Poster Session 		Poster Exhibition
13:00 - 14:30	<p>CAM in different countries</p> <p>Chair: Matthiesen P. F. (Witten-Herdecke/DE)</p>	
CC 189	<p>Use of Complementary and Alternative Medicine among University Hospitals' Radiotechnologist in Korea</p> <p>Han D. (Seoul/KR)</p>	
CC 50	<p>Implementation project in integrative practices in the city of Betim-Minas Gerais- Brazil</p> <p>Dias F. (Belo Horizonte/BR)</p>	
CC 103	<p>Traditional herbal drugs regulatory issues</p> <p>Stanimirovic V. (Belgrad/RS)</p>	
CC 106	<p>Homeopathic drug regulation</p> <p>Stanimirovic V. (Belgrad/RS)</p>	
CC 116	<p>Knowledge and attitudes of primary health care physicians towards the integration of Complementary and Alternative Medicine (CAM) in Riyadh Region, Saudi Arabia</p> <p>Albedah A. (Riyadh/SA)</p>	
CC 123	<p>Modern medical pluralism in Austria based on Asian practices</p> <p>Pammer A. L. (Wien/AT)</p>	

CC 137	Out Of Pocket (OOP) spending on Complementary and Traditional Medicine in Saudi Arabia Albedah A. (Riyadh/SA)
CC 214	Factors and drugs affecting on appetite and relationship between appetite and humors from Iranian Traditional Medicine viewpoints Mohammadi Farsani T. (Tehran/IR)
CC 216	An Integrative Medicine Clinic in a Taleghani General Hospital, Tehran-Iran Talaie H. (Tehran/IR)

Guided Poster Session

Poster Exhibition

13:00 - 14:30

Oncology

Chair: Rossi E. (Lucca/IT); Deter H.C. (Berlin/DE)

ON 42	Review of clinical trial design in cancer research employing whole-system Ayurvedic medicine Murthy V. (Auckland/NZ)
ON 96	Add-on Homeopathy in cancer patients: retrospective survival data from an homeopathic outpatient unit at the Medical University of Vienna Gaertner K. (Wien/AT)
ON 127	Hypnosis as an additional intervention for women with breast cancer - a systematic review Cramer H. (Essen/DE)
ON 145	Are integrative oncological therapies used by different patient populations? Axtner J. (Berlin/DE)
ON 154	European survey of integrative oncology structures/centres: EPAAC preliminary data Rossi E. (Lucca/IT)
ON 173	Viscum album L. whole plant extracts cause apoptosis and inhibition of proliferation in pediatric osteosarcoma cells in vitro Kauczor G. (Berlin/DE)
ON 181	The use of Integrative Medicine among patients with breast cancer: a cross-sectional study in Korea Han D. (Seoul/KR)




Simultaneous translation




German only



English only

Guided Poster Session  Poster Exhibition

13:00 - 14:30	Pain therapy Chair: Jong M. (Driebergen/NL); Falkenberg T. (Järna/SE)
PT 70	The mandible microsystem: a breakthrough in pain therapy Elnaggar Y. (Mohandeseen-Giza/EG)
PT 111	Colorpuncture and Energetic Emission Analysis (EEA) for chronic pain therapy Di Francesco A. (Lecce/IT)
PT 149	The idea of a "mechanism-based pain therapy": how basic medical research and complementary medicine get together Peter J. (Berlin/DE)
PT 151	Ayurvedic treatment in refractory neuropathic pain after lumbotomy for renal cancer: a case report Levorato C. A. (Lovere/IT)
PT 165	Integrative primary care model for patients with chronic musculo-skeletal pain Jong M. (Driebergen/NL)

Guided Poster Session  Poster Exhibition

13:00 - 14:30	Treatment of different disease pattern Chair: Baars E.W. (Driebergen/NL); Edelhäuser F. (Witten-Herdecke/DE)
DI 5	The anomalous increase of magnetic field - cause of atherosclerosis Trifunovic N. (Belgrad/RS)
DI 22	Acupuncture helps regain postoperative consciousness in patients with traumatic brain injury: a case study Tseng Y.J. (Kaohsiung City/ TW)
DI 29	Effects of Dr Gifing® chrononutrition program on obesity and lipid profile Bankovic M. (Belgrad/RS)
DI 36	Avicenna's view point on Alopecia Areata Mohammadi Farsani G. (Teheran/IR)
DI 37	History of fatty liver in Medieval Iranian Medicine Movahhed M. (Teheran/IR)



Simultaneous translation





German only




English only

DI 52	Homeopathic management of herpes recurrences: a case series Fayard A.L. (Sainte-Foy-lès-Lyon/FR)
DI 61	The effects of complementary therapy on primary dysmenorrhea: a qualitative study Böning A. (Tübingen/DE)
DI 86	Heavy metals exposure and their influence in diseases onset - integrative approach in healing Vesovic D. (Belgrad/RS)
DI 109	Representation of integrative therapy in postmenopausal women Stanisic S. (Belgrad/RS)
DI 158	Distal acupoints and oral Low Level Laser therapy (LLLT) adjunct to conventional therapy in patients with chronic periodontitis - a preliminary study Hsu S.F. (Taichung/TW)
DI 159	Dysmenorrhea in young women: between self-treatment, conventional and complementary medicine Savoy M. (Lausanne/CH)
DI 161	Does acupuncture help to reduce overweight? Is acupuncture or auriculopuncture better for obesity treatment? Elenkova S. (Sofia/BG)
DI 196	What the guidelines say: Aesculus as a well established treatment option in chronic venous disease Müller J. (Darmstadt/DE)
DI 203	Diagnosis and treatment of food intolerance in autistic children Dunjic M. (Belgrad/RS)
DI 205	Research in biological effects of exposure of service technicians to electromagnetic field from base station antenna systems Krstic D. (Niš/RS)

Workshop  		Audimax
14:30 - 16:00	Original works Chair: Cardini F. (Bologna/IT); Stock-Schröer B. (Essen/DE)	
14:30	OP 142: Interprofessional collaboration in Complementary and Alternative Medicine in Germany - realistic or utopic? Glassen K. (Heidelberg/DE)	
14:45	OP 76: The effect of therapeutic touch on bio-behavioral stress markers in vascular surgical patients Coakley A. B. (Acton/US)	

15:00	OP 178: Consensus-Based CAse REporting (CARE) guidelines development Kienle G. S. (Freiburg/DE)
15:15	OP 122: Naturopathy, Complementary and Alternative Medicine (CAM) - developing a new curriculum for medical schools Stock-Schröer B. (Essen/DE)
15:30	OP 195: Comparison of heart rate variability biofeedback and eurythmy therapy to reduce stress in nurses - a randomized, controlled trial Vagedes J. (Tübingen/DE)
15:45	OP 171: Head down! A multicenter, prospective, practice-based evidence study of Integrative Medicine. Cardini F. (Bologna/IT)

Workshop 

Hörsaal 3

14:30 - 16:00

Anthroposophic Medicine

Chair: Huber R. (Freiburg/DE); Kröz M. (Berlin/DE)

14:30	OP 51: Pomegranate seed oil for menopausal symptoms - an individually controlled cohort study Huber R. (Freiburg/DE)
14:45	OP 15: The concept of a new multimodal approach based on Anthroposophic Medicine in the treatment of chronic cancer-related-fatigue in breast cancer patients Kröz M. (Berlin/DE)
15:00	OP 56: Client experiences with anthroposophic healthcare Koster E. (Leiden/NL)
15:15	OP 100: Opposite directions - Prescriptions and costs of drugs significantly decrease for integrative care pain and stress patients and significantly increase for matched conventional care patients - findings from a national registry analysis in Sweden Sundberg T. (Huddinge/SE)
15:30	OP 27: Administration of Cardiodoron® in patients with functional cardiovascular disorders and/or sleep disorders - results of a non-interventional study Rother C. (Schwäbisch Gmünd/DE)
15:45	OP 144: Effect of therapeutic speech on well-being, sleep, blood pressure regulation and heart rate variability: a study with hypertensive and normotensive patients Krüerke D. (Arlesheim/CH)

Workshop  Mikroskopieraum

14:30 - 16:00

Integrative Oncology

Chair: Rossi E. (Lucca/IT); Lewith G. (Southampton/UK)

14:30

OP 19: Use of Complementary and Alternative Medicine in children with cancer treated at a Swiss pediatric oncology unit: a retrospective study

Frei-Erb M. (Bern/CH)

14:45

OP 169: Extracts of *Helleborus niger* induce apoptosis and inhibit proliferation in human osteosarcoma cells

Schuster J. (Berlin/DE)

15:00

OP 90: Users' psychosocial conditions may modify the effects of anthroposophic products on long term survival of cancer patients

Grossarth-Maticsek R. (Heidelberg/DE)

15:15

OP 170: Implementation of integrative oncological therapies in daily care of a certified breast cancer center

Schad F. (Berlin/DE)

15:30


OP 162: Health status and satisfaction of patients with breast cancer with or without additive Homeopathy

Frass M. (Wien/AT)

15:45

OP 33: *Viscum album* L. extracts composed of triterpene acids and mistletoe lectins exhibit synergistic apoptosis induction in paediatric Ewing's Sarcoma cells in vitro

Dejewska M. (Berlin/DE)

Workshop  Kursraum 1

14:30 - 16:00

Irritable Bowel Syndrome (IBS)

Chair: Langhorst J. (Essen/DE); Matthes H. (Berlin/DE)

14:30

E. coli one of the best options for treatment of IBS

Peters U. (Herborn/DE)

15:00

Mind-Body-Medicine (MBM) in IBS - clinical evidence

Langhorst J. (Essen/DE)

15:30

10 years experience with an anthroposophic multimodale concept in the treatment of IBS



Matthes H. (Berlin/DE)


Workshop  Kursraum 2


14:30 - 16:00	Mind-Body-Medicine Chair: Paul A. (Essen/DE); Michaelis R. (Herdecke/DE)
14:30	OP 166: Mindfulness-based stress reduction for fibromyalgia - a systematic review of randomized-controlled trials Lauche R. (Essen/DE)
14:45	OP 92: Relaxing hydrotherapy WATSU (WaterShiatsu) and its effects in third trimester of pregnancy Schitter A. M. (Bern/CH)
15:00	Changes and interactions of flourishing, mindfulness, sense of coherence and quality of life in patients of a Mind-Body-Medicine outpatient clinic Gimpel C. (Berlin/DE)
15:15	OP 98: The Andrews/Reiter approach to epilepsy: resolving cognitive dissonance per acquisition of developmental skills decreases medically intractable seizures in an individual with bilateral laminar heterotopia Michaelis R. (Herdecke/DE)

Workshop   Kursraum 3

14:30 - 16:00	Students/Young doctors "Generation Me" - how can our ideals become reality within our healthcare system? Arzt in Teilzeit; Freundlie; Medizin mit Herz und Hand Chair: Ratz F. (Marburg/DE); Jahn F. (Greifswald/DE); Weiland R. (Witten-Herdecke/DE); Tsoukas R. (Witten-Herdecke/DE)
14:30	Within the demographic cohort called "generation me" it has become important to set priorities in life different from former generations. Besides working in a clinic or practice, they emphasize the necessity to spend a reasonable amount of time with their families as well as to be able to take care of other responsibilities beyond their jobs. In this workshop we would like to discuss how to communicate and further develop these concepts. Moreover we want to think about necessary changes in our healthcare system in order to rather concentrate on health itself than on management and economic concepts. We would also like to introduce you to the model project "Healthy Kinzigtal" that could be an inspiration for developing concepts of integrative patient care.

Workshop  		Audimax
16:30 - 17:30	Naturopathy Chair: Hummelsberger J. (München/DE); Schad F. (Berlin/DE)	
16:30	OP 99: Complementary and Alternative Medicine (CAM) as part of primary health care - differences in patients consulting GPs and non-medical CAM practitioners Kraus K. (Heidelberg/DE)	
16:45	OP 147: Specific problems of study design in Chinese Herbal Medicine (CHM) Hummelsberger J. (München/DE)	
17:00	OP 102: Herbal Medicinal Products vs. Botanicals: clear boundaries are necessary Kraft K. (Rostock/DE)	
17:15	OP 215: Natural drugs to combat bad bugs: photodynamic inactivation based on water-soluble formulations of hypericin or curcumin as novel approach to cure bacterial infections Plaetzer K. (Salzburg/AT)	


Workshop 		Hörsaal 3
16:30 - 17:30	Gesellschaft Anthroposophischer Ärzte in Deutschland e.V. (GAÄD) Chair: David M. (Filderstadt-Bonlanden/DE); Vagedes J. (Tübingen/DE)	
16:30	Febrile airway infections and pneumonia in children - a hands-on introduction to Anthroposophic Medicine <ul style="list-style-type: none">- diagnostic aspects- dealing with fever- medicinal aspects- external applications (with practical exercises)- outcome studies	

Workshop 		Mikroskopierraum
16:30 - 17:30	Deutscher Zentralverein homöopathischer Ärzte e.V. (DZVhÄ) Chair: Bajic C. (Remscheid/DE); Teut M. (Berlin/DE)	
16:30	OP 80: Homeopathic therapy in paediatric atopic diseases from 1998 to 2012: long-term outcomes in dermatitis, asthma and allergic rhinitis Rossi E. (Lucca/IT)	



16:45	OP 64: Homeopathic drug proving of Okoubaka aubrevillei: a randomised placebo-controlled trial Teut M. (Berlin/DE)
17:00	OP 155: How reliable are clinical indications in homeopathic treatment - a critical analysis based on Arnica montana Stock-Schröer (Essen/DE)
17:15	OP 190: Patients perception of homeopathic treatments - a qualitative study Berger B. (Herdecke/DE)


Workshop   Kursraum 1


16:30 - 17:30	Deutsche Ärztesgesellschaft für Akupunktur e.V. (DÄGfA) Triggerpoint and Myofascial Pain Treatment with needles in headache and fascial pain - open for non-acupuncturists Chair: Irnich D. (München/DE); Fleckenstein J. (Bern/CH)
16:30	Diagnosis of myofascial pain syndrome and triggerpoints - what tools do I need? Irnich D. (München/DE)
16:50	Most significant triggerpoints in head and neck Fleckenstein (Bern/CH)
17:10	Demonstration of needle treatment and exercises Irnich D. (München/DE); Fleckenstein J. (Bern/CH)

Workshop  Kursraum 2

16:30 - 17:30	Phytotherapy Sektion der Gesellschaft für Phytotherapie e.V. (GPT) Chair: Kraft K. (Rostock/DE); Stange R. (Berlin/DE)
16:30	Phytotherapie in deutschsprachigen Leitlinien Kraft K. (Rostock/DE)
16:50	Einstellungen und Inanspruchnahme der Phytotherapie in Deutschland unter der Bevölkerung, Patientengruppen und Ärzten Stange R. (Berlin/DE)
17:10	Fallstudie chronische Schmerzen: Stellenwert der Phytoanalgetika in Wissenschaft und praktizierter Medizin Uehleke B. (Berlin/DE)

Workshop  		Kursraum 3
16:30 - 17:30	Students/Young doctors How to become a doctor - Aspects of inner development Internationales Jungmedizinerforum; Medizin und Menschlichkeit e. V. Chair: Geib T. (Regensburg/DE); Wartner E. (Dillingen a.d. Donau/DE); Werthmann P. (Witten-Herdecke/DE)	
16:30	How do I become a good doctor? What kind of development, beyond the educational and vocational realms of conventional medicine, is required further to undergo an inner metamorphosis? What possibilities are there within integrative medicine to deepen our understanding of the concepts of sickness and health and the human being itself? We would like to discuss these questions in our workshop and look forward to exchanging thoughts and ideas.	

Plenary Session  		Audimax
18:00-	Pain/Acupuncture	
19:30	Chair: Michalsen A. (Berlin/DE)	
18:00	Integrative Medicine in allergic rhinitis - evidence and challenges for the future Brinkhaus B. (Berlin/DE)	
18:20	Perspective and limitations of conventional pain medicine Kopf A. (Berlin/DE)	
18:40	Concept, outcome and cost-effectiveness of the Munich Outpatient Program in Complementary and Alternative Medicine for chronic back pain (MOCAM Back Pain) Irnich D. (München/DE)	
19:00	Yoga as a therapeutic intervention for chronic pain Cramer H. (Essen/DE)	
19:20	Discussion Michalsen A. (Berlin/DE)	

Social evening 

BINuu Club

20:30 p.m.

Social evening with buffet

Social evening with buffet and Yiddish songs with Andrea Denoix (Ulm/DE)

Dance floor opens at 22:00

BiNuu

U-Bhf. Schlesisches Tor, on the right hand side of the Station
D-10997 Berlin-Kreuzberg



Information about the social evening and how to get there with public transport are available at the registration desk.


Tickets are available online at: <https://ecim2013.online-registry.net>
or at the registration desk on October 4, 2013.

The price for the evening including buffet is 60€ (Students 30€).

People who have already booked this event will receive their ticket at the beginning of the congress at the registration desk.

Plenary Session  		Audimax
09:30-11:00	Therapy approaches Chair: Matthes H. (Berlin/DE)	
09:30	Learning from the framework of corporate culture in «mergers» for Integrative Medicine Witt C. M. (Berlin/DE)	
09:50	Manipulative therapies for infantile colic Lewith G. (Southampton/UK)	
10:10	Integrated Health Care - The Future Berman B. (Baltimore/US)	
10:30	Discussion Matthes H. (Berlin/DE)	

Workshop  		Audimax
11:30 - 13:00	Rheumatoid arthritis Chair: Michalsen A. (Berlin/DE); Stange R. (Berlin/DE)	
11:30	Leitliniengerechte Therapie der Rheumatoiden Arthritis Krause A. (Berlin/DE)	
12:00	Übersicht Naturheilkundliche Maßnahmen Michalsen A. (Berlin/DE)	
12:20	Ayurvedic algorithm for management of rheumatoid arthritis Manohar R. (Coimbatore, Tamil Nadu/IN)	
12:40	Phytotherapie bei Rheumatischen Erkrankungen und Arthrose Chrubasik S. (Freiburg/DE)	

Symposia 		Hörsaal 3
11:30 - 13:00	Fibromyalgia Chair: Langhorst J. (Essen/DE); Kessler C. S. (Berlin/DE)	
11:30	CAM therapies in the German AWMF Guidelines for the treatment of the fibromyalgia syndrome Langhorst J. (Essen/DE)	
12:00	Ayurveda in the treatment of the fibromyalgia syndrome Kessler C. S. (Berlin/DE)	
12:30	Predictors of treatment satisfaction in patients with fibromyalgia Lauche R. (Essen/DE)	
12:45	OP 72: A systematic review and meta-analysis of Qigong for the fibromyalgia syndrome Lauche R. (Essen/DE)	

Workshop

Mikroskopierraum

11:30 - 13:00

CAM in different countries

Chair: Falkenberg T. (Järna/SE); Wolf U. (Bern/CH)

11:30

OP 184: Health benefit of public health program using the Traditional Medicine in Korea: a cross-sectional study
Han D. (Seoul/KR)

11:45

OP 121: Traditional Medicine in Saudi Arabia: Can we integrate it?
AlMudaiheem A. (Riyadh/SA)

12:00

OP 153: Contributions to a CAM research strategy for Europe - basic research and horizon 2020
Sützl-Klein H. (Wien/AT)

12:15

OP 168: Italy approves national rules for the education and practice of Complementary Medicine
Baccetti S. (Florenz/IT)

12:30

OP 110: Education opportunities and the implementation of Integrative Medicine in the health care system
Stanisic S. (Belgrad/RS)

Workshop

Kursraum 1

11:30 - 13:00

Neurology/ Psychiatry

Chair: Walach H. (Frankfurt O./DE); Melzer J. (Zürich/CH)

11:30

State of the art of herbal medicine in depression
Melzer J. (Zürich/CH)

11:50

OP 30: Heavy metals and Alzheimer's Disease
Walach H. (Frankfurt O./DE)

12:05

OP 143: Faith as a resource in patients with multiple sclerosis is associated with a positive interpretation of illness and experience of gratitude / awe
Büssing A. (Herdecke/DE)




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Workshop 		Kursraum 2
11:30 - 13:00	Backpain Chair: Cramer H. (Essen/DE); Lauche R. (Essen/DE)	
11:30	The importance of Complementary Medicine for neck and low back pain Lauche R. (Essen/DE); Cramer H. (Essen/DE)	
11:45	OP 71: The effect of a 3 months home use of cupping massage on chronic non-specific neck pain Lauche R. (Essen/DE)	
12:00	OP 75: Characteristics of acupuncture treatment associated with outcome: analyses of 17,922 patients with chronic pain in randomised controlled trials Lewith G. (Southampton/UK)	
12:15	OP 125: A 12-month follow-up of yoga for chronic neck pain Cramer H. (Essen/DE)	
12:30	OP 141: Standardized vs. individualized acupuncture for chronic low back pain - a randomized controlled trial Pach D. (Berlin/DE)	
12:45	OP 187: Why patients with chronic back pain visit Traditional Korean Medicine facilities in Korea? Han D. (Seoul/KR)	

Workshop  		Kursraum 3
11:30 - 13:00	Students/Young doctors Doctor-Patient-Relationship (a workshop in communication, humor and interaction) Arzt mit Humor; Medizin und Menschlichkeit e. V. Chair: Allmendinger S. (München/DE); Krause C. (Leipzig/DE)	
11:30	Interactive workshop that addresses doctor-patient-encounters: We will practice and reflect verbal and non-verbal methods of communication to enhance our interpersonal skills. Questions and topics that will be addressed: What is active (or generative) listening? How can I help my patients to understand and recall the informations that are given in conversations? How can we use humor and empathy to connect to colleagues and patients?	

Industry Symposium 		Hörsaal 3
13:00 - 14:00	Natural Source International, Ltd.	
13:00	Sourced from NATURE...Perfected by SCIENCE® - a novel approach to prostate, ovarian, and pancreatic cancers Beljanski S. (New York/US)	

Guided Poster Session 		Poster Exhibition
13:00 - 14:30	Health care research Chair: Heckenbach K. (Berlin/DE)	
HR 63	Knowledge and use of natural home remedies - a cross sectional questionnaire study among patients in Germany L.M. Parisius (Essen/DE)	
HR 77	Exploring nursing practice interventions that effect the sleep experience of hospitalized adult patients Empoliti J.H. (Boston/US)	
HR 93	A useful instrument for evaluating complementary therapies in primary care? - Validity and sensitivity to change of the German version of the Measure Yourself Medical Outcome Profile (MYMOP) Hermann K. (Heidelberg/DE)	
HR 108	Prescription of Complementary and Alternative Medicine remedies in elderly with cardiovascular diseases Heckenbach K. (Berlin/DE)	
HR 132	Using mixed methods to explore use of CAM among people with multiple sclerosis in the Nordic countries Skovgaard L. (Valby/DK)	
HR 157	Routine outcome monitoring in anthroposophic art therapy: results from a Dutch pilot study Abbing A. (Leiden/NL)	
HR 186	Use of Complementary and Alternative Medicine (CAM) among infertile female in Korea Han D. (Seoul/KR)	
HR 207	A new integrative medicine approach increases quality of life in chronic patients Abanades Leon S. (Barcelona/ES)	



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Guided Poster Session 		Poster Exhibition
13:00 - 14:30	Implementation of CAM Chair: Herrmann M. (Magdeburg/DE); Hummelsberger J. (München/DE)	
IC 38	Die Situation der ärztlichen Ausbildung in Ayurvedamedizin im deutschsprachigen Raum - strukturelle und organisatorische Herausforderungen Kronpaß L. (Birstein/DE)	
IC 60	Mindfulness-Based-Stress-Reduction in hospital setting Fringer A. (St. Gallen/CH)	
IC 160	Non-response and hypersensitivity; success with CAM after failure with conventional medicine. A conceptual framework for CAM rapid assessment in clinical practice Graz B. (Lausanne, CH)	
IC 176	Summer School for Integrative Medicine - Are we able to close the gap? Binder M. (Witten-Herdecke/DE)	
IC 198	It's not just what you do, but how you do it - success factors of a TCM-elective course Herrmann M. (Magdeburg/DE)	
IC 199	The Music Therapy model at the IMC University of Applied Sciences Krems/Austria Tucek G. (Krems/AT)	

Guided Poster Session 		Poster Exhibition
13:00 - 14:30	Research Chair: Kraft K. (Rostock/DE); Cardini F. (Bologna/IT)	
RE 43	Bridging Systems: connecting conventional and WMS thinking in clinical trials Kessler C. (Berlin/DE)	
RE 57	Shared Decision Making (SDM) about vaccinating in early childhood: What are parents' needs? A qualitative study Ratz F. (Marburg/DE)	
RE 59	Concept analysis of therapeutic "external applications" in nursing care: an integrative review for concept development Fringer A. (St. Gallen/CH)	
RE 104	Valerian: No clinically relevant interactions Kraft K. (Rostock/DE)	
RE 174	Investigation of regeneration effects in triathletes after therapeutic treatment Herold M. (Jockgrim/DE)	

Guided Poster Session 		Poster Exhibition
13:00 - 14:30	Therapeutical approaches Chair: Wolf U. (Bern/CH)	
TH 53	Lemon and quince for treatment of hay fever Huber R. (Freiburg/DE)	
TH 55	Effectiveness of rhythmical massage: a prospective cohort study in a real-world clinical setting Simões-Wüst A. P. (Richterswil/CH)	
TH 89	Indication of leech therapy (Jalaukavacharana) in TIM- Ayurveda Kumar S. (Essen/DE)	
TH 101	Antibacterial, antifungal and antimutagenic activity of Swertia chirayita Linn. : a Unani herbal drug Latif A. (Aligarh/IN)	
TH 133	Radio-electromagnetic treatment of eye convergence insufficiency Mele G. (Lecce/IT)	
TH 138	Inhibition of monocarboxylate transporter-mediated absorption of Valproic acid by Gegen-Qinlian-Tang Hsueh-Jung L. (TW)	
TH 191	Effects of inner and heard speech in arts speech therapy on cerebral oxygenation and hemodynamics Wolf U. (Bern/CH)	
TH 208	No problem in hypertensive patients? A re-evaluation of the literature data on Eleutherococcus senticosus, radix Schmidt M. (Mattsies/DE)	
TH 220	The Integrated Medicine improves rehab performaces after stroke, cerebral emorrhage and neurological disease. Results of a comparative study at Centre of Integrated Medicine of Pitigliano Hospital Bernardini S. (Firenze/IT)	
TH 222	Inter-rater reliability in homeopathic repertorisation and remedy selection - a follow up study Kiefer P. M. (Graz/AT)	
TH 223	Observation of responses over time to administration of homeopathic remedies Müller-Traut M. (Graz/AT)	
TH 224	Predictability of responses over time to administration of a homeopathic remedy Wagner C. (Graz/AT)	



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Guided Poster Session Poster Exhibition

13:00 - 14:30

Treatment of mental and behavioural diseases

Chair: Keil T. (Berlin/DE)

MD 67

Evidence of oxidative stress and antioxidant effects of potassium ascorbate with ribose therapy in patients with autistic traits
Anichini C. (Siena/IT)

MD 126

Efficacy of yoga for treating depression: a systematic review and meta-analysis
Cramer H. (Essen/DE)

MD 129

Cognitive effects of Bacopa monnieri extract: a systematic review and meta-analysis of randomized controlled trials
Kongkaew C. (Phitsanulok/TH)

MD 135

Bilateral Symmetric Emitter in the treatment of cognitive, behavioral and psychiatric symptoms of Alzheimer's Disease
Mele G. (Lecce/IT)

MD 156

Parent's perspectives towards Integrative Medicine in Child and Youth Psychiatry
Branje D. (Driebergen/NL)

Workshop

Audimax

14:30 - 16:00

Whole Medical Systems

Chair: Wahner-Roedler D. L. (Rochester/ US); Ostermann T. (Herdecke-DE)

14:30

OP 10: Physicians attitude toward Complementary and Alternative Medicine
Wahner-Roedler D. L. (Rochester/ US)

14:45

OP 12: Effect of healing ceremonies on participant's quality of life
Rowold J. (Dortmund/DE)

15:00

OP 180: Contributions of case-study methodologies to Whole Medical System research
Kienle G. S. (Freiburg/DE)

15:15

OP 120: Adaptierte Umsetzung der TEM (Traditioneller Europäischer Medizin) in Anwendung, Lehre und Forschung in Bad Kreuzen, Österreich
Spinka M. (Linz/AT)

15:30

OP 41: Defining Ayurveda as a Whole Medical System: examples of clinical encounters in real life situations
Manohar R. (Combiatore/IN)

Workshop  Hörsaal 3

14:30 - 16:00	Chronisch-entzündliche Darmerkrankungen (IBD) Vorsitz: Langhorst J. (Essen/DE); Matthes H. (Berlin/DE)
14:30	Interdisziplinäre Fallkonferenz zu chronisch entzündlichen Darmerkrankungen Fallpräsentation: Decker C. (Herdecke/DE)
	Diskussionspanel: Sturm A. (Berlin/DE) Langhorst J. (Essen/DE) Matthes H. (Berlin/DE) Huber R. (Freiburg/DE)
	Ablauf: Es werden 2-3 Falldarstellungen gemacht und das jeweilige Vorgehen sowie dessen Behandlungsalternativen diskutiert.

Workshop  Mikroskopierraum

14:30 - 16:00	Cancer-related fatigue and chronobiological aspects of cancer Chair: Kröz M. (Berlin/DE); Bartsch C. (Tübingen/DE)
14:30	Cancer and biological rhythms Moser M. (Graz/AT)
14:45	OP 49: Tumor size dependent circadian endocrine disturbances in untreated patients with primary prostate cancer Bartsch C. (Tübingen/DE)
15:00	OP 192: Cancer related fatigue and chronobiological aspects of cancer Zerm R. (Berlin/DE)
15:15	OP 115: The significance of heart rate variability analysis in cancer patients Cysarz D. (Herdecke/DE)
15:30	Non-pharmacological therapies in the treatment of cancer-related fatigue Gutenbrunner C. (Hannover/DE)
15:45	OP 211: The concept of a new multimodal approach based on anthroposophic medicine in the treatment of chronic cancer-related-fatigue in breast cancer patients Kröz M. (Berlin/DE)



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Workshop  Kursraum 1

14:30 - 16:00	Osteoarthritis/Pain Chair: Teut M. (Berlin/DE); Büssing A. (Herdecke/DE)
14:30	Spiritual needs of patients with chronic pain diseases Büssing A. (Herdecke/DE)
14:50	Cupping in osteoarthritis of the knee Teut M. (Berlin/DE)
15:10	Efficacy of medicinal leech therapy in osteoarthritis of the knee - a systematic review and meta-analysis Lauche R. (Essen/DE)
15:30	Ayurveda in arthritis and pain Kessler C.S. (Berlin/DE)

Workshop  Kursraum 2

14:30 - 16:00	Multimodales anthroposophisches Behandlungskonzept der Somatisierungsstörung Chair: Quez M. (Berlin/DE); Gilgen W. (Berlin/DE)
14:30	Lernziel: Kennenlernen eines multimodalen anthroposophisch- medizinischen Behandlungsansatzes mit seinen besonderen Vorteilen und Möglichkeiten in der Behandlung von psychosomatisch erkrankten Menschen.

Workshop   Kursraum 3

14:30 - 16:00	Students/Young doctors Thinking and Realizing Integrative Medicine Internationales Jungmedizinerforum; Medizin mit Herz und Hand Chair: Geib T. (Regensburg/DE); Ratz F. (Marburg/DE); Weinzirl J. (Witten-Herdecke/DE)
14:30	In this workshop, we would like to invite all of you for an exchange of thoughts, ideas and experiences on how to unify all our different approaches to medicine. We would like to gain a substantial understanding on our variegated approaches, and, thus, move towards an actual Integrative Medicine. How can we successfully integrate our approaches into a meaningful affiliation? What are the concrete steps in order to bring our ideas to fruition?

Workshop   Audimax

16:30 - 17:30	Mental health Chair: Michalsen A. (Berlin/DE)
16:30	Components of integral mental health-empirical evidence and systemic findings towards an integral approach in mental health Brunnhuber S. (Augsburg/DE)
17:00	Jenseits der "personalisierten" Psychiatrie - für ein umfassendes Verständnis des Personenseins Heinze M. (Berlin/DE)

Workshop  Hörsaal 3

16:30 - 17:30	Metabolisches Syndrom Chair: Stange R. (Berlin/DE); Zerm R. (Berlin/DE)
16:30	Kalorische Restriktion und Fasten Stange R. (Berlin/DE)
16:50	OP 6: Oatmeal diet in patients with severe insulin resistance - an overview and possible mechanisms of action Zerm R. (Berlin/DE)
17:05	Die Leber und das Metabolische Syndrom - Perspektiven für die Integrative Medizin Huber R. (Freiburg/DE)

Workshop  Mikroskopieraum

16:30-17:30	Non pharmacological therapies of psychiatric diseases Chair: Jong M. (Driebergen/NL)
16:30	OP 130: Dementia in Germany - results of an interdisciplinary expert workshop Blödt S. (Berlin/DE)
16:45	OP 193: Efficacy of musical intervals on psychological parameters in healthy students - a randomized controlled trial Vagedes J. (Tübingen/DE)
17:00	OP 131: Long-term treatment of bipolar disorder with radio electric asymmetric conveyor (REAC) Mele G. (Lecce/IT)
17:15	OP 134: Bilateral Symmetric Emitter Brain Stimulation vs Es-Citalopram in the treatment of social anxiety disorder: an open-label, naturalistic study Mele G. (Lecce/IT)



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Workshop 		Kursraum 1
16:30 - 17:30	CALM-BP Chair: Ziv A. (Zerifin/IL)	
16:30	Comprehensive Approach to Lowering Blood Pressure (CALM-BP): a randomized controlled trial of a multifactorial lifestyle intervention (OP 128)	
	Practical exercises	
Workshop  		Kursraum 3
16:30 - 17:30	Students/Young doctors How do we envision medicine in the future? EINHERZ - Gemeinschaft für Medizin mit Liebe; Medizin und Menschlichkeit e. V. Chair: Wartner E. (Dillingen a.d. Donau/DE); Garnitschnig L. (Wien/AT); Petersen F. (Ehrenkirchen/CH)	
16:30 p.m.	In this workshop, we want to explore how to implement new ideas in our working environment, our academic research and our everyday life. Additionally, we want to gain further insights for potential changes in the healthcare system and elaborate a visionary concept for a hospital that actively cultivates human values.	
Plenary Session  		Audimax
17:45-	Integrative Medicine Perspectives/ Congress closing	
19:00	Chair: Michalsen A. (Berlin/DE)	
17:45	Strategic directions for research in Complementary and Integrative Health Care Briggs J. (Maryland/US)	
18:05	Bottom up or Top down? - Neurobiology of CAM reflex therapies for chronic back and neck pain Musial F. (Tromsø/NO)	
18:45	Award ceremony "Hans-Joachim und Käthe Stein Stiftung für Palliativmedizin" Gockel M. (Berlin/DE), Allmendinger S. (München/DE)	
18:50	Congress closing and outlook to ECIM 2014 in Belgrad Dunjic M. (Belgrad/RS)	

Speakers

Abanades Leon S. (Barcelona/ES)
Abbing A. (Leiden/NL)
Albedah A. (Riyadh/SA)
Allmendinger S. (München/DE)
AlMudaiheem A. (Riyadh/SA)
Anichini C. (Siena/IT)
Axtner J. (Berlin/DE)
Baars E.W. (Driebergen/NL)
Baccetti S. (Florenz/IT)
Bankovic M. (Belgrad/RS)
Bartsch C. (Tübingen/DE)
Beljanski S. (New York/US)
Berger B. (Herdecke/DE)
Berman B. (Baltimore/US)
Bernardini S. (Firenze/IT)
Binder M. (Witten-Herdecke/DE)
Blödt S. (Berlin/DE)
Böning A. (Tübingen/DE)
Branje D. (Driebergen/NL)
Briggs J. (Maryland/US)
Brinkhaus B. (Berlin/DE)
Brunnhuber S. (Augsburg/DE)
Buchwald D. (Berlin/DE)
Büssing A. (Herdecke/DE)
Cardini F. (Bologna/IT)
Levorato C. A. (Lovere/IT)
Chrubasik S. (Freiburg/DE)
Coakley A. B. (Acton/US)
Cramer H. (Essen/DE)
Cysarz D. (Herdecke/DE)
David M. (Filderstadt-Bonlanden/DE)
Decker C. (Herdecke/DE)
Dei A. (Firenze/IT)
Dejewska M. (Berlin/DE)
Di Francesco A. (Lecce/IT)
Dias F. (Belo Horizonte/BR)
Dobos G. (Essen/DE)
Dunjic M. (Belgrad/RS)
Elenkova S. (Sofia/BG)
Elnaggar Y. (Mohandeseen-Giza/EG)
Empoliti J.H. (Boston/US)
Fayard A.L. (Sainte-Foy-lès-Lyon/FR)
Fleckenstein J. (Bern/CH)
Frass M. (Wien/AT)
Frei-Erb M. (Bern/CH)
Fringer A. (St. Gallen/CH)
Gaertner K. (Wien/AT)
Garnitschnig L. (Wien/AT)
Geib T. (Regensburg/DE)
Gilgen W. (Berlin/DE)
Gimpel C. (Berlin/DE)
Girke M. (Berlin/DE)
Glassen K. (Heidelberg/DE)
Gramminger H. (Bell/DE)
Graz B. (Lausanne, CH)
Grossarth-Maticek R. (Heidelberg/DE)
Gutenbrunner C. (Hannover/DE)
Hamre H.J. (Freiburg/DE)
Han D. (Seoul/KR)
Haramati A. (Washington, DC/US)
Heckenbach K. (Berlin/DE)
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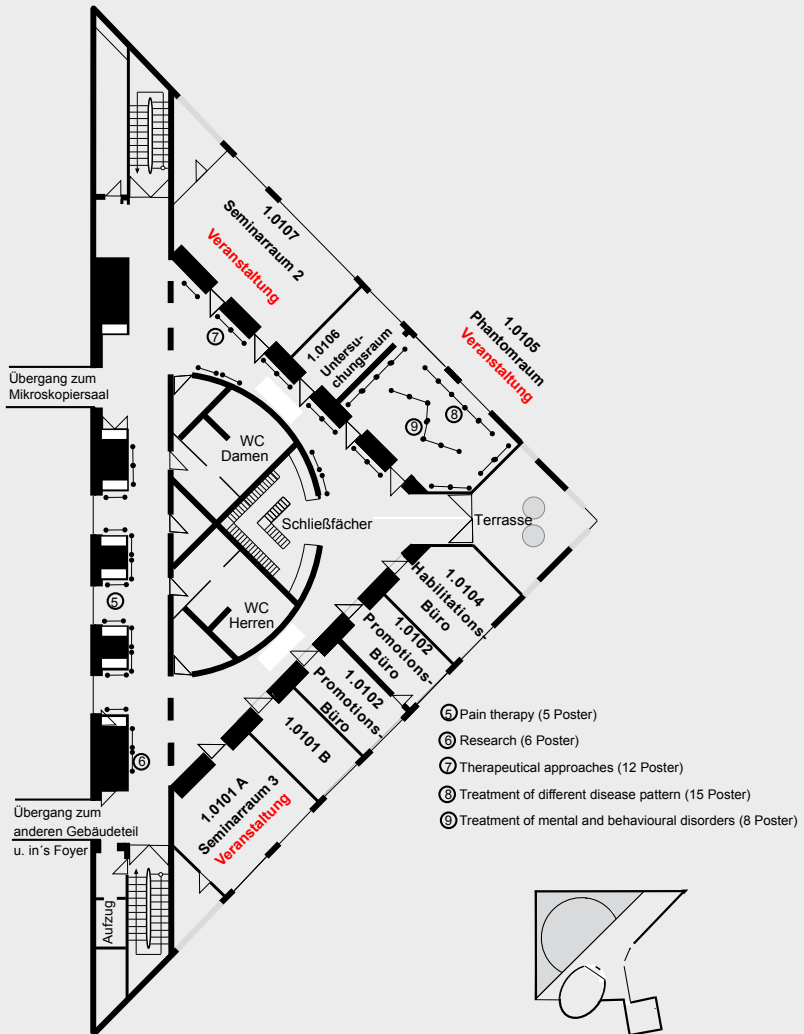
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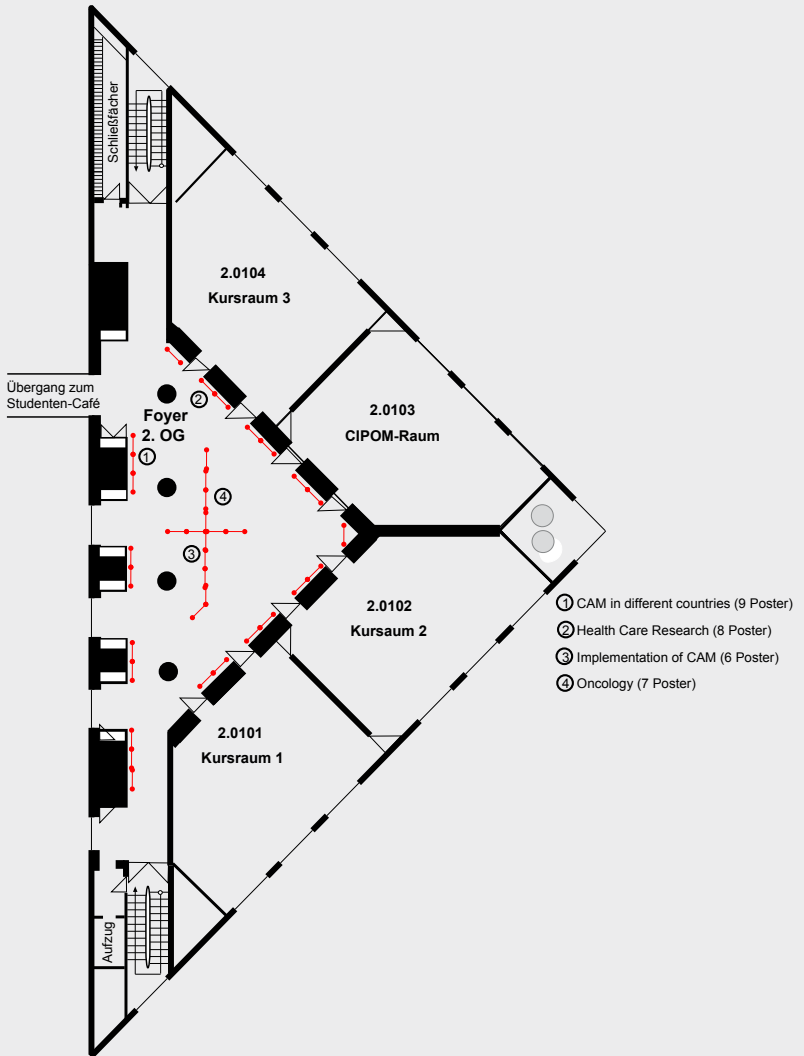
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