

■ Table of Contents

Greeting	2
Cooperating Societies.....	3
General Information	4
Information on Participant Registration	5
Scientific Board	6
Program Committee.....	7
Program Overview: Friday, October 7, 2011.....	8
Program Overview: Saturday, October 8, 2011.....	9
Program for Friday, October 7, 2011.....	11
Program for Saturday, October 8, 2011.....	28
Plan Foyer	38
Plan Posterexhibition.....	39
Exhibitors and Sponsors	41
Information on Hotel Reservation	42
Imprint.....	42



Welcome

Dear colleagues and congress participants,

Welcome to the 4th European Congress for Integrative Medicine that takes place in conjunction with the 4th German Congress for Integrative Medicine again under the motto "The Future of Comprehensive Patient Care" in Berlin. The congress offers an innovative platform for medical practitioners and healthcare professionals as well as scientists, sponsors, and health politicians. The aim is to actively influence the development of the best possible health care. Besides internationally renowned experts in the field of Integrative Medicine, medical practitioners from outpatient and inpatient settings are invited to participate in a lively exchange of ideas. Integrative medicine combines conventional western medicine with complementary methods of treatment such as naturopathy, homoeopathy, and acupuncture.

The topics of the congress are characterised by the interdisciplinary cooperation which reach beyond the traditional approaches of medicine.

The 3rd European Congress for Integrative Medicine in 2010 was another step to further establish Integrative Medicine. More than 500 participants were involved over 3 days in a lively exchange. Excellent speakers, high quality contributions and a fruitful networking of science and medical practice allowed prolific conditions to continue the congress in the future.

More than 400 scientists from various areas of expertise, medical practitioners, as well as health policy officials from 26 countries were discussing the future of optimal health care, which can essentially be ameliorated by expanding Integrative Medicine. For this reason we invite you once again this year to obtain an overview of the current state and the possibilities and future regarding optimal patient care.

We are very grateful to the cooperating scientific and clinical societies and to the work of abstract reviewers for developing an attractive congress program and we would like to wish you successful, amicable, and inspiring days in Berlin.

The congress presidents

Prof. Dr. Benno Brinkhaus

Prof. Dr. Gustav Dobos

Dr. Ines von Rosenstiel

Cooperating Societies



Deutsche Gesellschaft für Kardiologie –
Herz- und Kreislaufforschung e.V.



dialogforum
pluralismus in der medizin



D·A·M·i·D

Dachverband
Anthroposophische Medizin
in Deutschland



DÄGfa



Societas Medicinæ Sinensis

SMS
Internationale Gesellschaft
für Chinesische Medizin e.V.



International Society for
Complementary Medicine Research

General Information

■ Congress Presidents

Professor Dr. Benno Brinkhaus
Institute for Social Medicine, Epidemiology
and Health Economics
Charité - University Medical Center
Berlin, Germany

Prof. Dr. Gustav Dobos
Chair of Complementary and Integrative
Medicine
Alfried Krupp von Bohlen und Halbach-
Foundation
University of Duisburg-Essen
Department of Internal Medicine
Essen, Germany

Dr. Ines von Rosenstiel
The Children's Clinic for Integrative Medicine
Slotervaart Hospital Amsterdam
Amsterdam, The Netherlands

■ Venue

Charité University Medical Center
Campus Virchow-Klinikum
Weststraße/ Forum 3
13353 Berlin

■ Official Languages

German, English

■ Organisation

Institute for Social Medicine, Epidemiology
and Health Economics
Charité - University Medical Center

■ Speakers-/Abstractmanage- ment/ Participant Registration/ Sponsorship/Exhibition Service

Margit Cree
Phone: +49 (0) 30 450529-262
Fax: +49 (0) 30 450529-918
email: ecim@charite.de

■ Media Reception

Papers for the 4th European Congress for In-
tegrative Medicine 2011 will not be accepted
unless presented in the form of a PowerPoint
presentation. Please save your presentation
on a USB stick, and bring it to the conference.
This year there will be no central transfer of
electronic material. You can load your pres-
entation directly onto the computers in the
respective rooms. With this in mind, please
be present in the respective room 20 minutes
before the session begins. The congress staff
will be of assistance when needed. Your pres-
entation will be deleted from the computer
after completion of the session. **Please note:**
In order to avoid delay in the order of events,
the use of personal note books is **not** allowed.
Equipment for projection and computers are
available in every conference room.

■ Internet Access

During the congress internet is available in the
Cipom room at the congress venue. The opening
times are as follows:

Friday, October 7, 2011 9:00 a.m.- 7:00 p.m.
Saturday, October 8, 2011 9:00 a.m.- 6:00 p.m.

For employees of European Universities the
W-Lan Hotspot „Eduroam“ is available.

Further information regarding CIPOM and
„Eduroam“ can be obtained at any time at the
participant registration desk.

■ Personal congress documents

In addition to your personal congress docu-
ments you'll receive a USB stick with the ab-
stracts of all sessions at the beginning of the
congress at the registration desk instead of a
printed abstract issue.

Participant Registration

Participation Fees

Participation in the congress and the workshops is guaranteed upon written confirmation only.

	Late Registration until September 30, 2011		Registration On Site	
	Permanent Ticket	Day Ticket	Permanent Ticket	Day Ticket
Physicians, Scientists	320 Euro	180 Euro	360 Euro	220 Euro
Nurses, Students*	120 Euro	80 Euro	150 Euro	90 Euro
Welcome reception	60 Euro		(Nurses/ Students) 30 Euro	

* Reduced fees apply only after supporting documentation has been received by the congress administration.

Continued Medical Education Credit Points

The Berlin Chamber of Physicians will certify participation in the European Congress for Integrative Medicine held together with the German Congress for Integrative Medicine by granting 3 points in category B for every half day. Attendee lists will be available at the participant registration desk. Please enter your data in one of the lists available for every half day by pasting your barcode into the corresponding field, and signing next to it. If you have forgotten your barcode, please enter your EFN number in the barcode field. No further education points may be credited if neither the barcode has been pasted into the list, nor an EFN number has been entered.

Information for Poster Authors

Accepted posters will be made available for viewing for the congress public in the poster exhibition area during the entire event. In addition, a guided poster presentation will be held between 4:00 p.m. and 5:00 p.m. on October 7, 2011. Please be present next to your poster to give explanations and participate in discussions during this time. Please also observe the maximum poster dimensions: 90 cm wide + 120 cm high. A poster panel of its own will be provided for every poster, showing the poster number as indicated in the program in the upper left-hand corner. Material for securing posters will be available in a sufficient quantity on site. No securing material of your own is allowed. Please hang your poster up when the congress starts, and remove it after the congress, by the latest at 5:30 p.m. on October 8, 2011. Posters not removed will be kept by the room personnel until the end of the congress, and will be disposed of after that.

Certificate of Attendance

You will receive your Certificate of Attendance via email after the congress.

Opening Hours Participant Registration

Friday, October 7, 2011	8:00 a.m. -8:00 p.m.
Saturday, October 8, 2011	8:00 a.m. -7:00 p.m.

Scientific Board

Dr. Karlien Bongers, Bongers Unlimited Health (care) Improvement Amsterdam (NL)
Dr. Francesco Cardini, Health and Social Agency of Emilia Romagna Region - Bologna (IT)
Prof. Dr. Gary Deng, Memorial Sloan-Kettering Cancer Center New York (US)
Prof. Dr. Hans-Christian Deter, Charité - Universitätsmedizin Berlin (DE)
Prof. Dr. David M. Eisenberg, Harvard University (US)
Prof. Dr. Torkel Falkenberg, Karolinska Institutet Stockholm (SE)
Prof. Dr. Vinjar Fønnebo, University of Tromsø (NO)
Prof. Dr. Helmut Gohlke, Herzzentrum Bad Krozingen (DE)
Prof. Dr. Eckhart Hahn, Universität Witten-Herdecke (DE)
Prof. Dr. Aviad Haramati, Georgetown University Washington (US)
Prof. Dr. Roland Hetzer, Deutsches Herzzentrum Berlin (DE)
Prof. Dr. Peter Heusser, Universität Witten-Herdecke (DE)
Prof. Dr. Martin Ingvar, Karolinska Institutet Stockholm (SE)
PD Dr. Stefanie Joos, Ruprecht Karl Universität Heidelberg (DE)
Prof. Dr. Karin Kraft, Universität Rostock (DE)
Prof. Dr. Helene Langevin, University of Vermont Burlington (US)
Dr. Patricia Leroux, Marseille (FR)
Prof. Dr. George Lewith, University of Southampton (GB)
PD Dr. Klaus Linde, Technische Universität München (DE)
Prof. Dr. Peter F. Matthiesen, Universität Witten-Herdecke (DE)
Prof. Dr. Dieter Melchart, Technische Universität München (DE)
Prof. Dr. Andreas Michalsen, Charité - Universitätsmedizin Berlin (DE)
Dr. Ton Nicolai, European Committee for Homeopathy (NL)
Dr. Charlotte Paterson, University of Exeter, University of Bristol (GB)
Prof. Dr. Johannes Ring, Technische Universität München (DE)
Prof. Dr. Paolo Roberti di Sarsina, Ministry of Health (IT)
Dr. Elio Rossi, Tuscany Network of Integrative Medicine (IT)
Prof. Dr. Avni Sali, National Institute of Integrative Medicine (AU)
Prof. Dr. Reinhard Saller, Universitätsspital Zürich (CH)
Prof. Dr. Michael Schäfer, Charité - Universitätsmedizin Berlin (DE)
Prof. Dr. Jürgen Scholze, Charité - Universitätsmedizin Berlin (DE)
Prof. Dr. Umberto Solimene, State University of Milan (IT)
Prof. Dr. Harald Walach, Europa-Universität Viadrina Frankfurt (DE)
Prof. Dr. Stefan N. Willich, Charité - Universitätsmedizin Berlin (DE)
Prof. Dr. Claudia Witt, Charité - Universitätsmedizin Berlin (DE)

Program Committee

Prof. Dr. Eric Baars, Hogeschool Leiden (NL)
Prof. Dr. Arndt Büssing, Universität Witten-Herdecke (DE)
Dr. Friedrich Edelhäuser, Universität Witten-Herdecke (DE)
Prof. Dr. Tobias Esch, Hochschule Coburg (DE)
Dr. Corina Güthlin, J. W. Goethe-Universität Frankfurt a. M. (DE)
Prof. Dr. Markus Herrmann, Universität Magdeburg (DE)
Dr. Markus Horneber, Klinikum Nürnberg (DE)
Dr. Josef Hummelsberger, München (DE)
PD Dr. Dominik Irnich, Ludwig-Maximilians-Universität München (DE)
Dr. Miek Jong, Louis Bolk Institute Driebergen (NL)
Dr. Uwe Junker, Sana Klinikum Remscheid (DE)
PD Dr. Thomas Keil, Charité - Universitätsmedizin Berlin (DE)
Prof. Dr. Jost Langhorst, Kliniken Essen-Mitte (DE)
Dr. Harald Matthes, Gemeinschaftskrankenhaus Havelhöhe (DE)
Prof. Dr. Frauke Musial, University of Tromsø (NO)
Dr. Miriam Ortiz, Charité - Universitätsmedizin Berlin (DE)
Dr. Anna Paul, Kliniken Essen-Mitte (DE)
PD Dr. Florian Pfab, Technische Universität München (DE)
Dr. Helmut Rüdinger, Hamburg (DE)
Prof. Dr. Stefan Schmidt, Universitätsklinikum Freiburg (DE)
Dr. Michael Teut, Charité - Universitätsmedizin Berlin (DE)
Dr. Wolfgang Weidenhammer, Technische Universität München (DE)
Dr. Ursula Wolf, Universität Bern (CH)
Dr. Frank Zimmermann, Charité - Universitätsmedizin Berlin (DE)

Time	Audimax	Hörsaal 3	Mikrostopperraum	Kursraum 1	Seminarraum 3	Seminarraum 2	Kursraum 2	Kursraum 3	
09:00 a.m.									
09:30 a.m.		Satellite Symposium Naturheilkunde DGNHK e.V. + AN e.V		Workshop Introduction of YNSA-Acupuncture in emergency medical services	Lecture Ayurveda	Press talk	Satellite Symposium GAÄD „Impulses for teaching“	Satellite Symposium DZVNA	
10:00 a.m.									
10:30 a.m.				Coffee break					
11:00 a.m.	Plenary Session Congress Opening								
11:30 a.m.	Oncology and Integrative Medicine								
12:00 a.m.									
12:30 a.m.									
01:00 p.m.								Integrative Medicine in practice (walk and relax, 20 min.), Foyer	
01:30 p.m.									
02:00 p.m.									
02:30 p.m.	Parallel Session Cancer	Parallel Session Mind-Body-Medicine I	Parallel Session Pain I	Parallel Session Research methods and terminology I	Workshop Integrative cancer treatment at the GP	Satellite Symposium DGSS	Workshop Students „How do I want to work as a doctor?“	Case Conference Integrative Medicine for Osteoarthritis of the Knee	
03:00 p.m.									
03:30 p.m.									
04:00 p.m.									
04:30 p.m.									
05:00 p.m.									
05:30 p.m.									
06:00 p.m.	Plenary Session Research methods and terminology								
06:30 p.m.									
07:00 p.m.									
07:30 p.m.		ESIM Annual meeting							
08:00 p.m.									
								Social evening	

- Plenaries
- Theme Sessions
- Lunch Sympos.
- Poster Sessions
- Satellite Symposium
- Industry Symposium
- Workshops
- Attendant Events

Program Overview

Saturday, October 8, 2011

Time	Audimax	Hörsaal 3	Mikroskopieraum	Kursraum 1	Seminarraum 3	Seminarraum 2	Kursraum 2	Kursraum 3
08:30 a.m.								
09:00 a.m.	Plenary Session Mind-Body-Medicine							
09:30 a.m.								
10:00 a.m.				Coffee break				
10:30 a.m.								
11:00 a.m.	Parallel Session Mind-Body-Medicine II	Parallel Session Paediatrics and Various topics	Parallel Session Various topics I	Parallel Session Pain II	Workshop Integrative Care	Satellite Symposium DAGFA Integrative Medicine in Paediatrics	Workshop Breast Cancer and Integrative Medicine	Workshop Integrative Medicine and patient participation
11:30 a.m.								
12:00 a.m.				Lunch break				
12:30 a.m.								
01:00 p.m.								
01:30 p.m.								
02:00 p.m.	Press Round Table	Industry Symposium Heel GmbH			Workshop Osteopathy	Satellite Symposium Integrative Gastroenterology	Workshop Acupuncture and exercises for pain syndromes	Workshop ISCMR „How to design comparative effec- tiveness research“
02:30 p.m.								
03:00 p.m.				Coffee break				
03:30 p.m.								
04:00 p.m.	Parallel Session Research methods and terminology II	Parallel Session Integrative Medicine Patient Care	Parallel Session Various topics II	Parallel Session Education	Workshop Concept for integrative Medicine at the GP	Workshop Acupuncture for Cardiovascular diseases	Workshop CAMDOC-Alliance Round table towards Integrative Medicine in Europe	Meeting of the European Chapter of ISCMR
04:30 p.m.								
05:00 p.m.				Coffee break				
05:30 p.m.								
06:00 p.m.	Plenary Session Paediatrics and In- tegrative Medicine Congress closing							
06:30 p.m.								

- Plenaries
- Theme Sessions
- Lunch Sympos.
- Poster Sessions
- Satellite Symposium
- Industry Symposium
- Workshops
- Attendant Events

TARGETING JUST ONE SYSTEM ISN'T ENOUGH.



A healthy body functions based on the complex network of many different bioregulatory systems. When injury or illness strikes, this network breaks down. Heel medicines combine several ingredients from natural origins to target multiple interrelated bioregulatory systems within the body. This multi-component and multi-target approach helps restore the physiological network. And because our low-dose medicines have a regulating and modulating effect, they achieve a high level of efficacy with a low risk of side effects.

Satellite Symposium Hörsaal 3

09:00 - 10:30 a.m. Deutsche Gesellschaft für Naturheilkunde e.V. + Ärztesgesellschaft f. Naturheilverfahren Berlin-Brandenburg e.V.
Chair: Kraft K. (Rostock/DE), Langhorst J. (Essen/DE)

09:00 a.m. „How cupping therapy works - investigation of the subcutaneous metabolism using microdialysis“
Huber R. (Freiburg/DE)

09:20 a.m. „Diet as a naturopathic element of therapy in chronic inflammatory diseases“
Stange R. (Berlin/DE)

09:40 a.m. „Teaching of phytotherapy during medical training in Germany“
Kraft K. (Rostock/DE)

10:00 a.m. Annual meeting DGNHK

Workshop Kursraum 1

09:00 - 10.30 a.m. **YSNA-Acupuncture in emergency medical services**

09:00 a.m. Introduction of YSNA-Acupuncture in emergency medical services
Schockert Th. (Nideggen/DE)

Lecture Seminarraum 3

09:00 - 10.30 a.m. **TIM-Ayurveda**

09:00 a.m. Role of TIM-Ayurveda in integrative treatment setting - Clinical case report
Kumar S. (Essen/DE)

Satellite Symposium Kursraum 2

09:00 - 10:30 a.m. Dachverband Anthroposophische Medizin in Deutschland e.V.
Gesellschaft Anthroposophischer Ärzte in Deutschland e.V.
Training for Integrative Medicine in the future
Chair: Edelhäuser F. (Witten-Herdecke/DE)

09:00 a.m. Training initiatives for individual-orientated medicine from anthropology and anthroposophical medicine
Edelhäuser F. (Witten-Herdecke/DE)
von Blomberg S. (Witten-Herdecke/DE)
Students



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Satellite Symposium Kursraum 3


09:00 - 10:30 a.m.	Wissenschaftliche Gesellschaft für Homöopathie e.V. Deutscher Zentralverein homöopathischer Ärzte e.V. Different ways of research in homoeopathy Chair: Gutge-Wickert A. (Berlin/D), von Ammon K. (Bern/CH)
09:00 a.m.	Duckweed and yeast as model organisms for investigations into homoeopathic basic research - an overview Scherr C. (Arlesheim/CH)
09:20 a.m.	Classical homeopathy in the treatment of cancer patients - a prospective observational study of two independent cohorts Rostock M. (Hamburg/DE)
09:40 a.m.	Homeopathy has clinical benefits in rheumatoid arthritis patients that are attributable to the consultation process but not the homeopathic remedy: a randomised controlled trial Lewith G. (Southampton/GB)

Plenary Session Audimax

11:00 a.m. - 01:00 p.m.	Congress opening Oncology and Integrative Medicine Chair: Brinkhaus B. (Berlin/DE)
11:00 a.m.	Address of welcome Federal Ministry of Health Widmann-Mauz A. (Berlin/DE) Address of welcome European Society of Integrative Medicine Willich S.N. (Berlin/DE)
11:15 a.m.	Congress opening Brinkhaus B. (Berlin/DE)
11:25 a.m.	The future of Integrative Medicine Dobos G. (Essen/DE)
11:50 a.m.	Oncology - Integrative Medicine from inside perspective Deng G. (New York/US)
12:10 p.m.	Integrative Oncology - the view of a Comprehensive Cancer Center Schlag P. M. (Berlin/DE)
12:30 p.m.	Bridge between patient and doctor - the shift from CAM to Integrative Medicine Diehl V. (Stolpe/DE)

Workshop 		Foyer
01:00 - 01.20 p.m.	Integrative Medicine in practice - walk and relax Bürger C. (Berlin/DE)	

Parallel Session  		Audimax
02:00 - 03:30 p.m.	Cancer Chair: Rossi E. (Lucca/IT), Rostock M. (Hamburg/DE)	
02:00 p.m.	Predictors of therapy responsiveness for a multimodal therapy concept and aerobic training in breast cancer patients with chronic cancer-related fatigue Kröz M. (Berlin/DE)	
02:15 p.m.	Any difference? Use of a CAM provider among cancer patients, coronary heart disease (CHD) patients and individuals with no cancer/ no CHD Kristoffersen A. E. (Tromsø/NO)	
02:30 p.m.	Integrative approach with complementary medicine and diet to cancer patients in the hospital of Lucca (Italy) Rossi E. (Lucca/IT)	
02:45 p.m.	Yoga for promoting quality of life and psychological health in patients with breast cancer - a systematic review and meta-analysis Cramer H. (Essen/DE)	
03:00 p.m.	Psychosomatic disorders in patients with breast cancer - RCT with three mind-body-interventions Stange R. (Berlin/DE)	

Parallel Session 		Hörsaal 3
02:00 - 03:30 p.m.	Mind-Body-Medicine I Chair: Lewith G. (Southampton/GB), Schmidt S. (Freiburg/DE)	
02:00 p.m.	Change of inner congruence with yoga practices and association with mindfulness and positive mood Hedtstück A. (Witten-Herdecke/DE)	
02:15 p.m.	The assessment and management of depression and anxiety in prostate cancer patients undergoing active surveillance Watts S. (Southampton/GB)	
02:30 p.m.	Why are people meditating? - The Meditation Motivation Scale Schmidt S. (Freiburg/DE)	



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02:45 p.m.	Effect of Taiji practice on self-compassion in healthy subjects - results from a randomised waiting list controlled trial Nedeljkovic M. (Bern/CH)
03:00 p.m.	A spirituality teaching program for depression: shifts in spiritual involvement and beliefs Moritz S. (Calgary/CA)
03:15 p.m.	Forging a conviction: the effects of active participation in a clinical trial Lewith G. (Southampton/GB)

Parallel Session

Mikroskopieraum

02:00 - 03:30 p.m.	Pain I Chair: Matthiesen P. F. (Witten-Herdecke/DE), Zimmermann-Viehoff F. (Berlin/DE)
02:00 p.m.	Iyengar yoga compared to home-based exercise for patients with chronic neck pain: a randomised controlled trial Cramer H. (Essen/DE)
02:15 p.m.	Results of a randomised controlled pilot study on the effect of traditional cupping in chronic non-specific neck pain Lauche R. (Essen/DE)
02:30 p.m.	The influence of traditional cupping on the body image in patients with chronic non specific neck pain - a qualitative study Lauche R. (Essen/DE)
02:45 p.m.	Willow bark extract STW 33-I is safe and effective in the long-term treatment of degenerative joint diseases Uehleke B. (Berlin/DE)
03:00 p.m.	The influence of physicians' expectations on the treatment outcome of chronic pain patients treated with usual care only or additional acupuncture Schützler L. (Berlin/DE)
03:15 p.m.	STW1 (Phytodolor®) in rheumatic pain: re-analysis and meta-analysis Melzer J. (Zürich/CH)

Parallel Session  Kursraum 1

02:00 - 03:30 p.m.	Research methods and terminology I Chair: Walach H. (Frankfurt O./DE), Cardini F. (Bologna/IT)
02:00 p.m.	Initial homeopathic aggravation and adverse effects of homeopathic treatment- A literature review of randomised controlled trials, observational studies and surveys Stub T. (Tromsø/NO)
02:15 p.m.	Challenging dose-response dogma: the realm of very diluted Xenobiotic concentrations Dei A. (Florenz/IT)
02:30 p.m.	A randomised, double-blind comparability study of a placebo for individualised Western Herbal Medicine in adult outpatients Berkovitz S. (London/GB)
02:45 p.m.	An autonomic brainstem network mediates antiemetic and cardiovascular effects of acupuncture in man Beissner F. (Jena/DE)
03:00 p.m.	Promoting vs. misleading factors influencing an Integrative Medicine course Cardini F. (Bologna/IT)
03:15 p.m.	Integrative healthcare : a bibliometric-based analysis of an emerging concept Gaboury I. (Sherbrooke/CA)

Workshop  Seminarraum 3

02:00 - 03:30 p.m.	Integrative cancer therapy in General Practices
02:00 p.m.	Integrative cancer therapy in General Practices - acupuncture, neural therapy and related methods Wagner R. (Lahr/DE)



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Symposium Seminarraum 2

- 02:00 - 03:30 p.m. Deutsche Gesellschaft zum Studium des Schmerzes e.V.
Chair: Irnich D. (München/DE), Langhorst J. (Essen/DE)
- 02:00 p.m. Effects of acupuncture on sensory perception: Evidence from clinical and experimental research
Bäumler P. (München/DE)
- 02:30 p.m. Integrative treatment of chronic headache in children
Pothmann R. (Hamburg/DE)
- 03:00 p.m. Complementary therapies in fibromyalgia syndrome - Efficacy of hydrotherapy, aerobic exercise, acupuncture, MBSR and meditative movement therapies - systematic reviews with meta-analysis of controlled clinical trials
Langhorst J. (Essen/DE)

Workshop Kursraum 2

- 02:00 - 03:30 p.m. Workshop Students
Vision at work: "How we, the physicians of tomorrow, want to practice medicine"
Chair: Dobos A. (München/DE)
- 02:00 p.m. Opening talk
Dobos A. (München/DE)
Rassoulian P. (Wien/AT)
Hägele A.-K. (Witten-Herdecke/DE)
- 02:20 p.m. Interactive work in small groups
Becker P. (München/DE)
- 03:00 p.m. Plenum
Allmendinger S. (München/DE)

Workshop 		Kursraum 3
02:00 - 04:00 p.m.	Case conference osteoarthritis of the knee Chair: Ortiz M. (Berlin/DE)	
02:00 p.m.	Introduction - concept and aim of the case conference Ortiz M. (Berlin/DE)	
02:10 p.m.	Patient with osteoarthritis of the knee Kaiser S. (Berlin/DE)	
02:30 p.m.	Treatment options - Integrative Medicine Aspect Conventional Medicine : Kaiser S. (Berlin/DE) Aspect Ayurveda: Kessler C. (Berlin/DE) Aspect Acupuncture: Lochbrunner B. (Berlin/DE) Aspect Naturopathy: Rampp T. (Essen/DE)	
03:10 p.m.	Dialogue options Aspect Conventional Medicine: Kaiser S. (Berlin/DE) Aspect Ayurveda: Kessler C. (Berlin/DE) Aspect Acupuncture: Lochbrunner B. (Berlin/DE) Aspect Naturopathy: Rampp T. (Essen/DE)	
03:50 p.m.	Discussion with the auditorium	
03:55 p.m.	Closing remarks Ortiz M. (Berlin/DE)	

Guided Poster Session 		Poster Exhibition
04:00 - 05:00 p.m.	Education/ Integrative Medicine Patient Care/ Pain/ Paediatrics Chair: Jong M. (Drieberger/NL), Keil T. (Berlin/DE)	
ID 094	Traditional medicine in Serbia - Education Jovanovic-Ignjatic Z. (Belgrad/RS)	
ID 160	Learning complementary and alternative medicine: the evaluation of a mandatory course in training CAM by German medical students Haller H. (Essen/DE)	
ID 188	Complementary and alternative medicine in medical students' compulsory curriculum at the University of Bern, Switzerland Frei M. (Bern/CH)	
ID 193	Level of telomeres determined as a predictive factor of outcome of infertility treatment role of Pau Pereira and Rauwolfia Vomitoria extracts Dunjic M. (Belgrad/RS)	



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ID 199	Integrative approach - Bi-Digital O-Ring Test (BDORT) and prenatal diagnosis Dunjic M. (Belgrad/RS)
ID 210	Integrative care in the rehabilitation of people with Multiple Sclerosis - results from a six-year Danish research and collaboration project Skovgaard L. (Valby/DK)
ID 025	Fasting Therapy in Osteoarthritis Schmidt S. (Jena/DE)
ID 090	Protective effect of silibinin on oxaliplatin-induced oxidative stress: involvement in the neuropathic pain treatment Di Cesare Mannelli L. (Florenz/IT)
ID 138	Pneumatic pulsation therapy for chronic neck pain. A randomised controlled pilot study Cramer H. (Essen/DE)
ID 211	The role of the healthcare sector in patients' experiences of treatments for back pain Bradbury K. (Southampton/GB)
ID 010	Acupuncture for treatment of hospital induced constipation in children Anders E. (Greifswald/DE)
ID 068	The Italian paediatrics and CAM Di Giampietro T. (Pescara/IT)
ID 089	Clinical evaluation of Traditonal Chinese Medicine holistic treatments on paediatric asthma Lo L.C. (Changhua/TW)

Guided Poster Session

Poster Exhibition

04:00 - 05:00 p.m.

Mind-Body-Medicine/ Various topics

Chair: Esch T. (Coburg/DE), Hohmann C. (Berlin/DE)

ID 057	Getting started with Taiji - Exploring beginners' expectations towards Taiji Nedeljkovic M. (Bern/CH)
ID 058	Flow experience during Taiji practice - an observational study in healthy subjects Nedeljkovic M. (Bern/CH)
ID 082	Development and Pilot of the LEAP Project: an online spirituality based intervention for adolescent depression Moritz S. (Calgary/CA)



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ID 083	A Lifestyle-based, primary prevention program for Alzheimer's Disease Walach H. (Frankfurt O./DE)
ID 129	A Clinical study to evaluate the efficacy and safety of Bacopa Caplets in memory and learning ability: a double blind placebo controlled study Patki P. (Bangalore/IN)
ID 145	Focus group on a mind body course before the implementation at Lausanne Medical School, Switzerland Rodondi P. (Lausanne/CH)
ID 152	Additive complex Ayurvedic treatment in patients with generalised anxiety disorder compared to conventional standard care alone - Design of a controlled clinical non-randomised pilotstudy Kessler C. (Berlin/DE)
ID 167	Survey on hand gestures relevance in patient practitioner communication: a homeopathic example Escher M. (Witten-Herdecke/DE)
ID 176	Wellness care in a chiropractic practice-based research program Alcantara J. (San Jose/US)
ID 052	Twenty-three per cent of the Swiss adult population are using complementary medicine Klein S. (Bern/CH)
ID 067	Efficacy and safety of Meditative Movement Therapies in fibromyalgia syndrome - a systematic review and meta-analysis of randomised controlled trials Langhorst J. (Essen/DE)
ID 093	Development of the electronic materia medica „E-Phatak“ to assist individualised retrieval of remedies in homeopathy Raak C. (Witten-Herdecke/DE)
ID 189	Integrative Medicine with Ayurveda in general practice for 25 years - ethical background and cost effectiveness Schachinger W. (Ried/AT)



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Guided Poster Session Poster Exhibition

04:00 - 05:00 p.m. Cancer/ Various topics	
	Chair: Horneber M. (Nürnberg/DE), Kröz M. (Berlin/DE)
ID 021	Chronic osteonecrosis of jaw bone (NICO) and RANTES - Unknown trigger for breast cancer and multiple sclerosis Lechner J. (München/DE)
ID 024	Low intensity electromagnetic fields suppress tumor's cells growth Kalantaryan V. (Yerevan/AM)
ID 100	Earth magnetic field in cells division and evolution - theory of tumour emersion Trifunovic N. (Belgrad/RS)
ID 107	Retrolective studies on the survival of cancer patients treated with mistletoe extracts - a meta analysis Ostermann T. (Witten-Herdecke/DE)
ID 115	Integrative concept in the management of local and systemic advanced breast cancer using components of Ayurvedic Medicine - A case report Kronpaß L. (Rotthalmünster/DE)
ID 134	CAM in cancer care within the joint action "European Partnership for Action Against Cancer" (EPAAC) Rossi E. (Lucca/IT)
ID 207	Reliable evidence-based information on cancer therapies as a tool for facilitating patient-doctor communication Sieh M. (Strombeek-Bever/BE)
ID 208	Integrative oncology for breast cancer-patients: introduction of an expert-based model Dobos G. (Essen/DE)
ID 209	Effects of a mindfulness-based day-care clinic group program on quality of life, psychological health and coping in cancer patients Paul A. (Essen/DE)
ID 121	A systematic review of the literature in CAM prevalence as part of the EU CAMbrella collaborative project Eardley S. (Southampton/GB)
ID 172	Non conventional medicine within the Italian medical profession Roberti di Sarsina P. (Bologna/IT)
ID 198	Phenomenon of connective tissue disorders Nesterenko Z. (Lugansk/UA)
ID 213	Inflammation in neurodegenerative diseases Ulrich-Merzenich G. (Bonn/DE)




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Guided Poster Session  Poster Exhibition

04:00 - 05:00 p.m. Research methods and terminology	
Chair: Ostermann T. (Witten-Herdecke/DE), Baars E. (Leiden/NL)	
ID 011	Prakriti analysis in Ayurveda: envisaging the construction of validated tools for its practice Rastogi S. (Lucknow/IN)
ID 016	Criteria to define and assess initial homeopathic aggravation - Focus group interviews with eleven Norwegian homeopaths Stub T. (Tromsø/NO)
ID 026	CAM Use: results from a standardised questionnaire in 3 samples - breast cancer patients, high volume users, low volume users Güthlin C. (Frankfurt M./DE)
ID 029	Lessons to be learned: changing perspectives in acupuncture re- search methodology translated to osteopathic manipulative therapy clinical trials McCallister A. (Biddeford, ME/US)
ID 033	Consolidated standards of reporting trials (CONSORT) for Traditional Chinese Medicine: current situation and future development Bian Z. (Hong Kong/CN)
ID 039	Making every case worthwhile: multivariate analysis of homeopathic questionnaires regarding everyday polar symptoms Rutten L. (Breda/NL)
ID 072	Investigation of acupuncture sensation patterns under sensory deprivation Beissner F. (Jena/DE)
ID 102	Evaluation of application Etheric Oil 68 in the treatment of periodon- tal disease Duronjic M. (Derventa/BA)
ID 111	Contralateral homosegmental and ipsilateral heterosegmental effects of stimulations applied by quantitative sensory testing Takayama S. (Sendai/JP)
ID 119	Design, implementation and testing of practice-based healthcare programs in anthroposophic healthcare Ponstein A. (Leiden/NL)
ID 125	Development and validation of the "Consumer Quality Index - Anthro- sosophic Healthcare" to measure patient experiences systematically Koster E. (Leiden/NL)
ID 157	A novel herbal formulation "LiverCare" differentially regulates pri- mary hepatocyte and hepatocarcinoma cell proliferation in vitro Patki P. (Bangalore/IN)



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ID 202	Determination of vitamin D3 in three high-quality nutritional supplements, using ion-trap liquid chromatography, tandem mass spectrometry Finnell J. (Seattle/US)
ID 204	A comparative effectiveness trial of high-quality Vitamin D3 nutritional supplements to replete serum Vitamin D Finnell J. (Seattle/US)

Guided Poster Session

Poster Exhibition

04:00 - 05:00 p.m.

Various topics – therapeutic methods

Chair: Wolf U. (Bern/CH), Rüdinger H. (Hamburg/DE)

ID 020	Evidence for efficacy and effectiveness of the MORA bioresonance method in smoking cessation Isik E. (Istanbul/TR)
ID 043	Eurythmy therapy for essential hypertension - a pilot study Zerm R. (Berlin/DE)
ID 045	Effects of dance as primary prevention and health promotion program Kiepe M.-S. (Berlin/DE)
ID 047	Bodily experiences in various systems of treatment among patients with breast cancer Salamonsen A. (Tromsø/NO)
ID 066	Integrated clinical evaluation of Traditional Chinese Medicine and conventional medicine on diabetic patients Lo L.-C. (Changhua/TW)
ID 086	Integrative approach of assisted reproductive technology (ART) techniques and Traditional Chinese Medicine (TCM) Paul J. (Köln/DE)
ID 096	Colitis Ulcerosa - Integrative treatment Vulicevic O. (Belgrad/RS)
ID 103	Influence of long term microwave radiation (MW) from mobile phone on some tissue of rats Krstic D. (Nis/RS)
ID 117	The global patient's illness representations as a dialectic referent: analysis of the articulation of a plurality of voices in a Canadian integrative health care clinic Bujold M. (Québec/CA)
ID 126	Network chronic bowel disease first community and integrative research concept Veit I. (Herne/DE)



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ID 173	Case report of a patient suffering from cervical focal myelopathy treated with reflexology Mouzarou A. (P. Faliro/Greece)
ID 177	Expression of antioxidant enzymes in diabetic patients on integrative treatments Dragan S. (Timisoara/RO)
ID 183	Integrative smoking cessation Norheim A. J. (Tromsø/NO)

Guided Poster Session Poster Exhibition

04:00 - 05:00 p.m. **Various topics- Acupuncture/ Anthroposophical Medicine/ Ayurvedic Medicine/ Homeopathy**

Chair: Irnich D. (München/DE), Cardini F. (Bologna/IT)

ID 051	Auricular acupressure can regulate the autonomic nerve system of primiparous women in labor Lee C. s. (Changhua/TW)
ID 087	The immediate effect of electro-acupuncture on balance and gait in stroke patients with spastic hemiplegia Kuo T.- W. (Taichung/TW)
ID 116	Intensity and duration of needling sensations - a pilot study in osteoarthritis patients Schmidt S. (Freiburg/DE)
ID 184	Evaluating different placebo interventions in acupuncture research Norheim A. J. (Tromsø/NO)
ID 069	Effects of anthroposophic rhythmical body oiling on symptoms of stress and wellbeing in children and youth with mild ID and psychiatric disorders Hoekman J. (Leiden/NL)
ID 104	Anthroposophic Integrative Medicine in Sweden (AIMS) - Protocol for a retrospective comparative registry study of costs and effects Sundberg T. (Stockholm/SE)
ID 108	Prescribing practices in a German network of anthroposophic physicians for the treatment of patients with depression: a prospective observational study Jeschke E. (Berlin/DE)
ID 153	Ayurvedic management of Jalodara (hepatic cirrhosis complicated with ascites): a non-randomised, observational clinical trial Patel K. (Nadiad/IN)



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ID 147	Possibilities of homeopathic treatment for minor-grade cervical cytology abnormalities Jakubonienė D. (Vilnius/LT)
ID 182	Determinants of patients' choice of their family GP according to his prescription preferences towards homeopathic and complementary medicines: results of the EPI3 nationwide survey Grimaldi-Bensouda L. (Paris/FR)

Guided Poster Session  Poster Exhibition

04:00 - 05:00 p.m. **Various topics- Phytotherapy I**

Chair: Stange R. (Berlin/DE), Berghöfer A. (Berlin/DE)

ID 012	The Tibetan herbal formula Padma Digestin modulates gastrointestinal motility in vitro Kramer M. (Bern/CH)
ID 014	Modulatory role of Bauhinia variegata against sodium arsenite induced genotoxic and biochemical changes in mice Biswas S. J. (Kolkata/IN)
ID 032	Antibacterial, antifungal and antimutagenic activity of Unani Herbal Drug Swertia chirayita Linn. (Chirayita) Latif A. (Aligarh/IN)
ID 041	Influcid in feverish infections: results of a randomised, international, controlled clinical trial Klement P. (Karlsruhe/DE)
ID 053	Retrolective study of STW 1 in diseases of the locomotor system in a medical specialist practice Müller J. (Darmstadt/DE)
ID 055	Medical care of patients with moderate depression under hypericum extract STW3-VI (900 mg daily) compared to selective serotonin reuptake inhibitors in routine outpatient treatment- A prospective health services research study in Germany Kresimon J. (Burscheid/DE)
ID 065	Immunomodulatory properties of a lemon-quince preparation (Gencydo®) as an indicator of anti-allergic potency Gründemann C. (Freiburg/DE)
ID 071	Toxicity matters: assessment of genotoxicity of herbal medicinal products with a co-ordinated approach Kraft K. (Rostock/DE)
ID 073	Acute hepatitis associated with use of green tea and oral contraceptives: a case report Vannacci A. (Florenz/IT)



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ID 074	Potential interactions between synthetic drugs, herbal medicine and dietary supplements during preoperative anaesthesiological assessment Vannacci A. (Florenz/IT)
ID 076	Anti-oxidative and anti-inflammatory effect of the herbal preparation Canephron®N Hostanska K. (Zürich/CH)
ID 077	An investigation on the perception of the risk on the use of medicinal plants commonly used and sold by herbalists in Tuscany Vannacci A. (Florenz/IT)

Guided Poster Session

Poster Exhibition

04:00 - 05:00 p.m.

Various topics- Phytotherapy II


Chair: Langhorst J. (Essen/DE), Uehleke B. (Berlin/DE)

ID 078	Similasan® Arnica plus Spray homeopathic remedy promotes the wound healing of 3T3 fibroblasts in in vitro scratch assay Hostanska K. (Zürich/CH)
ID 079	Alternative treatments of anorectal fistulas: intrafistular injection of Argentum metallicum/Quarz, a case report Sortino G. (Palermo/IT)
ID 084	Selenium for the primary prevention of Alzheimer's Disease Loef M. (Frankfurt O./DE)
ID 097	Cold pressed and essential oils in treating psoriasis vulgaris Pozder N. (Conopljá/RS)
ID 110	Stress and the stomach: the effect of a herbal medicine, STW 5, in a pharmacological model of stress-induced functional dyspepsia Abdel-Aziz H. (Münster/DE)
ID 124	A systematic review of the effects and working principles of Citrus/Cydonia comp. for seasonal allergic rhinitis Baars E. (Leiden/NL)
ID 128	Efficacy and safety of a herbal formulation in benign prostatic hyperplasia: a single blind, randomised, placebo controlled study Patki P. (Bangalore/IN)
ID 130	Use of a multivitamin, mineral and herbal supplement to improve memory, mood and stress Sali A. (Melbourne/AU)
ID 194	The safety of Fennel Tea: Epigallocatechin Gallate and Phenolic compounds discovered in Fennel Tea inhibit Estragole toxicity Firenzuoli F. (Florenz/IT)


ID 214	St. John´s wort extract: activity in psychic stress Butterweck V. (Gainesville/US)
ID 215	Antidepressant effect of willow bark extract and its fractions Kelber O. (Darmstadt/DE)

Workshop  Kursraum 1
04:00 - 05:00 p.m. **Mind-Body-Medicine**

04:00 p.m. Mind-Body-Medicine - approaches in Chinese Medicine
Hummelsberger J. (München/DE)

Workshop  Seminarraum 3
04:00 - 05:00 p.m. Deutsche Gesellschaft für Akupunktur und Neuraltherapie e.V.

04:00 p.m. **Neural Therapy in children**
Haferkorn R. (Leipzig/DE)

Workshop  Seminarraum 2
04:00 - 05:00 p.m. **Microsystems of acupuncture**


Chair: Stör W. (Icking/DE)


04:00 p.m. Somatotopic varieties of acupuncture - ear-, skull-, hand and oral
acupuncture
Gleditsch J. (Wien/AT)



Workshop  Kursraum 2
04:00 - 05:00 p.m. **Mind-Body-Medicine for students**



04:00 p.m. Mind-Body-Medicine, theory and practical experience
Paul A. (Essen/DE)

Plenary Session  		Audimax
05:30 - 07:00 p.m.	Research methods and terminology Chair: Willich S.N. (Berlin/DE)	
05:30 p.m.	Comparative Effectiveness Research and Health Economics Witt C. (Berlin/DE)	
05:50 p.m.	Presentation of the Acupuncture Trialists' Collaboration (ATC) MacPherson H. (York/GB)	
06:10 p.m.	Terminology discussion in Integrative Medicine - the current status Lewith G. (Southampton/GB)	
06:30 p.m.	Statement Forum Pluralism in Medicine Willich S.N. (Berlin/DE)	

Meeting 		Hörsaal 3
07:00 p.m. - 08:00 p.m.	European Society of Integrative Medicine Annual meeting Willich S.N. (Berlin/DE)	
07:00 p.m.	Agenda: <ul style="list-style-type: none"> • Presentation of the Articles of the Society • Strategy of the Society • Election of Executive Board • Election of members for the Expanded Board • Miscellaneous 	

Social evening 		Tresor
08:00 p.m.	Social evening with buffet Tresor Berlin Club "Globus" Köpenicker Str. 70 D-10179 Berlin	
	Tickets are available at the registration desk. There will be a shuttle service from the congress venue to the club. The price for the evening including shuttle service, buffet and voucher for drinks (amounting to 15€) is 60€ (Students 30€).	
	Shuttle 1: 07.00 p.m., Start in front of "Forum 3" Shuttle 2: 08.00 p.m., Start in front of "Forum 3"	
	People who have already booked this evening will receive their ticket at the beginning of the congress at the registration desk.	

Plenary session  		Audimax
08:30 - 10:00 a.m.	Mind-Body-Medicine Chair: Dobos G. (Essen/DE)	
08:30 a.m.	Mind-Body-Medicine - Overview Michalsen A. (Berlin/DE)	
08:50 a.m.	Meditation and Neuroimaging Lazar S. (Charlestown/US)	
09:10 a.m.	Evidence of Tai Chi in Mind-Body-Medicine Wang C. (Boston/US)	
09:30 a.m.	Mind-Body-Medicine in an outpatient clinic Stör W. (Icking/DE)	

Parallel Session  		Audimax
10:30 - 12:00 a.m.	Mind-Body-Medicine II Chair: Michalsen A. (Berlin/DE), Jong M. (Driebergen/NL)	
10:30 a.m.	New eLearning technologies in Mind-Body-Medicine to promote healthy lifestyle-changes - Introduction of the model Bohle C. (Essen/DE)	
10:45 a.m.	Effectiveness of Iyengar yoga in patients with chronic neck pain: a randomised controlled trial Michalsen A. (Berlin/DE)	
11:00 a.m.	Arts speech therapy and its influence on the regularity of the heart beat Scholkmann F. (Zürich/CH)	
11:15 a.m.	Health-related quality of life and practicing qi gong and yoga: the effect of an integrative lifestyle modification program Haller H. (Essen/DE)	
11:30 a.m.	The effects of guided imagery on preoperative anxiety and pain management in patients undergoing laparoscopic cholecystectomy: a multi-centre, randomised controlled study Pijl A. (Amsterdam/NL) Jong M. (Driebergen/NL), coauthor/ presenter	
11:45 a.m.	Is Taichi community programme effective in reducing fall-related hospital utilisation? An observational study Lau C. C. (Hong Kong/CN) Cheung C. (Hong Kong/CN) coauthor/ presenter	




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Parallel Session 		Hörsaal 3
10:30 - 12:00 a.m.	Paediatrics and various topics Chair: Baars E. (Leiden/NL), von Ammon K. (Bern/CH)	
10:30 a.m.	Integrated medical treatment in children suffering from attention deficit disorder with and without hyperactivity - long-term follow-up von Ammon K. (Bern/CH)	
10:45 a.m.	Homeopathic therapy in paediatric respiratory complains from 1998 to 2009: long-term outcomes in asthma and allergic rhinitis Rossi E. (Lucca/IT)	
11:00 a.m.	A holistic scale for the assessment of physical and psychological functioning in children with developmental disorders Niemeijer M. (Leersum/NL)	
11:15 a.m.	Melodic events in early parent-child interaction and its relation to music therapy in developmentally delayed children without speech - A comparative single case study Raff-Lichtenberger H. (Stuttgart/DE)	
11:30 a.m.	Client experiences with anthroposophic pediatric care in a therapeuticum for children in the Netherlands Baars E. (Leiden/NL)	
11:45 a.m.	The variations of brain activities of acupuncture to TE5 of left hand in normal subjects Chen C.-Y. (Taipei/TW) Hsu S.- F. (Taipei/TW) coauthor/ presenter	

Parallel Session 		Mikroskopierraum
10:30 - 12:00 a.m.	Various topics I Chair: Paterson C. (Bristol/GB), Langhorst J. (Essen/DE)	
10:30 a.m.	Efficacy of a Chinese herbal proprietary medicine (Hemp Seed Pill) for functional constipation: a randomised controlled trial Bian Z. (Hongkong/CN)	
10:45 a.m.	Complementary medicine in the elderly - level of awareness and use Results from the KORA-Age project Weidenhammer W. (München/DE)	
11:00 a.m.	Randomised, double-blind, double-dummy, multicenter trial of a herbal preparation of myrrh, camomile and coffee coal compared to mesalazine in maintaining remission in ulcerative colitis Langhorst J. (Essen/DE)	



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11:15 a.m.	Elements status and pancreas function Lalic D. (Belgrad/RS)
11:30 a.m.	An assessment for the occurrences of cardiovascular disease associated with Ephedra: a population-based case-control study Chang L. (Tainan/TW)
11:45 a.m.	Communication about self-care in traditional acupuncture consultations: the co-construction of individualised advice Paterson C. (Bristol/GB)

Parallel Session Kursraum 1

10:30 - 12:00 a.m.	Pain II Chair: Kraft K. (Rostock/DE), Ortiz M. (Berlin/DE)
10:30 a.m.	Meditation for distressed patients with chronic neck pain: a randomised controlled trial Jeitler M. (Berlin/DE)
10:45 a.m.	Additive complex Ayurvedic treatment in patients with fibromyalgia-syndrome compared to conventional standard care alone - Design of a controlled clinical non-randomised pilotstudy (Kafa-Trial) Kessler C. (Berlin/DE)
11:00 a.m.	Acupuncture for back pain: a prospective cohort study evaluating patient outcomes and their determinants Bishop F. (Southampton/GB)
11:15 a.m.	The effects of cupping massage on chronic neck pain: a randomised controlled pilot study Schumann S. (Essen/DE)
11:30 a.m.	Spontaneous co-speech hand gestures in patients' complaint presentation and pain description Escher M. (Witten-Herdecke/DE)
11:45 a.m.	Manual therapy in the treatment of recurrent chest pain Gori L. (Empoli/IT)

Workshop Seminarraum 3

10:30 - 12:00 a.m.	Integrative Medicine patient care Chair: Langels O. (Essen/DE), Al-Abtah J. (Essen/DE)
10:30 a.m.	Integrative Medicine in practice - Presentation of: <ul style="list-style-type: none"> • Gua Sha/ cupping massage • packings • teas

Symposium Seminarraum 2

10:30 - 12:00 a.m.	Deutsche Ärztesgesellschaft für Akupunktur e.V. Integrative medicine applied in paediatrics Chair: Pothmann R. (Hamburg/DE), Ogal M. (Brunnen/CH)
10:30 a.m.	Hyposensitisation in the case of early-blossoming plant allergies in childhood years Pothmann R. (Hamburg/DE)
10:50 a.m.	Case history -atopic eczema treatment supported by TCM in an infant Schierl S. (Seeon/DE)
11:10 a.m.	Acupuncture in paediatrics being put to the test by evidence-based medicine Kracht R. (Berlin/DE)
11:30 a.m.	The development of complementary medicine in paediatrics Ogal M. (Brunnen/CH)

Workshop Kursraum 2


10:30 - 12:00 a.m.	Breast cancer and Chinese Medicine
10:30 a.m.	Integrative Oncology - Acupuncture and Chinese Medicine in patients with breast cancer Kirschbaum B. (Hamburg/DE)

Workshop Kursraum 3

10:30 - 12:00 a.m.	Patient participation and Integrative Medicine Berger B. (Witten-Herdecke/DE) Heusser P. (Witten-Herdecke/DE)
10:30 a.m.	Understanding individual-centred medicine from the view of CAM - male and female users - Results from a meta-ethnography Franzel B. (Witten-Herdecke/DE)
10:50 a.m.	Yoga for promoting quality of life and psychological health in patients with breast cancer - a systematic review and meta-analysis Cramer H. (Essen/DE)
11:10 a.m.	The „Essener Modell“ - the involvement of patients in treatment using Mind-Body-Medicine Paul A. (Essen/DE), Lauche R. (Essen/DE), presenter
11:30 a.m.	Does the implementation of decision-guidance make sense in integrative-medical clinical procedures Berger B. (Witten-Herdecke/DE)

Press Round Table   Audimax

01:30 p.m. -	"Do we need a new medicine?"
03:00 p.m.	Chair: Willich S.N. (Berlin/DE)
01:30 p.m.	Schulz R. (Bonn/DE), Allensbach Institut Thorbrietz P. (München/DE), freie Wissenschaftsjournalistin Müller-Jung J. (Frankfurt a.M./DE), Frankfurter Allgemeine Zeitung Meichsner I. (Köln/DE), freie Wissenschaftsjournalistin Koch C. (Hamburg/DE), stern

Industry Symposium  Hörsaal 3

01:30 p.m. -	Biologische Heilmittel Heel GmbH
03:00 p.m.	The Bioregulatory medicine approach: from genomics to clinical application Chair: Smit A. (Baden-Baden/DE)
01:30 p.m.	Opening remarks Breaking new grounds with Bioregulatory medicine Smit A. (Baden-Baden/DE)
01:40 p.m.	Genomic profiling as a tool to substantiate the action of multitarget medications and to guide patient care Seilheimer B. (Baden-Baden/DE)
02:00 p.m.	The inflammatory cascade as a model for the value of a network medicine and the usage of multicomponent, multitarget medications Schmolz M. (Reutlingen/DE)
02:20 p.m.	Clinical evidence of a multicomponent, multitarget medication, Traumeel, in the care of musculoskeletal disorders Wolfarth B. (München/DE)
02:40 p.m.	The implications of networks medicine and multitarget medications in modern medicine Smit A. (Baden-Baden/DE)
02:45 p.m.	Question period and round table discussion Smit A. (Baden-Baden/DE)

Workshop  Seminarraum 3

01:30 p.m. - 03:00 p.m.	Deutsche Ärztgesellschaft für Osteopathie e.V. Chair: Dräger K. (Hamburg/DE)
01:30 p.m.	Treatment potential of osteopathy: treatment of functional disorders and pain with the use of fascial dynamics Dräger K. (Hamburg/DE)
02:00 p.m.	Development asymmetry in children and their osteopathic treatment Lamberts A. (Celle/DE)

Satellite Symposium  Seminarraum 2

01:30 - 03:00 p.m.	Integrative Gastroenterology Chair: Langhorst J. (Essen/DE), Bian Z.-X. (Hong-Kong/CN)
01:30 p.m.	Complementary therapies for patients with Chronic Hepatitis C Huber R. (Freiburg/DE)
02:00 p.m.	Traditional Chinese Medicine in Irritable Bowel Syndrome Bian Z.-X. (Hong-Kong/CN)
02:30 p.m.	Integrative therapy of Inflammatory Bowel Diseases Langhorst J. (Essen/DE)

Workshop  Kursraum 2

01:30 - 03:00 p.m.	Deutsche Gesellschaft für Akupunktur und Neuraltherapie e.V. Acupuncture and targeted movement patterns in painful disorders
01:30 p.m.	Acupuncture and targeted movement patterns in painful disorders of the musculoskeletal system Schwanitz R. (Rostock/DE)

Workshop  Kursraum 3

01:30 - 03:00 p.m.	International Society for Complementary Medicine Research
01:30 p.m.	How to design comparative effectiveness research Witt C. (Berlin/DE)



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Parallel Session 		Audimax
03:30 - 05:00 p.m.	Research methods and terminology II Chair: Falkenberg T. (Stockholm/SE), Bishop F. (Southampton/GB)	
03:30 p.m.	Experts' opinions on terminology for complementary and Integrative Medicine - a qualitative study with leading experts Holmberg C. (Berlin/DE)	
03:45 p.m.	General complexities, concepts and strategies in CAM Research - Preliminary results of a review within work package 7 of the EU-funded CAMbrella project Fischer F. (Berlin/DE)	
04:00 p.m.	The development of a professional monitoring infrastructure for anthroposophic art therapy Abbing A. (Leiden/NL)	
04:15 p.m.	Scientific tools, fake treatments, or triggers for psychological healing: how RCT participants conceptualise placebos Bishop F. (Southampton/GB)	
04:30 p.m.	Meta-Ethnography: concepts of integrative and person-centred medicine from the perspectives of patients Berger B. (Witten-Herdecke/DE) Franzel B. (Witten-Herdecke/DE) coauthor/ presenter	
04:45 p.m.	Efficacy of acupuncture in patients with seasonal allergic rhinitis - Results of the one year follow-up period within a randomised controlled trial Brinkhaus B. (Berlin/DE)	

Parallel Session 		Hörsaal 3
03:30 - 05:00 p.m.	Integrative Medicine Patient Care Chair: Paterson C. (Bristol/GB), Heusser P. (Witten-Herdecke/DE)	
03:30 p.m.	Integrative encounters: cultural perspectives on mental health in a North Norwegian community Kil M. A. (Tromsø/NO)	
03:45 p.m.	Towards a model for Integrative Medicine in the primary care of patients with chronic joint diseases and allergy Jong M. (Driebergen/NL)	
04:00 p.m.	The use of integrative health care among patients with diabetes mellitus in Korea Han D. (Seoul/KR)	

04:15 p.m.	Embedding chiropractic in indigenous health care organisations: applying the 'normalisation process model' Paterson C. (Bristol/GB)
04:30 p.m.	Integrative approach in diagnoses and treatment of some endocrine diseases Dunjic M. (Belgrad/RS)
04:45 p.m.	Integrative approach to autism-diagnoses and treatment by Bi-Digital-O-Ring Test Dunjic M. (Belgrad/RS)

Parallel Session 	Mikroskopierraum
03:30 - 05:00 p.m.	Various topics II Chair: Berghöfer A. (Berlin/DE), Sali A. (Sydney/AUS)
03:30 p.m.	Music therapeutic interventions to affect regulation of severely multiply handicapped adults - A video based qualitative study Reimer S. (Berlin/DE)
03:45 p.m.	Hypersensitivity as a target in CAM therapy of functional gastrointestinal diseases: Pharmacological data on STW 5 Mittler S. (München, DE)
04:00 p.m.	Cupping in osteoarthritis of the knee - Results of a pilot randomised controlled study Teut M. (Berlin/DE) Kaiser S. (Berlin/DE), coauthor/presenter
04:15 p.m.	Structural brain alterations due to mindfulness meditation - investigation of gray matter volume with voxel-based morphometry Choi K. (Essen/DE)
04:30 p.m.	Stimulation of gastric slow waves with manual acupuncture at acupuncture points ST36 and PC6 - A randomised single blind controlled trial Pach D. (Berlin/DE)
04:45 p.m.	The effect of arts speech therapy on end-expiratory CO2 as well as cerebral hemodynamics and oxygenation Scholkmann F. (Zürich/CH) Wolf U. (Bern/CH), coauthor/presenter

Parallel Session 		Kursraum 1
03:30 - 05:00 p.m.	Education Chair: Graz B. (Lausanne/CH), Edelhäuser F. (Witten-Herdecke/DE)	
03:30 p.m.	Sculpturing as an approach to train holistic thinking and perception in the medical curriculum Frei M. (Bern/CH) Wolf U. (Bern/CH), coauthor/presenter	
03:45 p.m.	Impact on medical practice of a new required course on complementary medicines in Lausanne Medical School, Switzerland Graz B. (Lausanne/CH)	
04:00 p.m.	Media focus on complementary medicine - Medical students' perception of the controversial debate in media coverage Daig U. C. (Magdeburg/DE)	
04:15 p.m.	Master's level education for practitioners: an essential requirement for successful integration? Chatfield K. (Lancashire/GB)	
04:30 p.m.	Searching for Dr. Supportive - Doctor-patient communication and cancer patients' use of CAM Salamonsen A. (Tromsø/NO)	
04:45 p.m.	A suggested model for constructing an individualised therapeutic plan in complementary medicine Mouzarou A. (P. Faliro/GR)	
Workshop 		Seminarraum 3
03:30 - 04:30 p.m.	Practicing concept of Integrative Medicine	
03:30 p.m.	Introduction of practice model and patient cases Schnittert I. (Berlin/DE)	
Workshop 		Seminarraum 2
03:30 - 05:00 p.m.	Deutsche Ärztesgesellschaft für Akupunktur e.V. Acupuncture in heart disease	
03:30 p.m.	Acupuncture in heart disease - lessons learned, research, schools of thought Rüdinger H. (Hamburg/DE)	

Workshop Kursraum 2

03:30 - 05:00 p.m.	CAMDOC Alliance Towards Integrative Medicine in Europe Chair: Maric-Oehler W. (Bad Homburg/DE)
03:30 p.m.	Integrative medicine in practice: The view of an integrative medical service provider Winkler M. (The Hague/NL)
03:35 p.m.	Where are the problems? Nicolai T. (Rotterdam/NL)
03:40 p.m.	The German experience: Dialogforum Pluralismus in der Medizin Willich S.N. (Berlin/DE)
03:45 p.m.	What does "evidence" mean in CAM research? Lewith G. (Southampton/GB)
03:50 p.m.	The US experience of Integrative Medicine Deng G. (New York/US)
03:55 p.m.	Discussion

Meeting Kursraum 3

03:45 - 05:15 p.m.	International Society for Complementary Medicine Research
03:45 p.m.	Meeting of the European Chapter of ISCMR Chair: Wolf U. (Bern/CH), Witt C. (Berlin/DE)

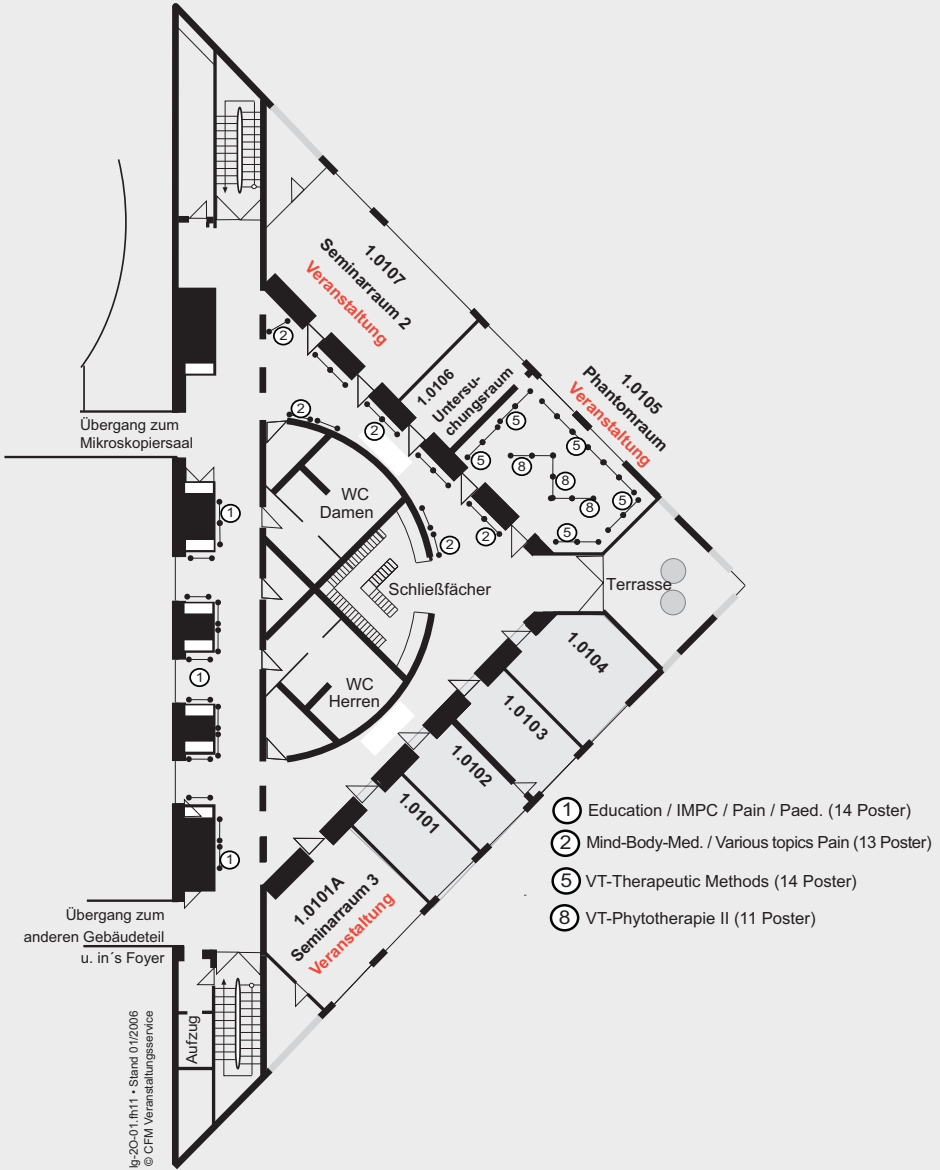
Plenary session Audimax

05:30 - 06:45 p.m.	Paediatrics and Integrative Medicine Chair: von Rosenstiel I. (Amsterdam/NL)
05:30 p.m.	Integrative Medicine in paediatrics Henze G. (Berlin/DE)
05:50 p.m.	Paediatrics - Integrative Medicine from inside perspective - new developments von Rosenstiel I. (Amsterdam/NL)
06:10 p.m.	PEDCAM and research in the field of Integrative Medicine paediatrics Vlieger A. (Nieuwegein/NL)
06:30 p.m.	Announcement 5 th European Congress for Integrative Medicine in Firenze, IT Rossi E. (Lucca/IT)
06:40 p.m.	Congress Closing von Rosenstiel I. (Amsterdam/NL)

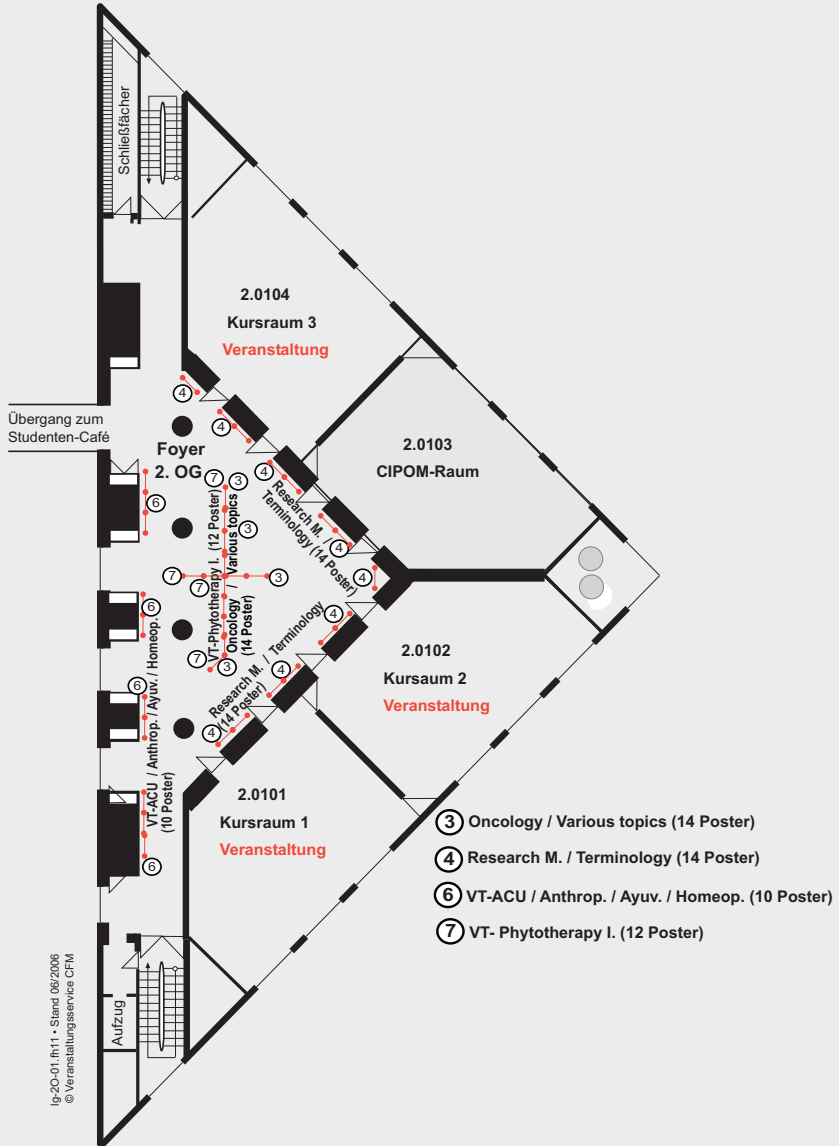


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